

# **2002 Howard County Youth Risk Behavior Survey**



**Coordinated by:  
Howard County Hometown Health Improvement  
& Arkansas Department of Health Center for  
Health Statistics**

# 2001-2002 Howard County Youth Risk Behavior Survey

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*and*

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January, 2003

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# 2001-2002 Howard County Youth Risk Behavior Survey

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## **2001-2002 Howard County Youth Risk Behavior Survey**

### **What is the Youth Risk Behavior Survey?**

The Youth Risk Behavior Survey (YRBS) was designed to measure health risk behaviors, such as smoking, drinking and driving, and obesity, among the nation's youth. Developed by the United States Centers for Disease Control and Prevention (CDC) in Atlanta, Georgia, the 87-item, multiple-choice YRBS questionnaire was tested and revised several times prior to implementation to assure that results would be both accurate and useful. The survey has been used nationally, at a statewide level, and locally.

During November, 2002, usable YRBS questionnaires were completed by 427 seventh through twelfth grade students throughout Howard County public schools. The information provided by those students is presented in this report.

### **Why did Howard County conduct the YRBS?**

Howard County was selected by the Arkansas Department of Health (ADH) to participate in Hometown Health Improvement (HHI), a new community health assessment project. Howard County HHI is working to assess the specific health needs of Howard County residents. In order to collect information on the health behaviors of the community's youth, HHI coalition members requested that the Youth Risk Behavior Survey be administered to the students in the seventh through twelfth grades at Howard County schools.

The YRBS will help Howard County identify students' current health and safety habits so that improvements can be made where needed. Healthy lifestyles for Howard County students mean longer, more productive lives for the county's young people, as well as improved learning in the classroom.

The 2001-2002 YRBS also provides Howard County with measures for evaluating future trends in health habits of youth. Survey results can now serve as a valuable tool, particularly for legislators, policy makers, school administrators, and teachers as they make decisions about new disease-prevention and health-promotion policies, services, programs, and educational activities. Parents and students can use these results to evaluate potential changes toward better health. Specifically, YRBS' findings form a valuable base upon which Howard County can strengthen its ability to:

- Establish disease prevention and health promotion policies;
- Plan and implement programs and services;

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- Secure funding for programs;
- Allocate limited resources toward targeted needs and priorities;
- Conduct future research and note progress or deficiencies, and
- Enact laws to prevent injuries and unnecessary deaths.

How was the YRBS conducted?

During November, 2002, seventh through twelfth grade students enrolled in Howard County public schools completed the YRBS. All students who attended school on the day that their school administered the test to their grade were eligible to participate, but their participation was voluntary. The following Howard County schools' students participated in the survey:

- Mineral Springs
- Dierks
- Umpire

### About This Report

This report entitled "2001-2002 Howard County Youth Risk Behavior Survey" summarizes the overall answers Howard County's students reported about safety, diet and exercise, alcohol, tobacco, and other health risk behaviors. Howard County's survey of public schools provides a "snapshot" of students' behaviors. The survey contains questions related to:

- Behaviors that result in intentional and unintentional injuries;
- Tobacco use;
- Alcohol and other drug use;
- Sexual behaviors that result in HIV infection, other sexually-transmitted diseases (STD's), and unintentional pregnancies; and
- Physical activity and nutrition.

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This report summarizes Howard County's findings on the priority health risks that result in the most significant causes of death and disability of youth in Arkansas. Written for concerned educators, policy makers, parents, and youth, this YRBS report provides a brief overview of:

- The survey's process and procedures;
- Survey questions;
- Students' answers;
- Percentage of YRBS participants giving those answers; and
- Major summary findings.

### How Results Can Be Interpreted

Howard County's 2001-2002 Youth Risk Behavior Survey is a "snapshot in time" showing those health-risk behaviors reported by Howard County students in November, 2002. Answers in this survey were only as accurate as students' reporting. Each student interpreted the terms in each question according to his or her own definitions. For instance, is a pocketknife a "weapon?" What area does "on school property" include? Some students chose not to answer certain questions, meaning that not all students surveyed were represented in every response.

Answers were edited for consistency using the Center for Disease Control and Prevention's YRBS data editing guidelines. For example, if a student reported that he or she had driven under the influence of alcohol, but reported that he or she had never had a drink of alcohol, the answers for those questions were deleted from the survey. Additionally, some students chose not to answer certain questions.

The percentages presented in this report were rounded to the nearest whole percent. For example, 75.5% would be reported as 76%, while 75.4% would be reported as 75%. Due to this rounding, total percentages may add up to 99% or 101%.

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Sincere Appreciation To:

- The superintendents, principals, counselors, nurses, and teachers of Howard County schools who so graciously gave of their time and energy to see this survey through to its completion;
- The Howard County students who completed the YRBS questionnaires;
- The United States Centers for Disease Control and Prevention, Division of Adolescent and School Health's Surveillance Research Section, which developed the survey process and questionnaire;
- Gary Ragen and the ADH Division of Emergency Medical Services for scanning the survey forms;
- Kathleen Courtney and the Arkansas Department of Education for support and assistance with this project.

Interested individuals may request additional information. Researchers and professional wanting to build upon Howard County's 2001-2002 YRBS data may request additional data from:

Howard County Hometown Health Improvement  
Donna Webb  
201 E. Hemstead-Suite 2  
Nashville, AR 71852

Ph. (870) 845-2208  
dwebb@healthyarkansas.com

For more information about the Youth Risk Behavior Survey or analysis of the survey data, please contact:

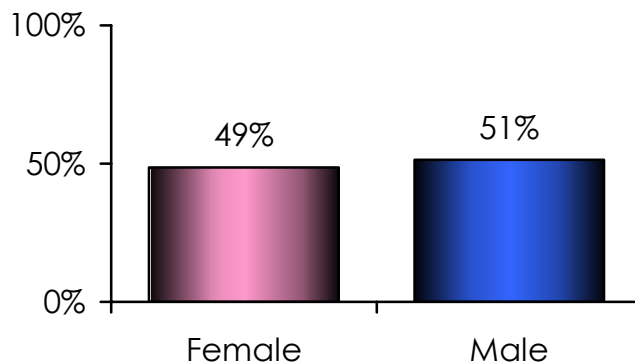
Arkansas Center for Health Statistics  
Sharon Rose Judah, Lead Programmer Analyst  
Ph. (501) 661-2971  
sjudah@healthyarkansas.com

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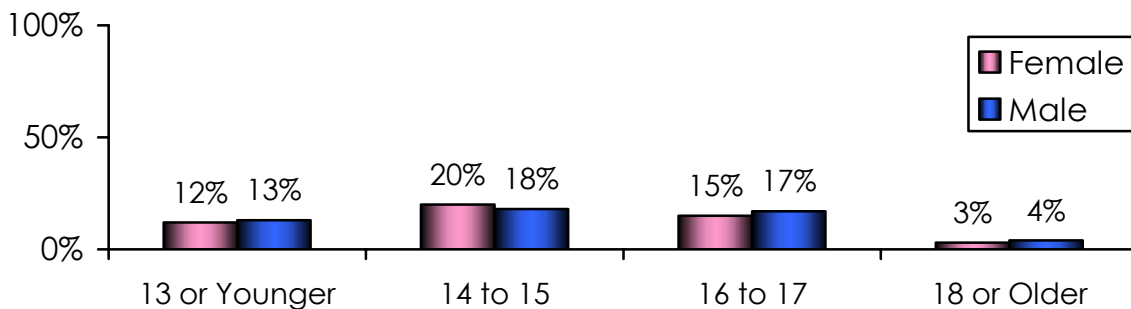
## Demographics of survey participants:

Total number of survey participants = 427

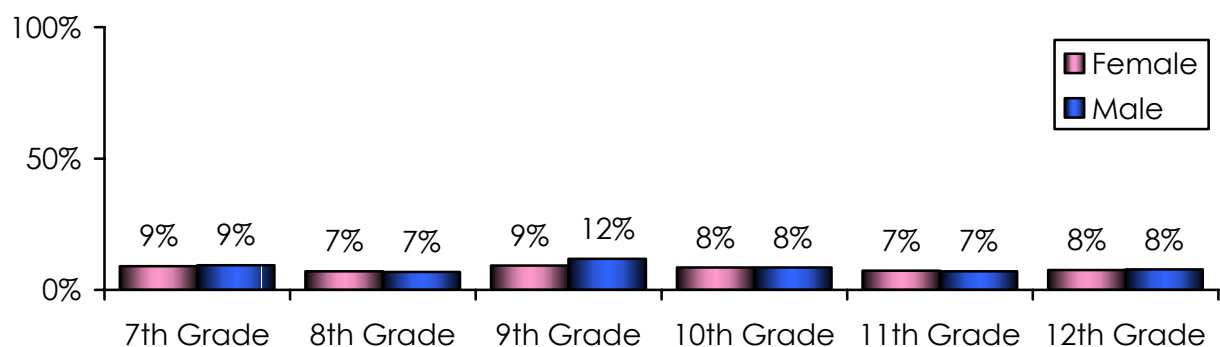
### Gender



### Age



### Grade

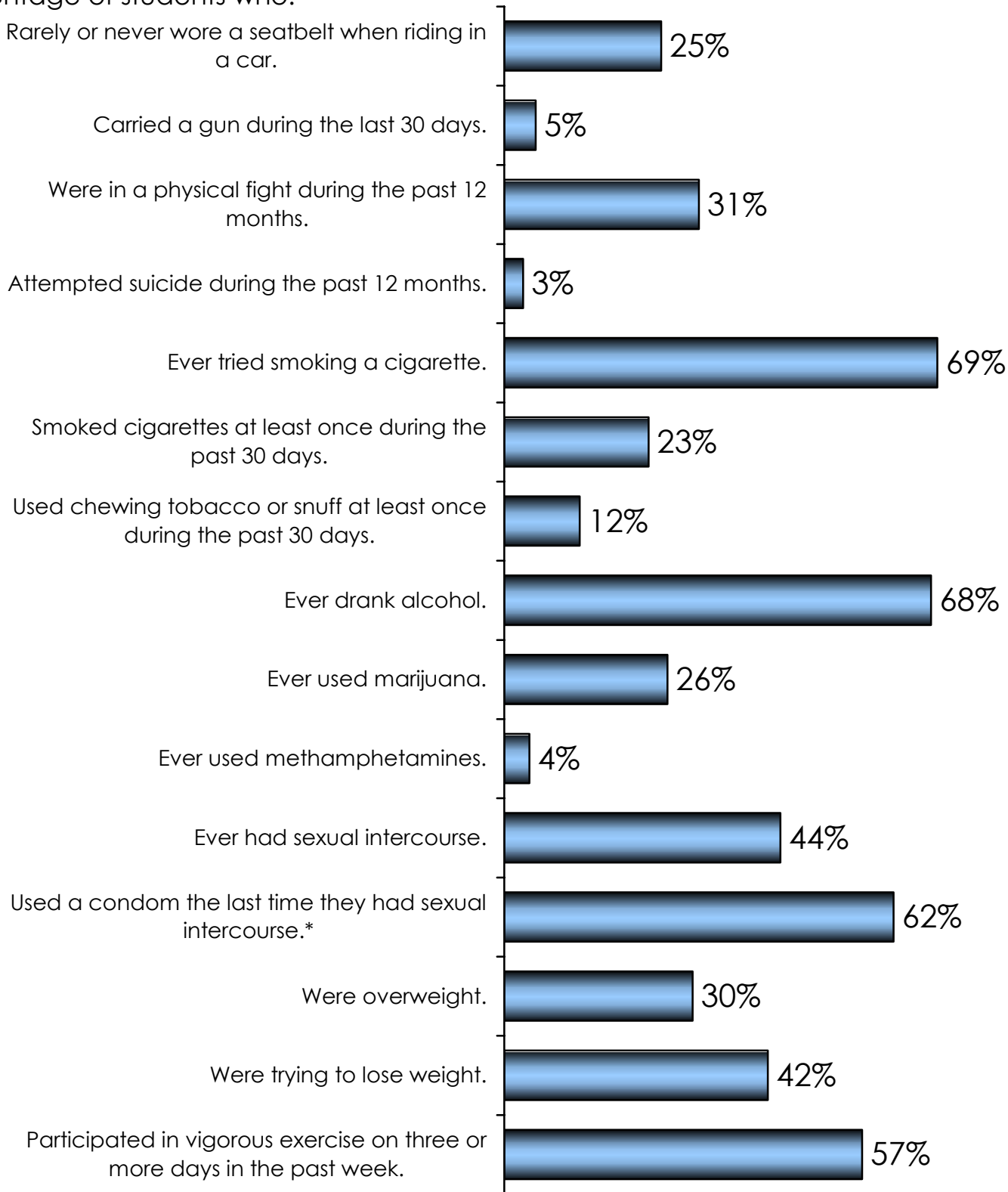




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### Summary of Howard County YRBS Findings

Percentage of students who:

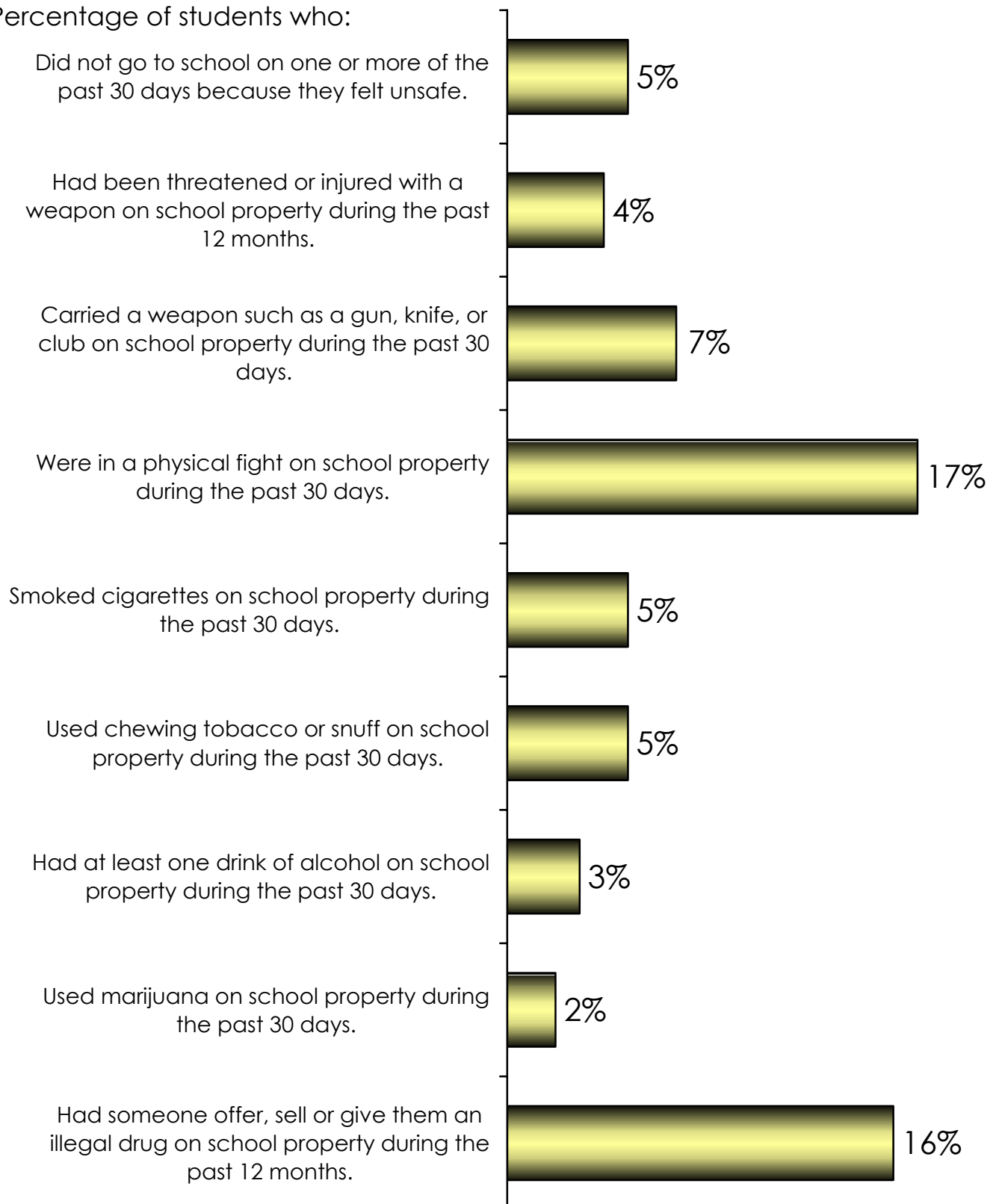


\* of those who had ever had sexual intercourse.

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### Summary of Behaviors Relating to School Property

Percentage of students who:



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### Key findings

The following summaries highlight Howard county students' responses on the youth risk behavior survey in key areas and provide an overview of Howard county students' current activities which impact their health.

#### Behaviors that result in injuries

- Of the students who had ridden a motorcycle during the 12 months prior to the survey, 49% said they rarely or never wore a helmet. Ninety-five percent of the students who had ridden a bicycle in the year prior to the survey indicated that they never or rarely wore a helmet.
- Thirty percent of the students surveyed said that during the previous month they had ridden in a vehicle driven by someone who had been drinking alcohol. Nine indicated they had driven a vehicle after drinking alcohol during the past 30 days.
- Eighteen percent of students carried a weapon such as a gun, knife, or club in the past 30 days, and 7% carried a weapon on school property during that time.
- During the 12 months preceding the survey, 31% of the students had been in a physical fight one or more times. Of those students who had been in a physical fight, 7% had to be treated for injuries sustained while fighting.
- Eleven percent of the students surveyed reported they had been hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend at least once during their lives.
- Eight percent of the students indicated being forced to have sexual intercourse when they did not want to at least once during their lives.

#### Depression and suicide

- Twenty-four percent of students indicated they had felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.
- During the 12 months before being surveyed, 10% of students had seriously considered attempting suicide, 7% had made a plan about how they would attempt suicide, and 3% actually attempted to commit suicide. One percent of students surveyed reported they were treated by a doctor or nurse for an injury, overdose, or poisoning resulting from a suicide attempt.

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### Tobacco use

- Sixty-nine percent of the students surveyed said they had tried smoking a cigarette. Twenty-three percent reported smoking cigarettes on one or more of the past 30 days. Of the students who smoked during the past month, 55% said they usually smoked two or more cigarettes on the days they smoked, and 29% said they usually got their own cigarettes by purchasing them at a store. Forty-nine percent of the student smokers who purchased cigarettes in a store in the month before the survey were not asked to show proof of age when they purchased cigarettes.
- Twelve percent of the students had used chewing tobacco or snuff on one or more of the past 30 days, and 5% had used it on school property.
- Fifteen percent of the students surveyed indicated they had smoked cigars, cigarillos, or little cigars at least once during the previous month.

### Alcohol and other drug use

- Sixty-eight percent of the students surveyed indicated they had at least one drink of alcohol other than just a few sips at least once during their lives, and 38% had taken their first drink by the age of 13.
- Thirty-five percent of the students had taken at least one drink of alcohol in the month before the survey, and 19% had five or more drinks in a row, that is, within a couple of hours, on one or more of the past 30 days.
- Twenty-six percent of the students said they had used marijuana at least once during their lives. Ten percent said they had smoked marijuana at least once during the last month.
- Thirteen percent said they had sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high at least once during their lives. Four percent had done so during the past month.
- Four percent of the students surveyed had tried methamphetamines, 0% tried heroin, and 4% had tried cocaine at least once during their lives. 0 percent had used a needle to inject an illegal drug into their bodies at least once.
- Three percent of the students surveyed had taken steroid pills or shots without a doctor's prescription.

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### Sexual activity

- Forty-four percent of the students who completed the survey said they had sexual intercourse. Seventeen percent of the students reported having four or more sexual partners during their lifetimes. Of the students who had sexual intercourse, 20% had used drugs or alcohol before their last sexual encounter, and 62% used a condom the last time they had sex.
- Six percent of the students surveyed reported that they had ever been or gotten someone pregnant.

### Dietary behaviors

- Thirty percent of the students surveyed were overweight, as measured by body mass index. The body mass index, or bmi, is a ratio of weight to height that allows people of different heights to be compared.
- While only 30% of the students are considered overweight as measured by bmi, 27% of the students perceived themselves as slightly to very overweight, and 42% reported that they were trying to lose weight.
- Twenty-eight percent of the students ate less during the past 30 days to lose or keep from gaining weight, and 51% exercised, 4% vomited or took laxatives, 6% took diet pills, and 12% went without eating for 24 hours or more to lose weight or keep from gaining weight.

### Physical activity

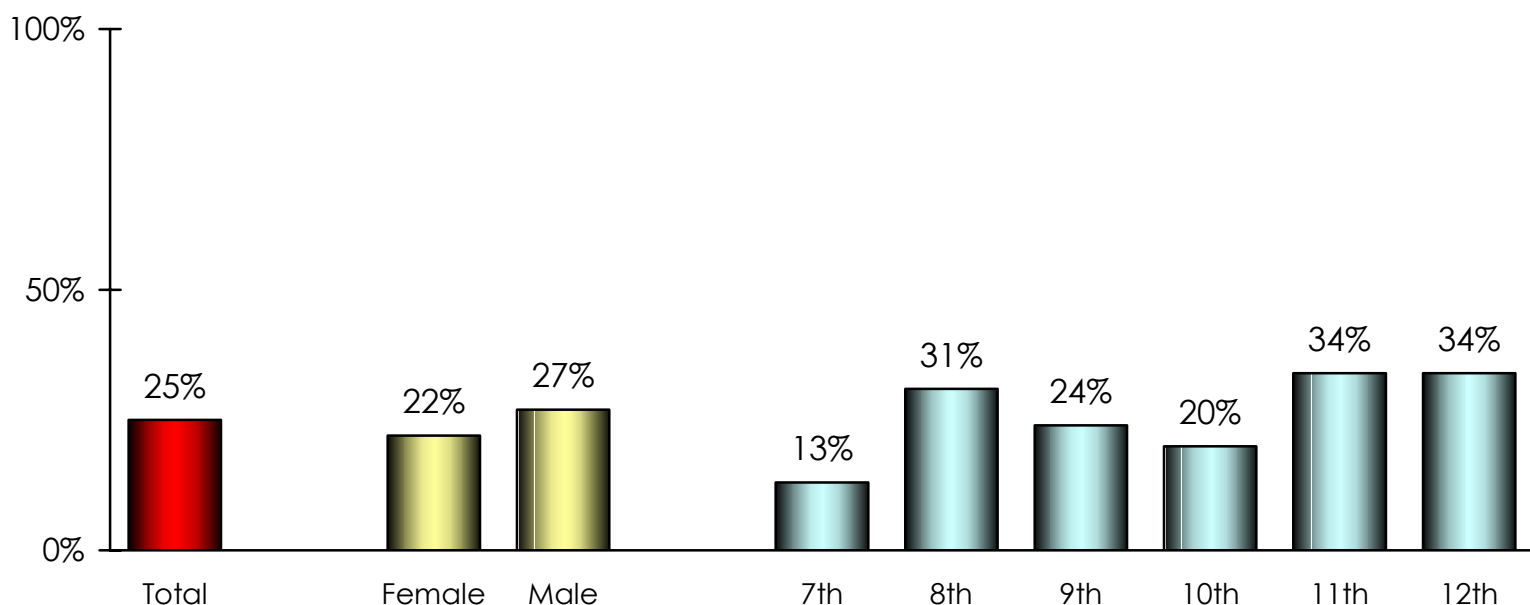
- Fifty-seven percent of the students surveyed said they had participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on three or more of the past 7 days. Twenty-eight percent said they participated in a physical activity for at least 30 minutes on three or more days during the past week which did not make them sweat or breathe hard.
- Sixty-nine percent of the students attended a physical education (pe) class at least once during an average school week, and 65% said they had played on one or more sports teams during the past year.

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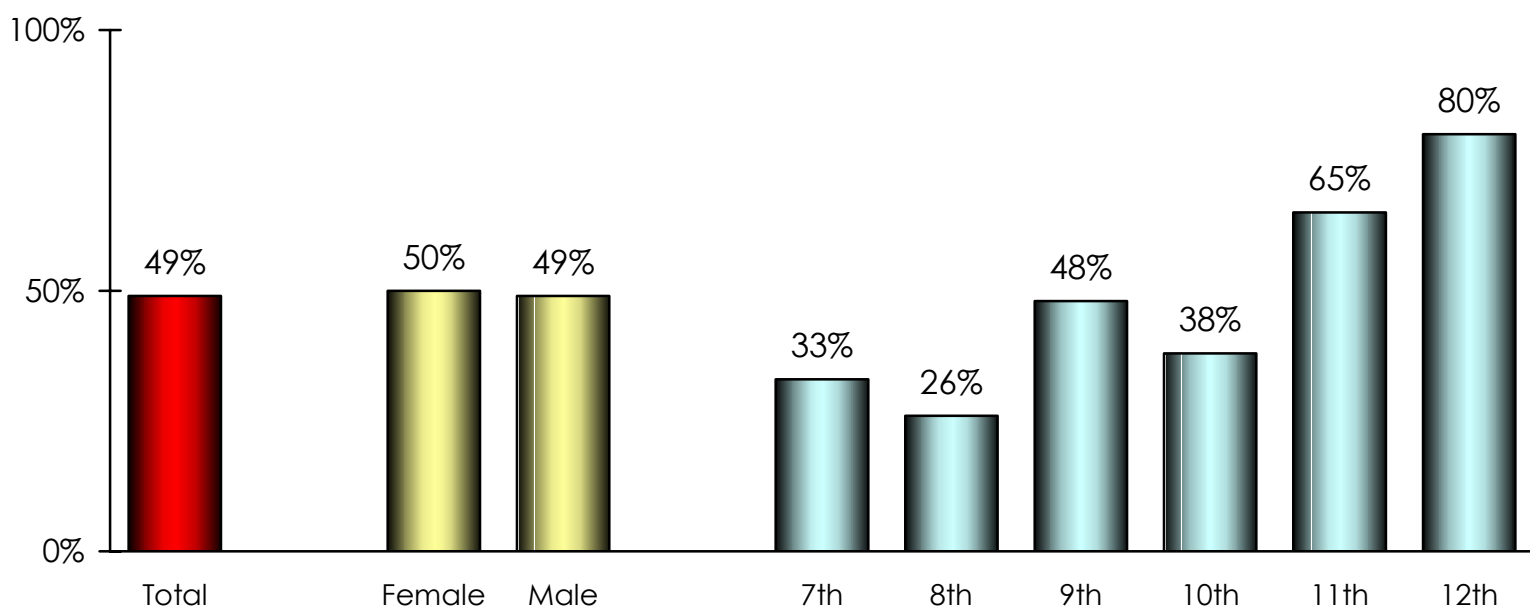
### ■ Vehicle Safety

*These questions measure the frequency with which students take safety precautions when riding in a motor vehicle, riding a motorcycle or a bicycle.*

Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else.

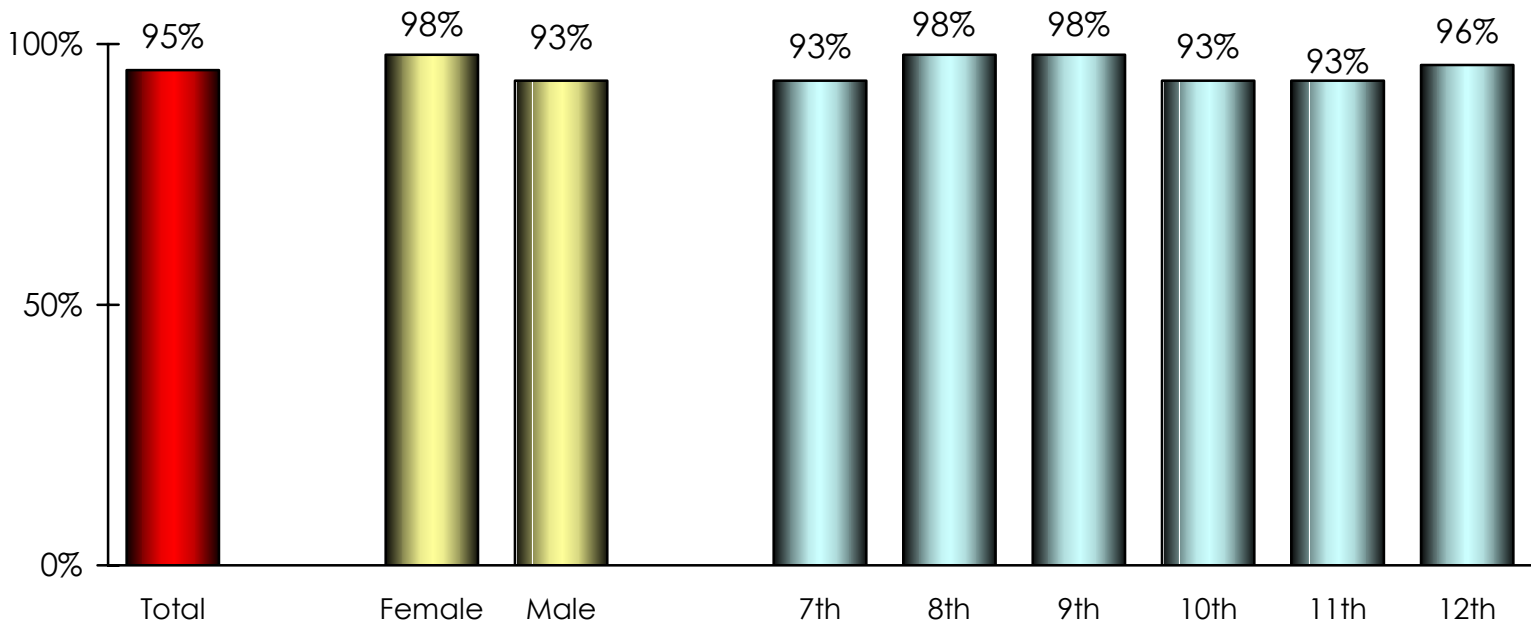


Of students who rode a motorcycle during the past 12 months, the percentage who never or rarely wore a helmet.



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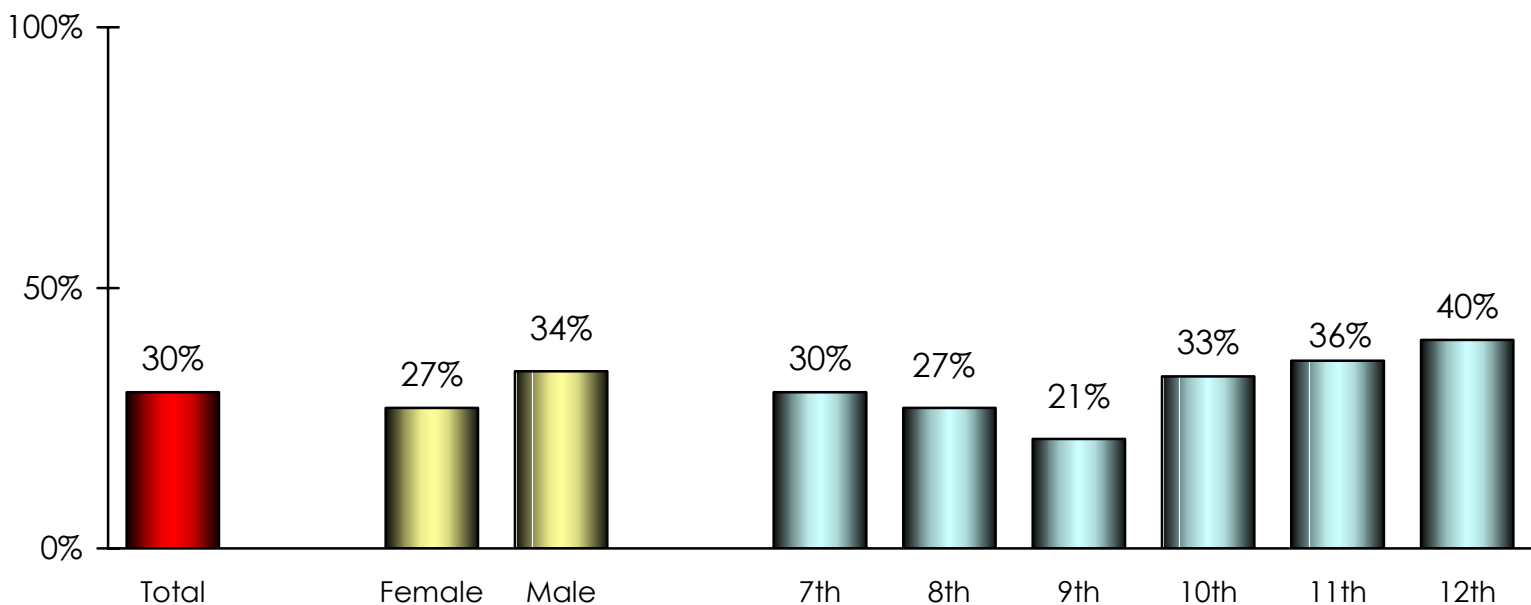
Of students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet.



### ■ Vehicle Safety – Drinking and Driving

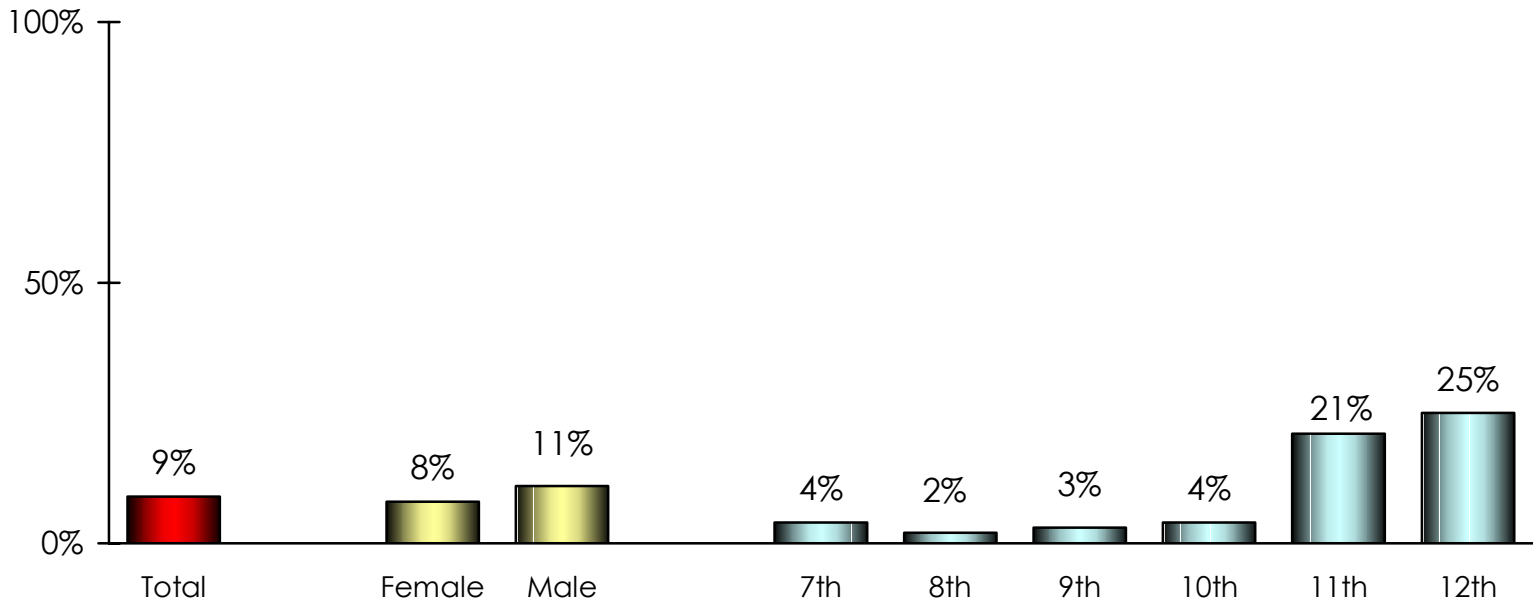
*These questions measure the frequency with which students ride as a passenger or driver in a motor vehicle operated under the influence of alcohol.*

Percentage of students who during the past 30 days rode one or more times in a car or other vehicle driven by someone who had been drinking alcohol.



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Percentage of students who during the past 30 days drove a car or other vehicle one or more times when they had been drinking alcohol.

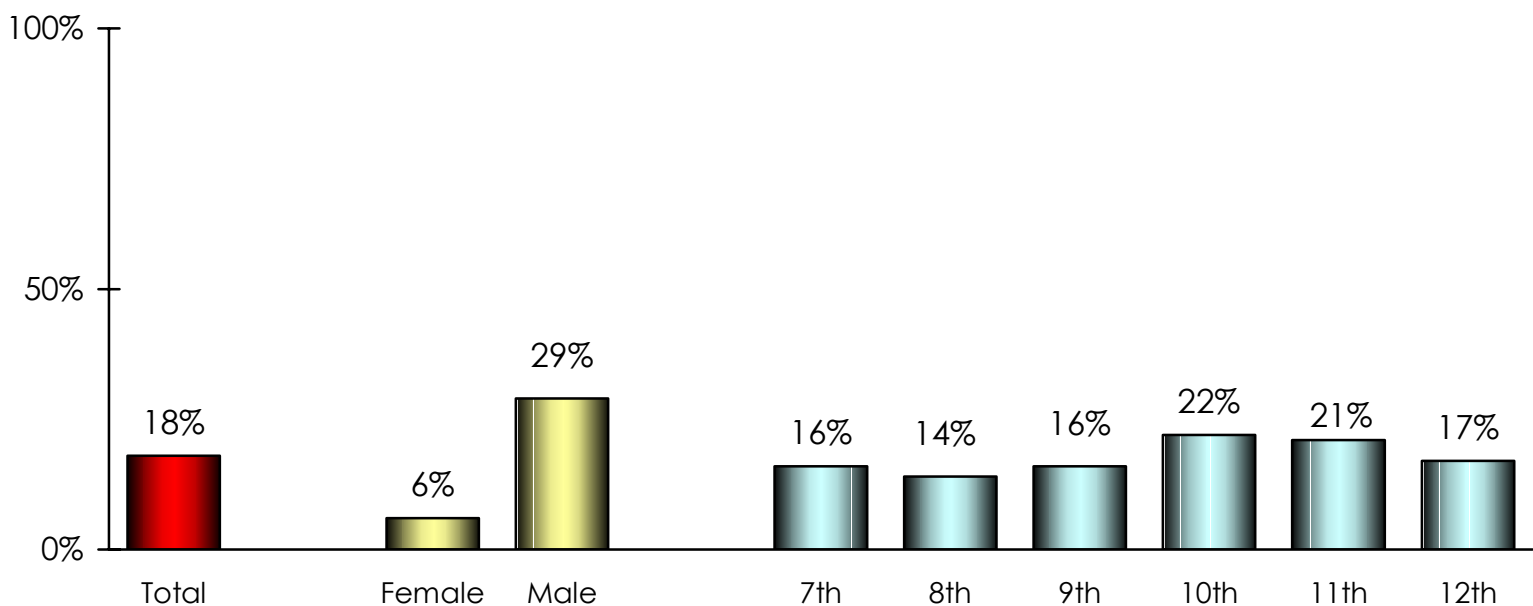


### ■ Violence-Related Behaviors

*These questions measure violence-related behaviors.*

Percentage of students who carried a weapon\* on one or more of the past 30 days.

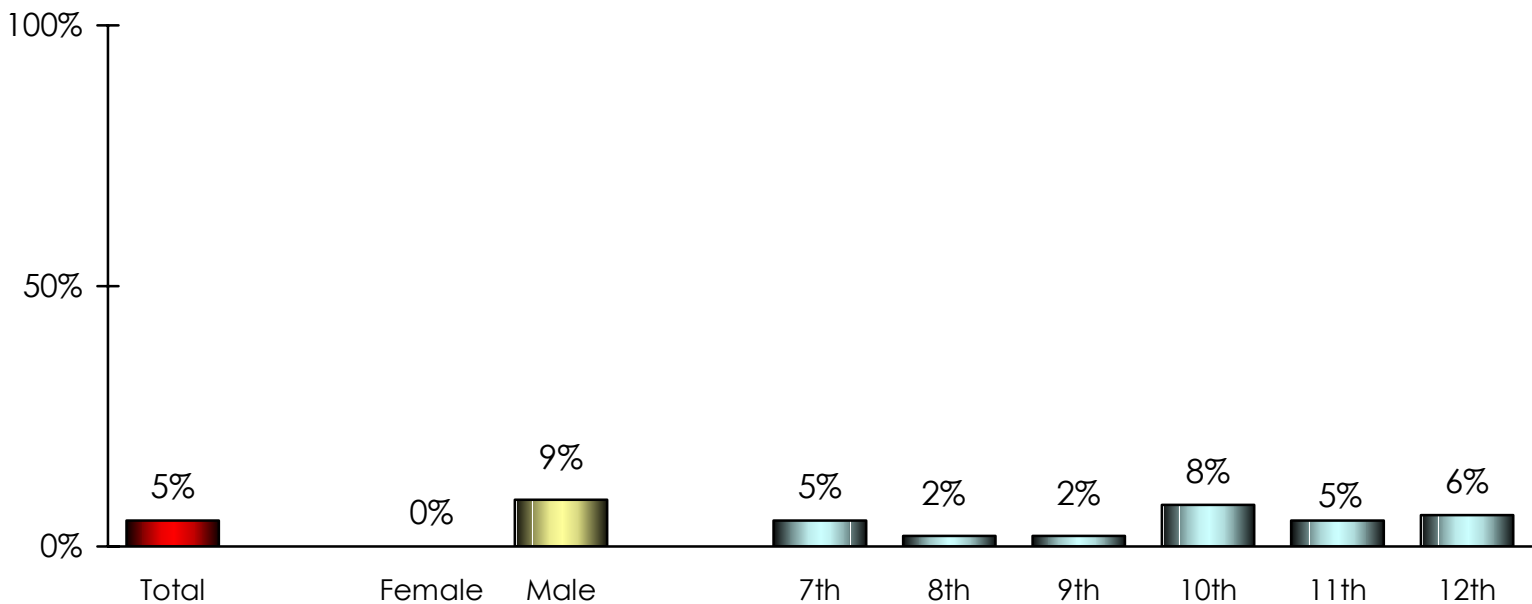
\* such as a gun, knife, or club



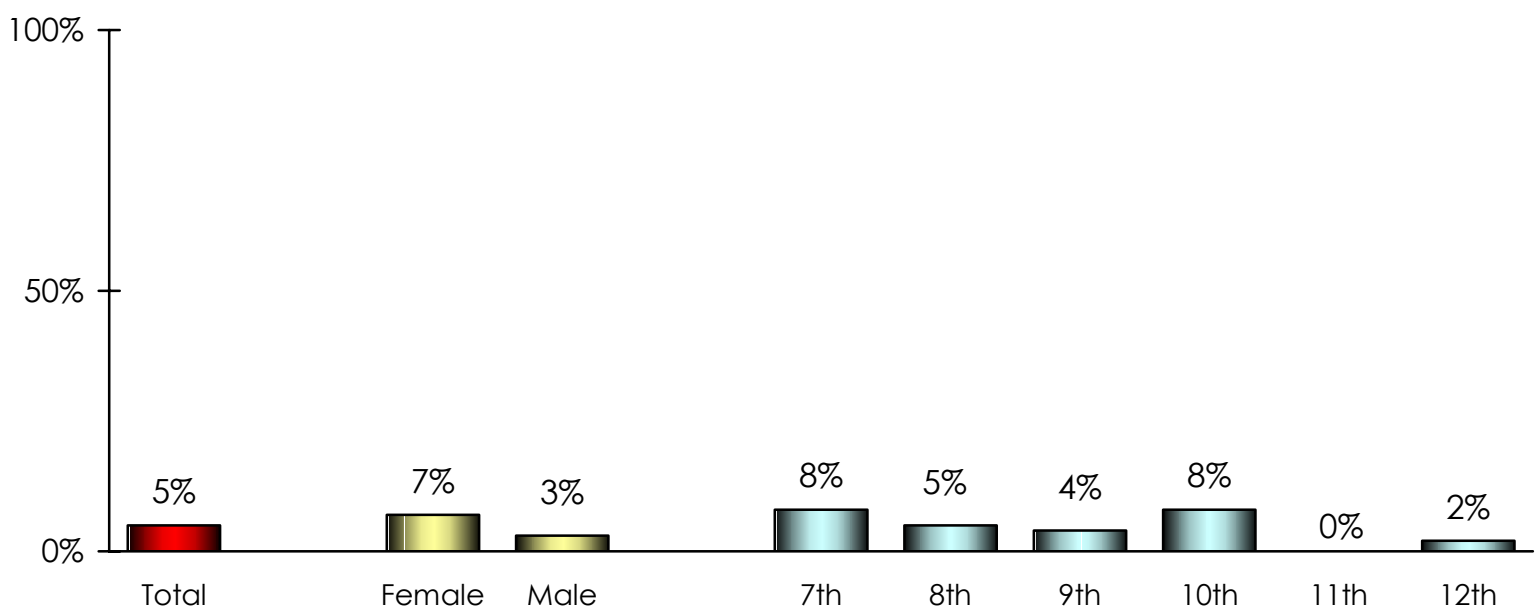


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Percentage of students who carried a gun on one or more of the past 30 days.



Percentage of students who did not go to school on one or more of the past 30 days because they felt unsafe at school or on their way to or from school.

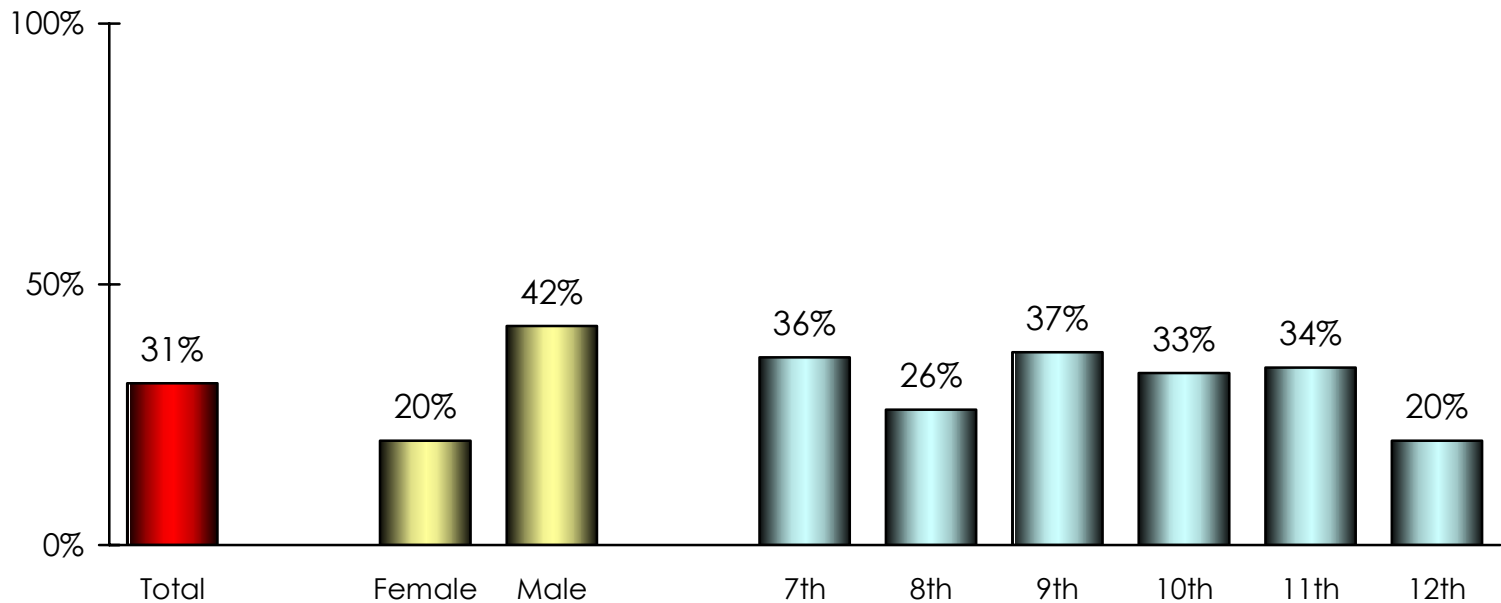


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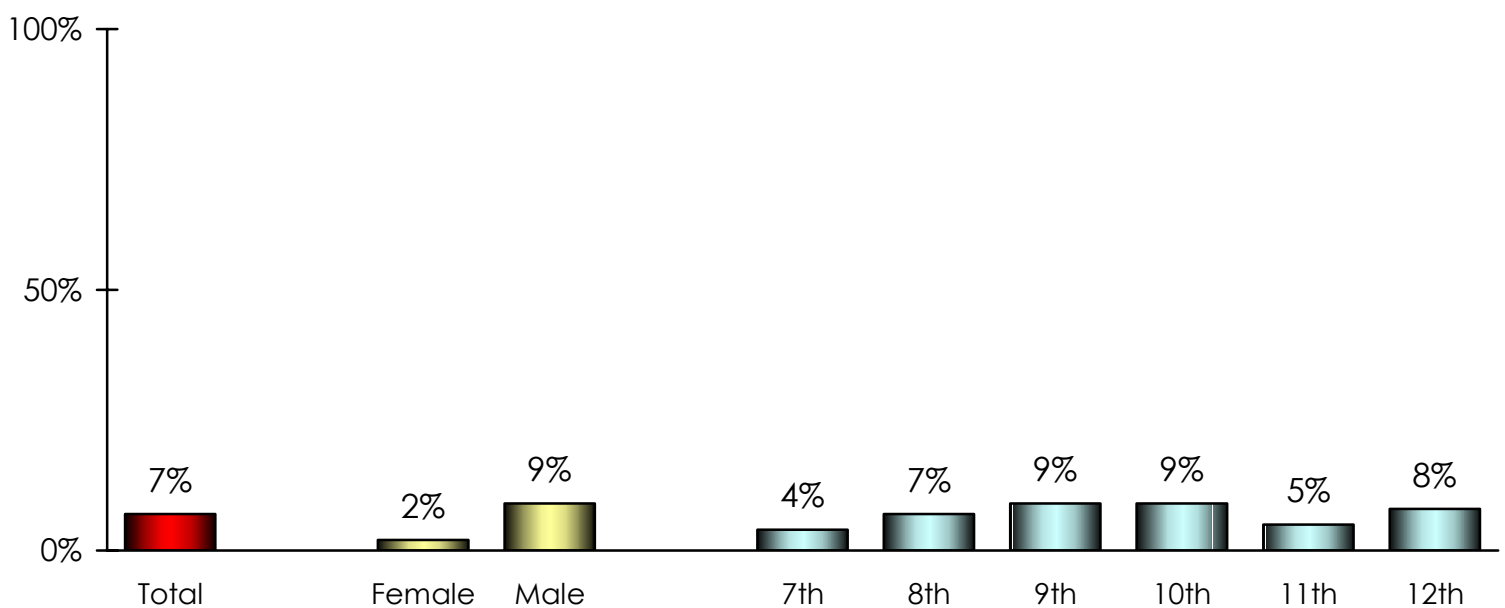
### ■ Violence – Physical Fighting

*These questions measure the frequency and severity of physical fights.*

Percentage of students who were in a physical fight one or more times during the past 12 months.



Of students who had been in a physical fight in the past 12 months, the percentage who had to be treated by a doctor or nurse one or more times.

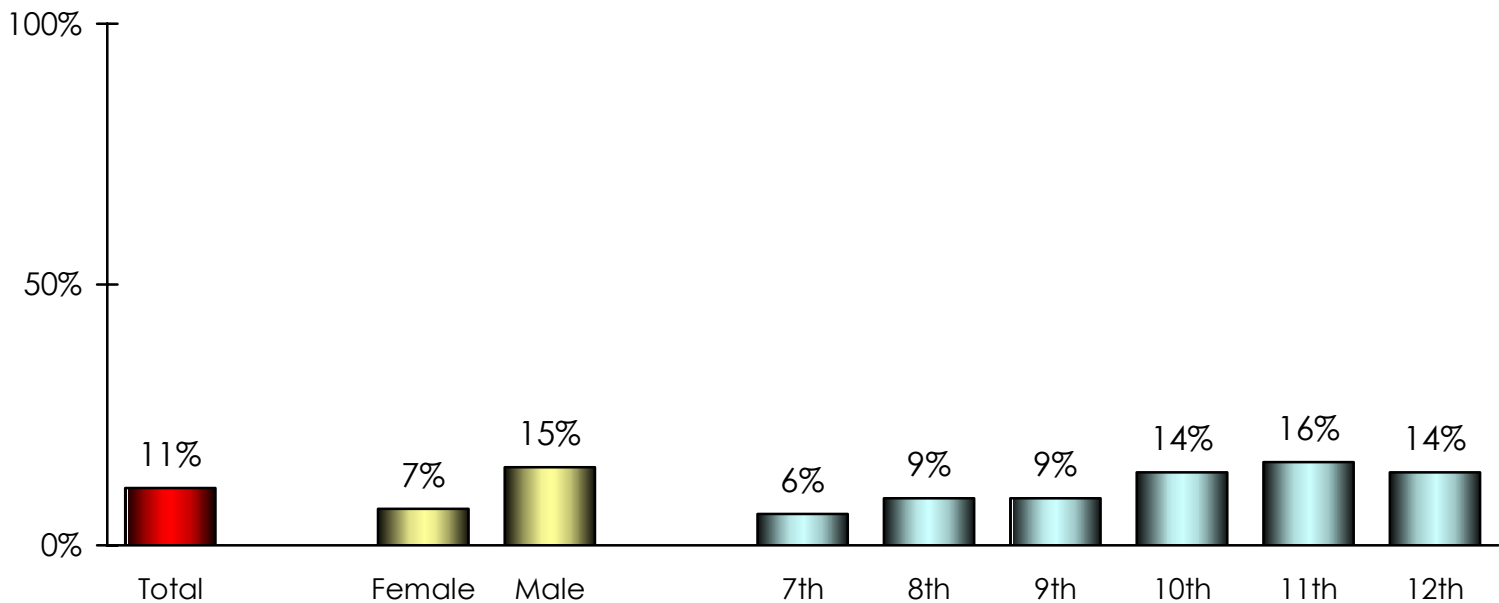


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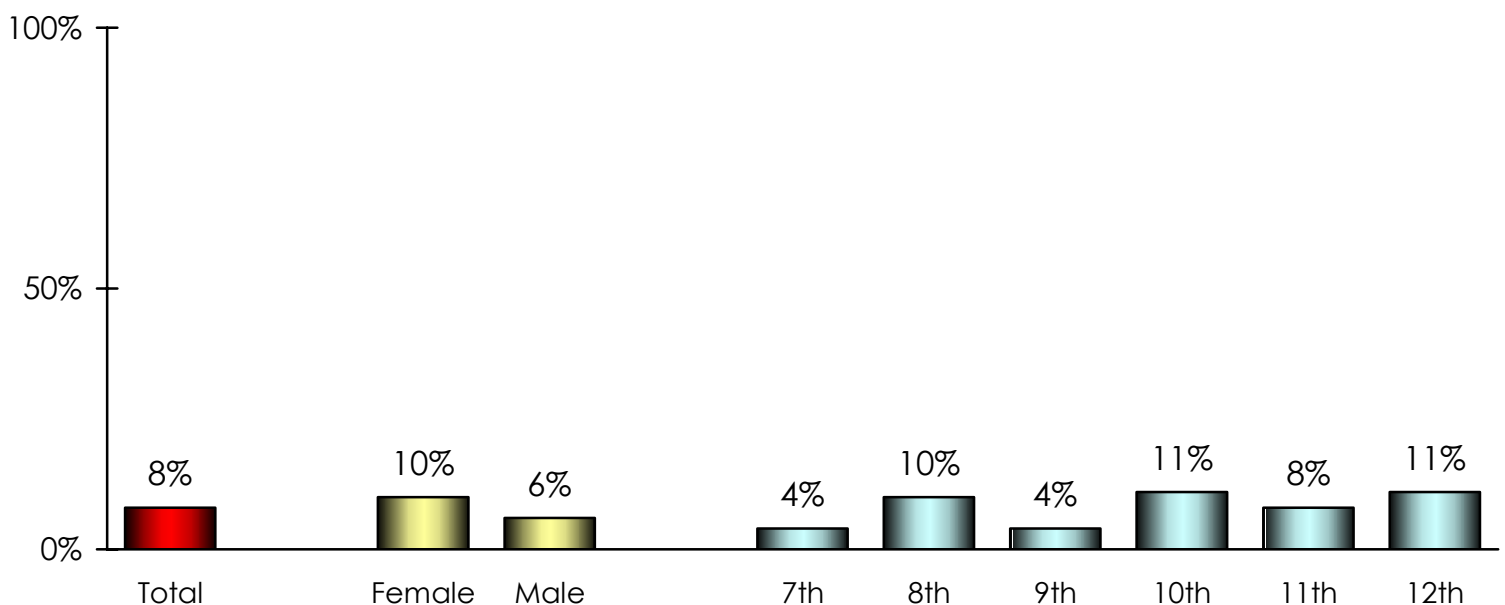
### ■ Violence – Sexual Violence

*These questions measure rape and domestic violence.*

Percentage of students who were hit, slapped, or physically hurt on purpose by a boyfriend or girlfriend.



Percentage of students who have ever been forced to have sexual intercourse when they did not want to.

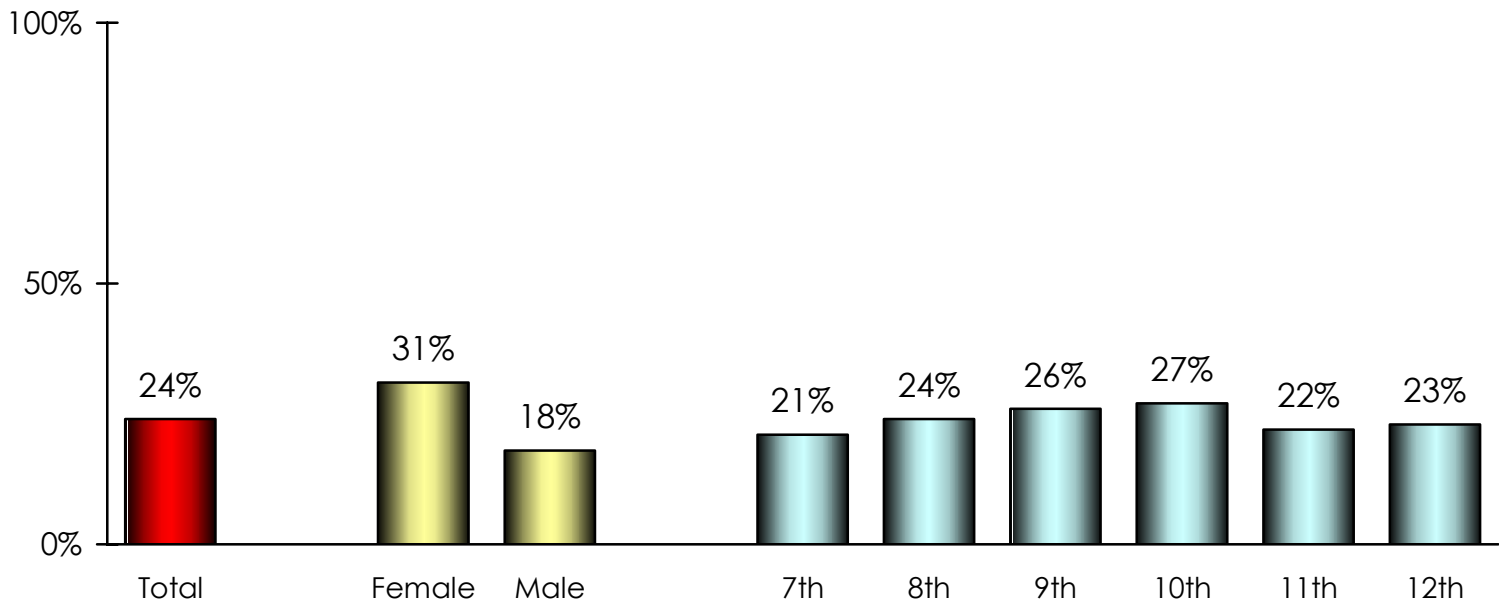


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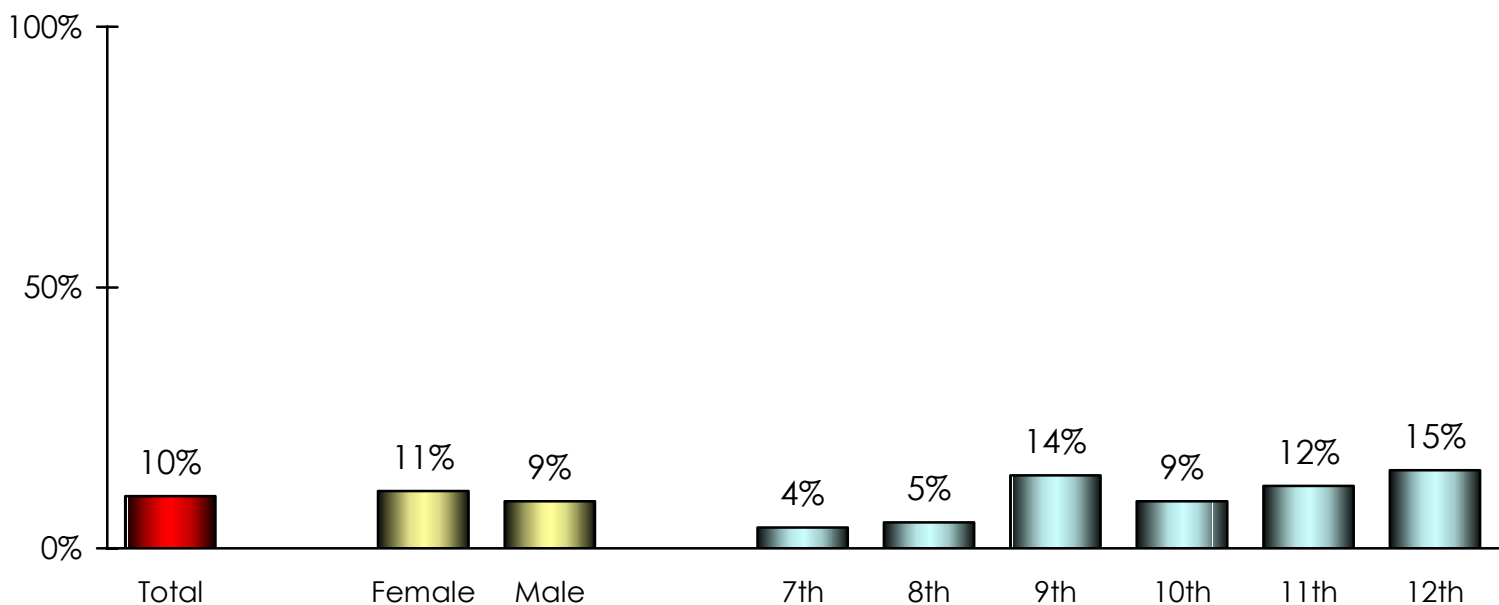
### ■ Depression and Suicide

*These questions measure depression, suicide, suicide attempts, and the seriousness of those attempts.*

Percentage of students who felt so sad or hopeless for two weeks or longer that they stopped doing some of their usual activities.

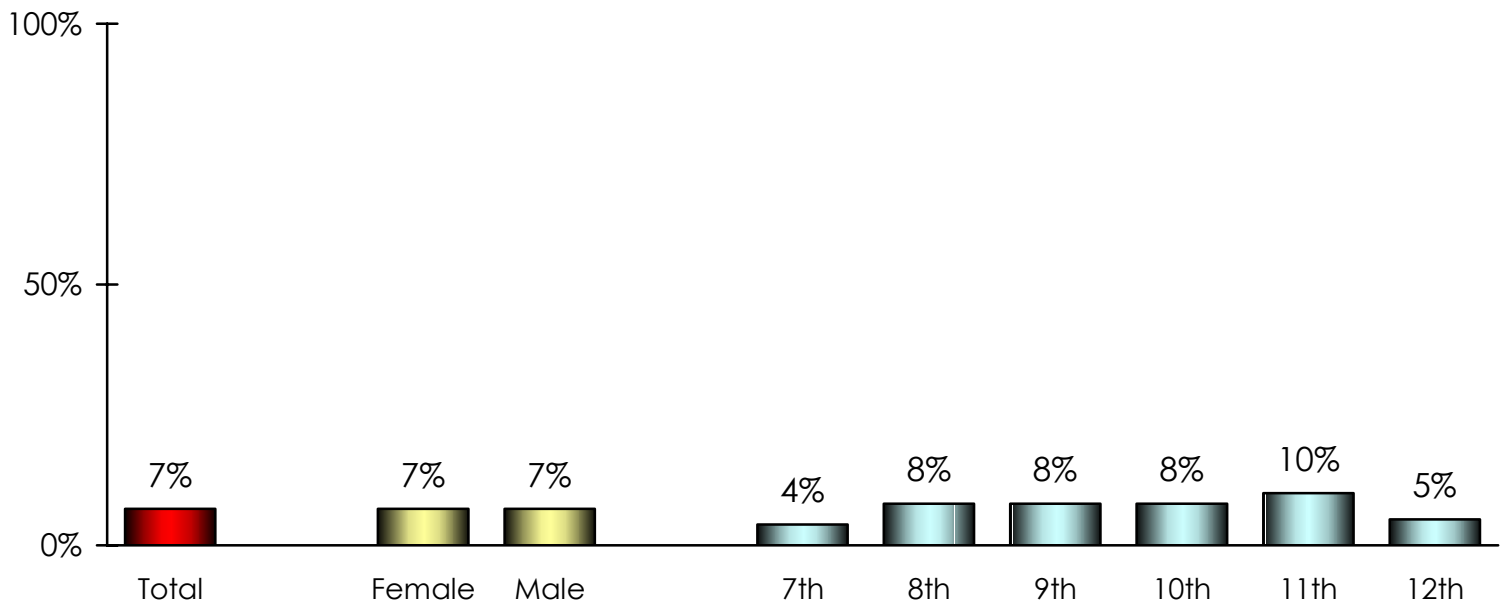


Percentage of students who seriously considered attempting suicide during the past 12 months.

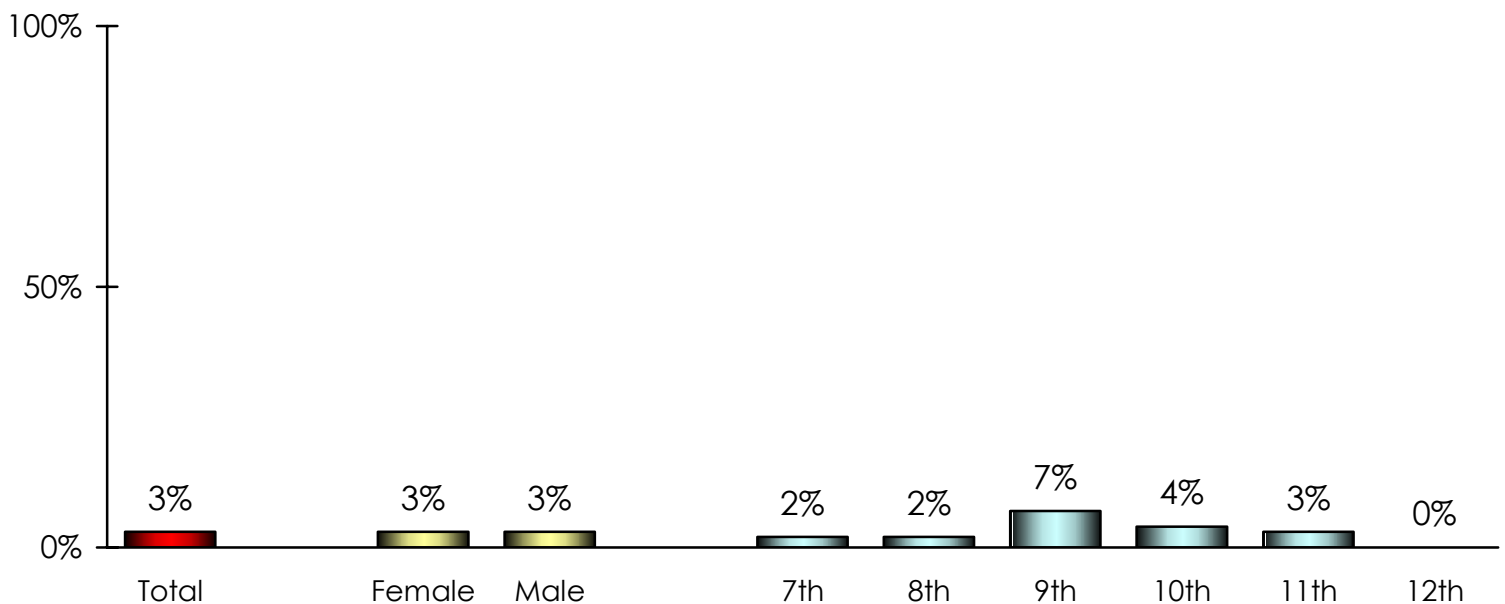


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Percentage of students who made a plan about how they would attempt suicide during the past 12 months.

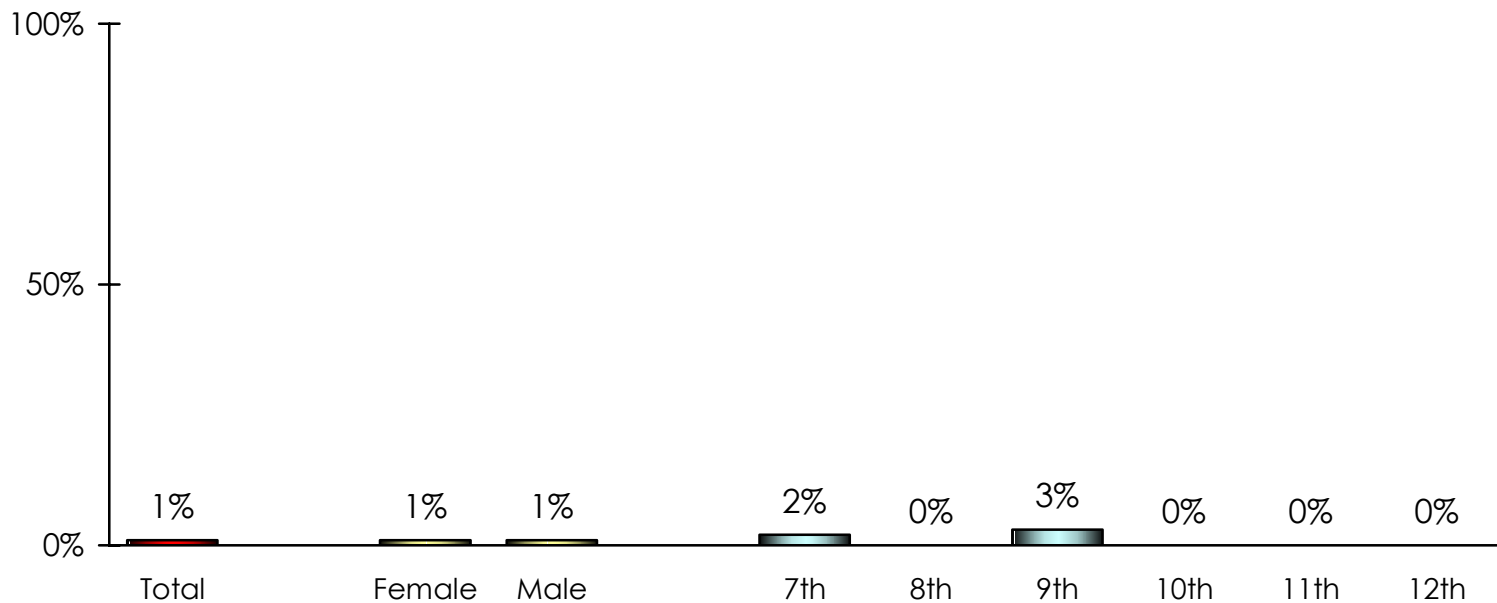


Percentage of students who actually attempted suicide one or more times during the past 12 months.



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Percentage of students who attempted suicide during the past 12 months resulting in injury, poisoning or overdose that had to be treated by a doctor or nurse.

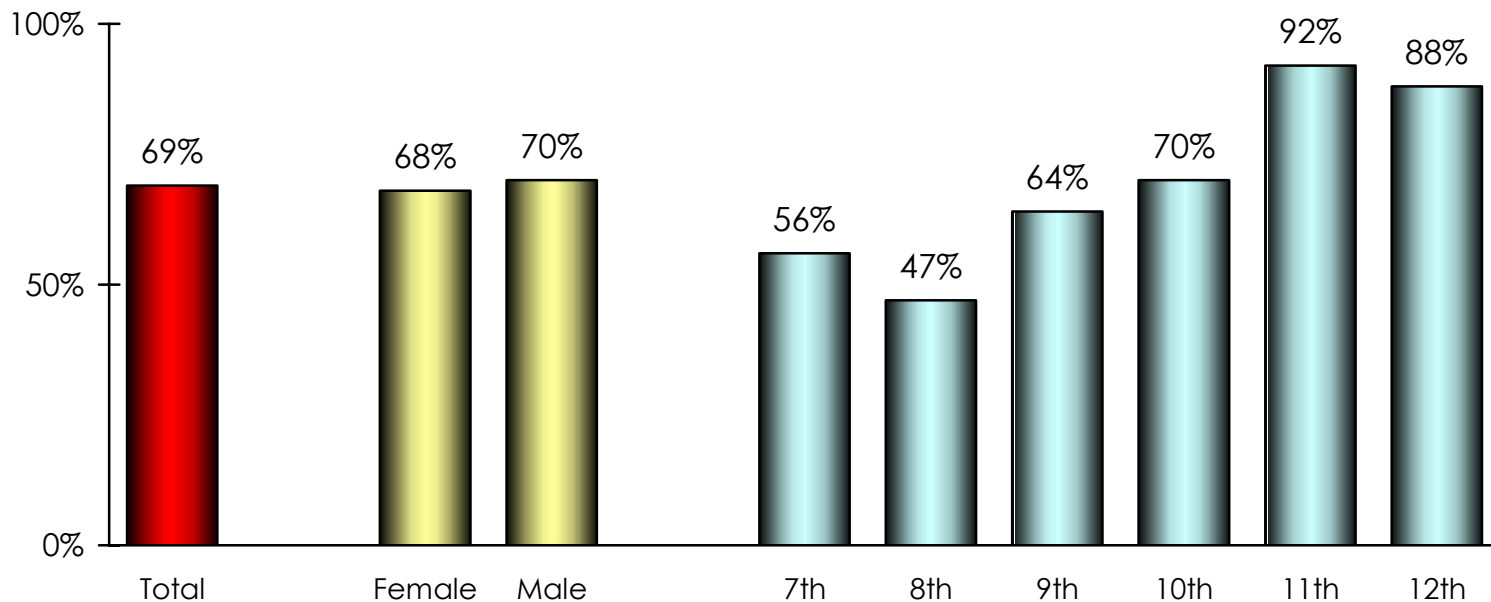


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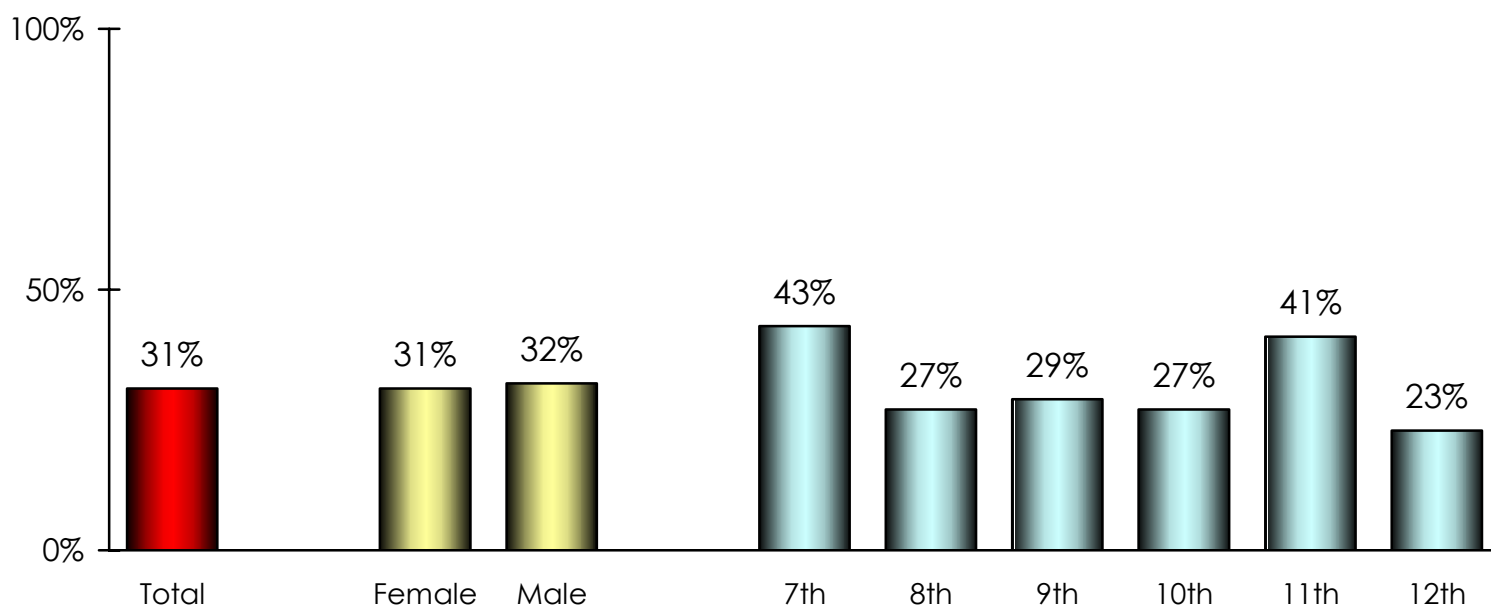
### ■ Tobacco Use – Cigarette Smoking

*These questions measure smoking experimentation, current smoking patterns, age of initiation and attempt to quit smoking cigarettes.*

Percentage of students who ever tried cigarette smoking, even one or two puffs.

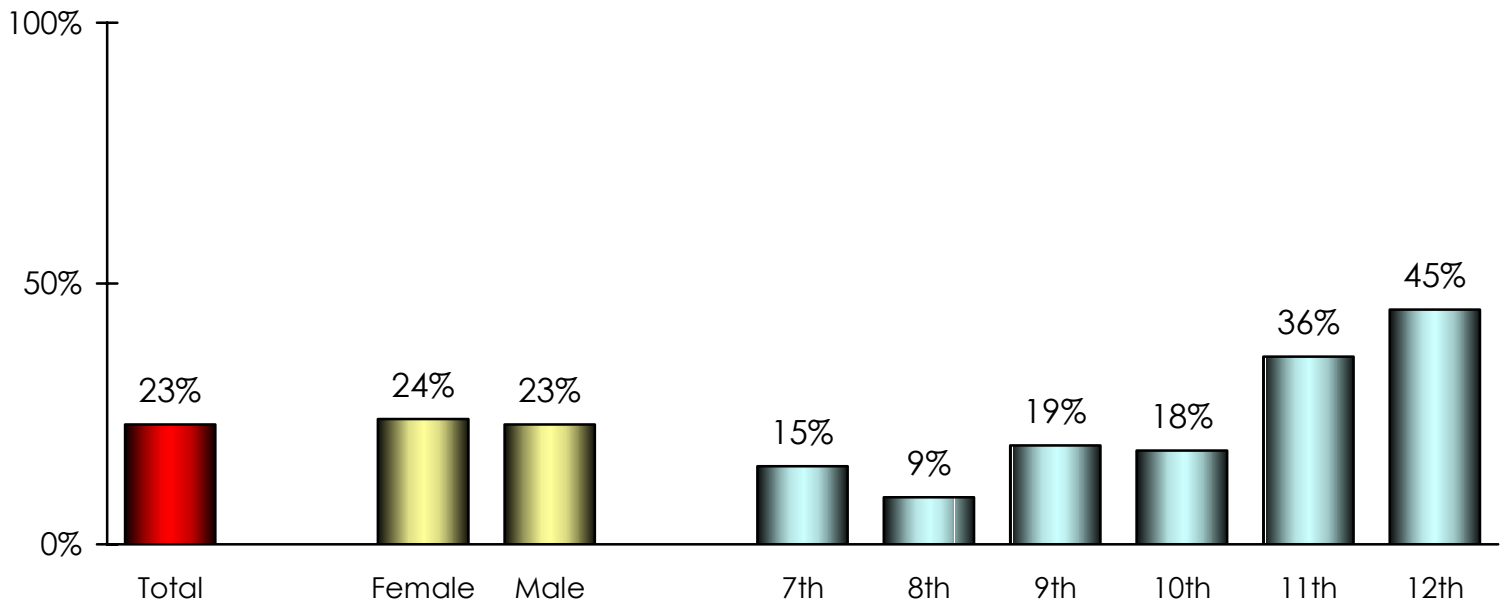


Percentage of students who smoked a whole cigarette for the first time before age 13.

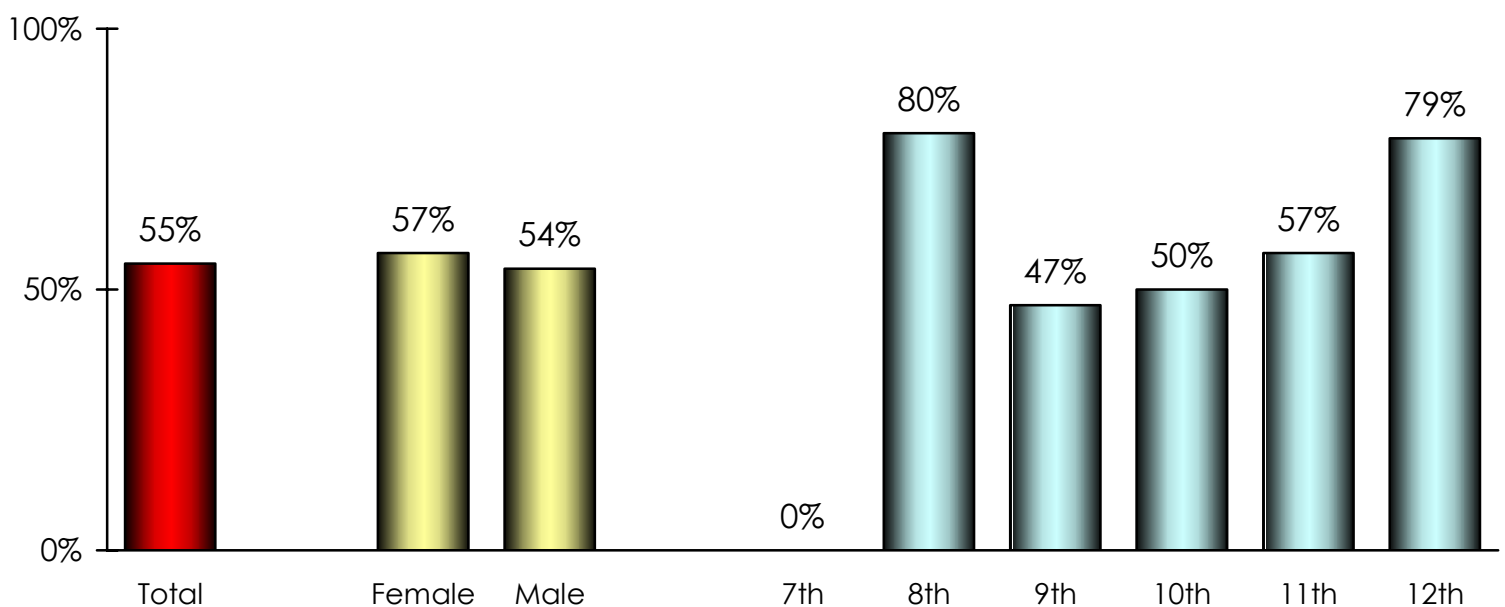


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Percentage of students who smoked cigarettes on one or more of the past 30 days.



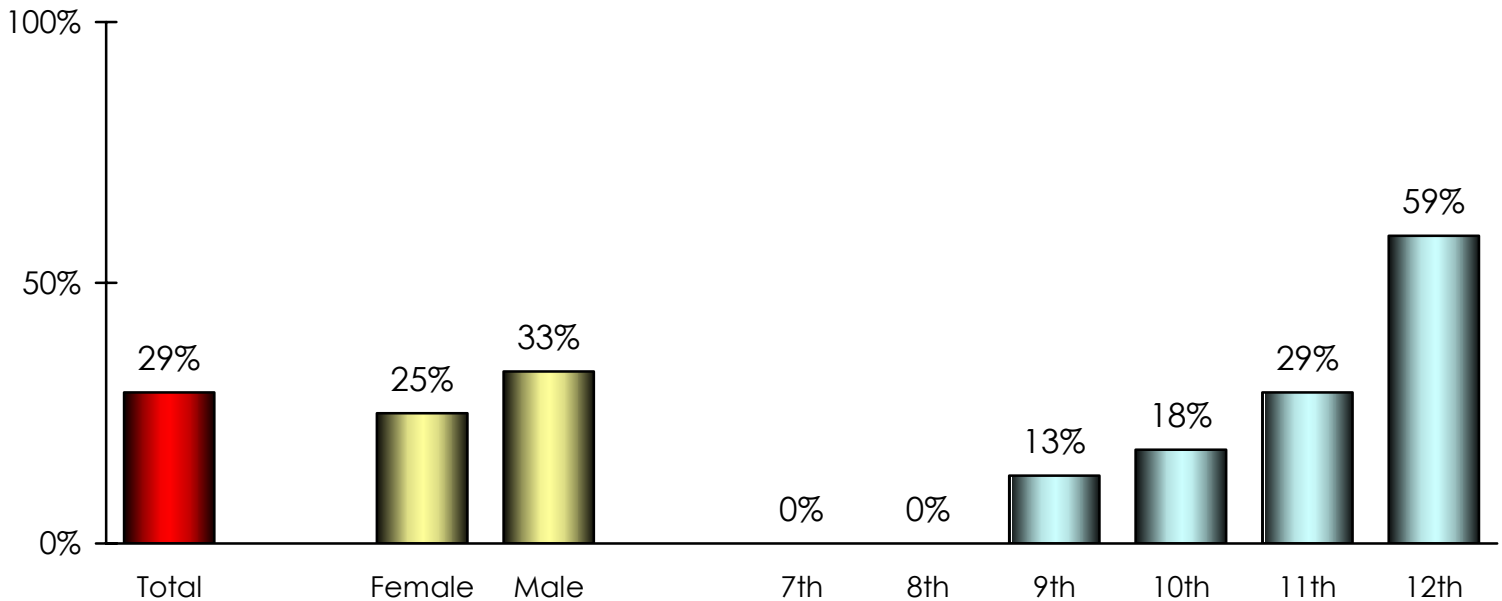
Of the students who smoked during the past 30 days, the percentage who smoked two or more cigarettes per day on the days they smoked.



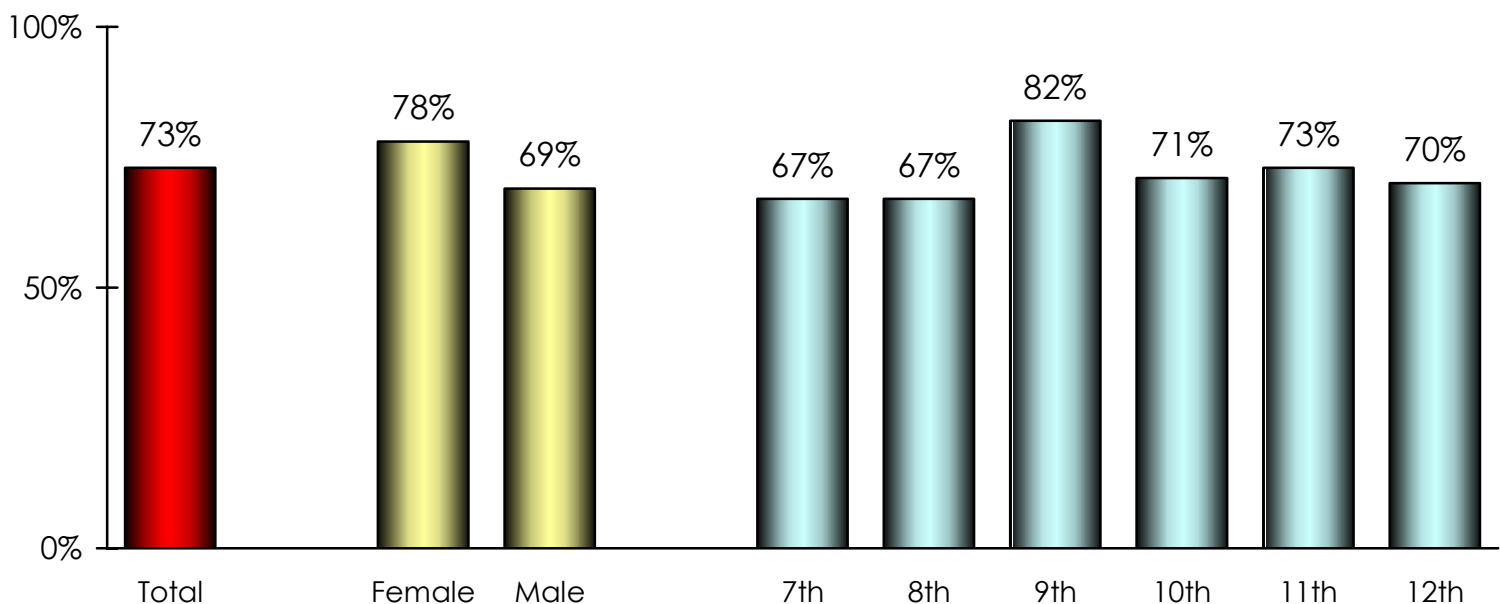


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Of students who smoked during the past 30 days, percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days.



Of the students who have smoked regularly, the percentage who ever tried to quit smoking cigarettes.

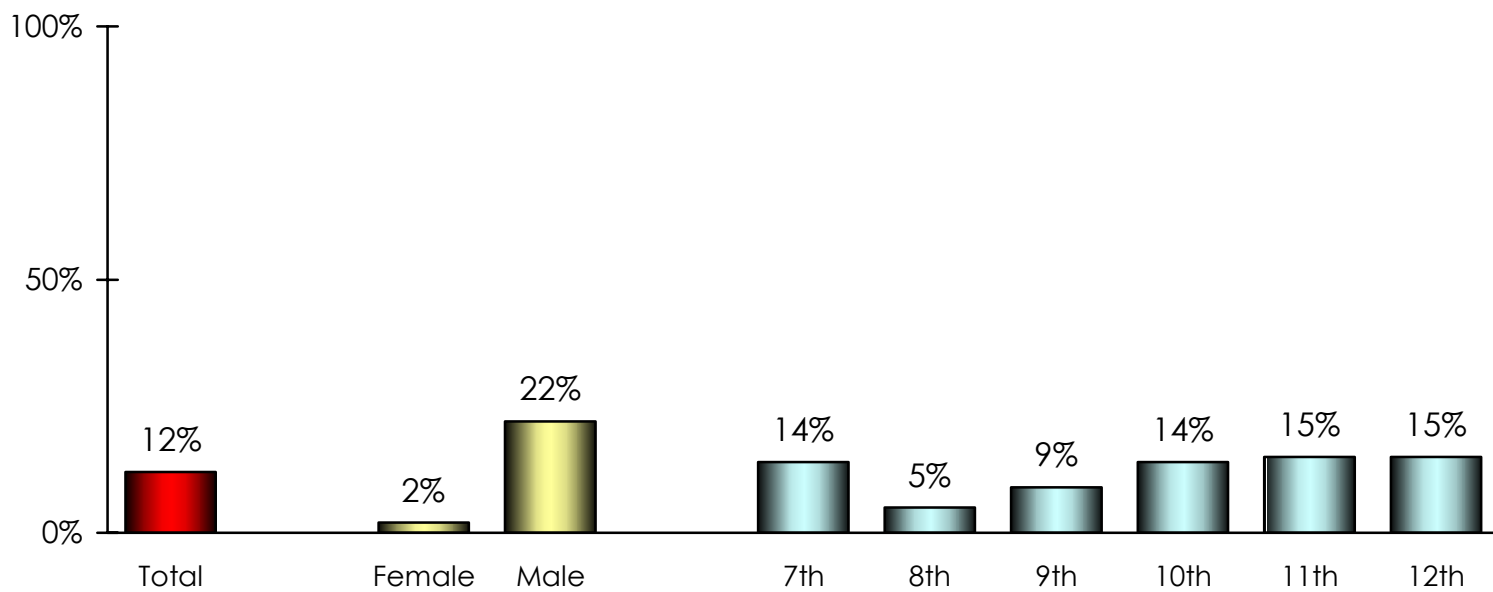


## 2001-2002 Howard County Youth Risk Behavior Survey

### ■ Tobacco Use – Smokeless Tobacco

*This question measures smokeless tobacco use.*

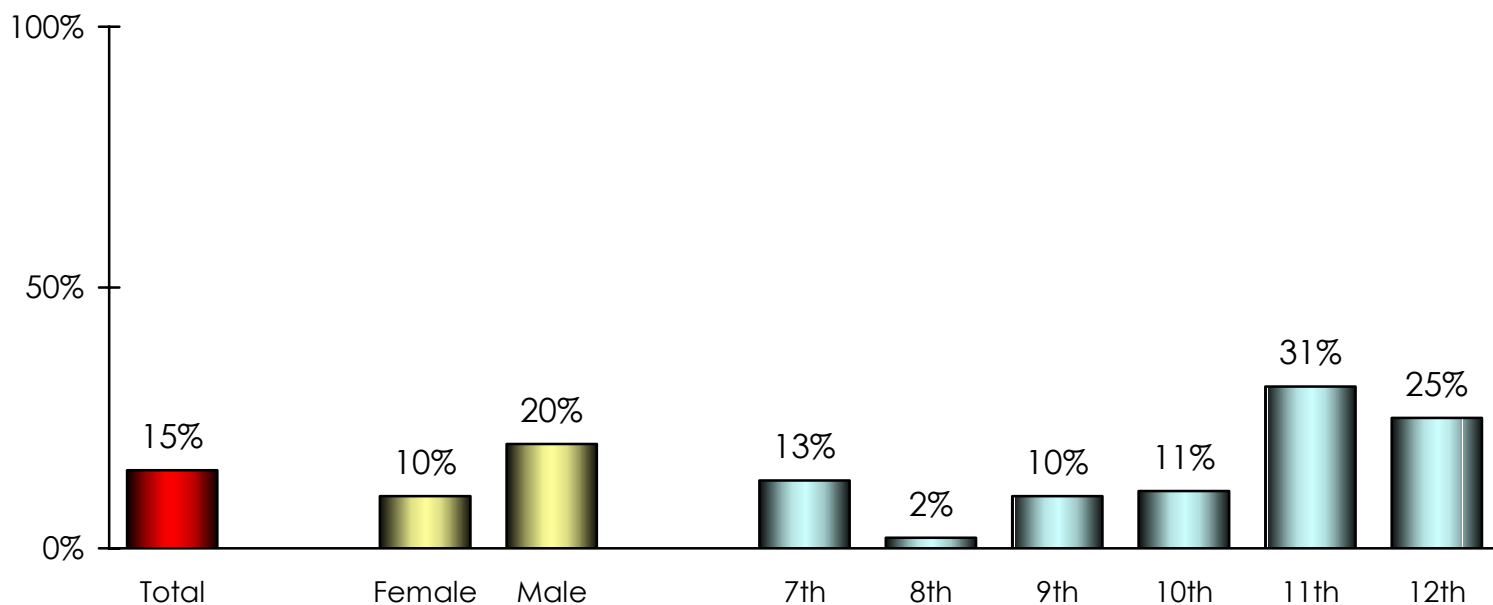
Percentage of students who used chewing tobacco or snuff on one or more of the past 30 days.



### ■ Tobacco Use – Cigar

*This question measures cigar smoking.*

Percentage of students who smoked cigars, cigarillos, or little cigars during the past 30 days.

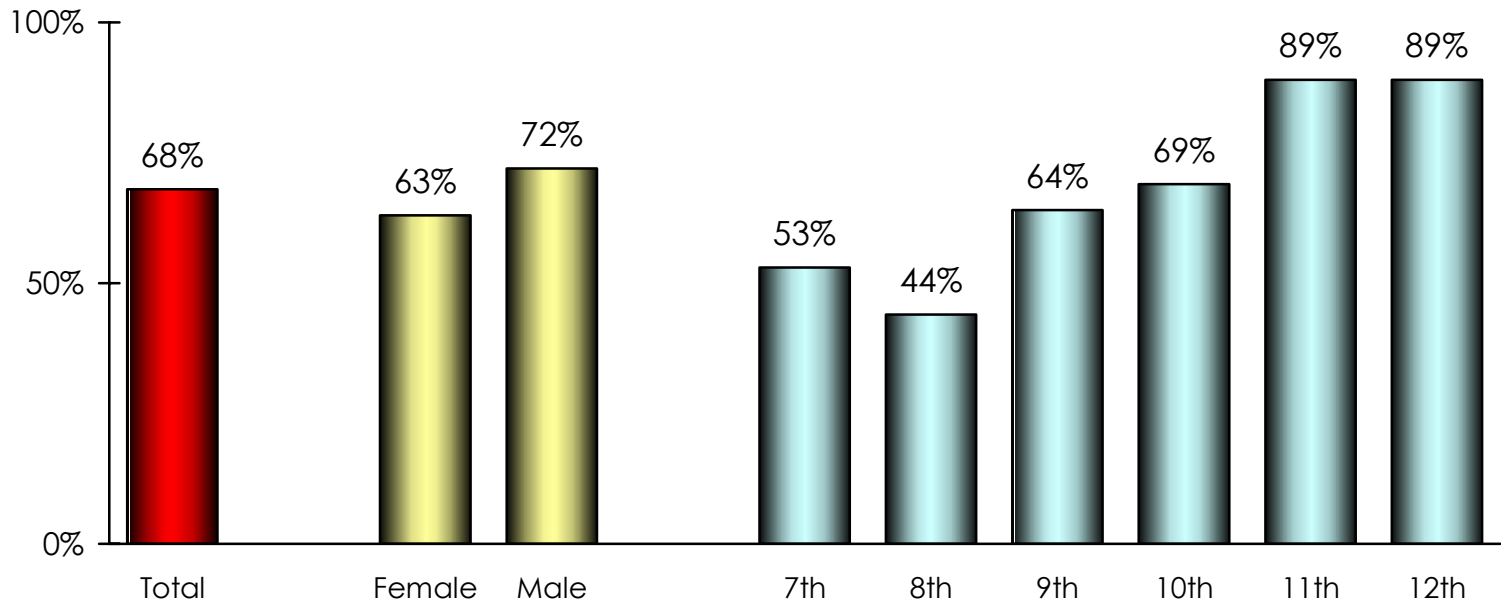


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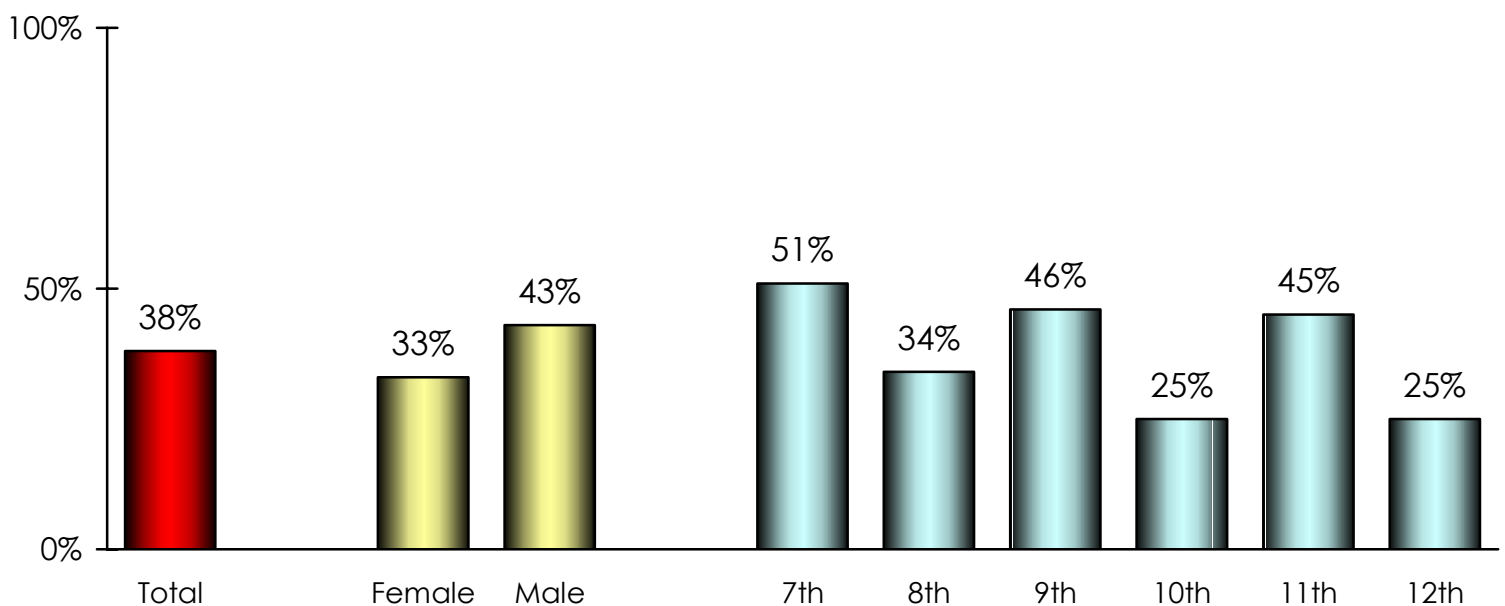
### ■ Alcohol Use

*These questions measure frequency of alcohol use, age of initiation of drinking, and heavy drinking.*

Percentage of students who had at least one drink of alcohol on one or more days during their life.

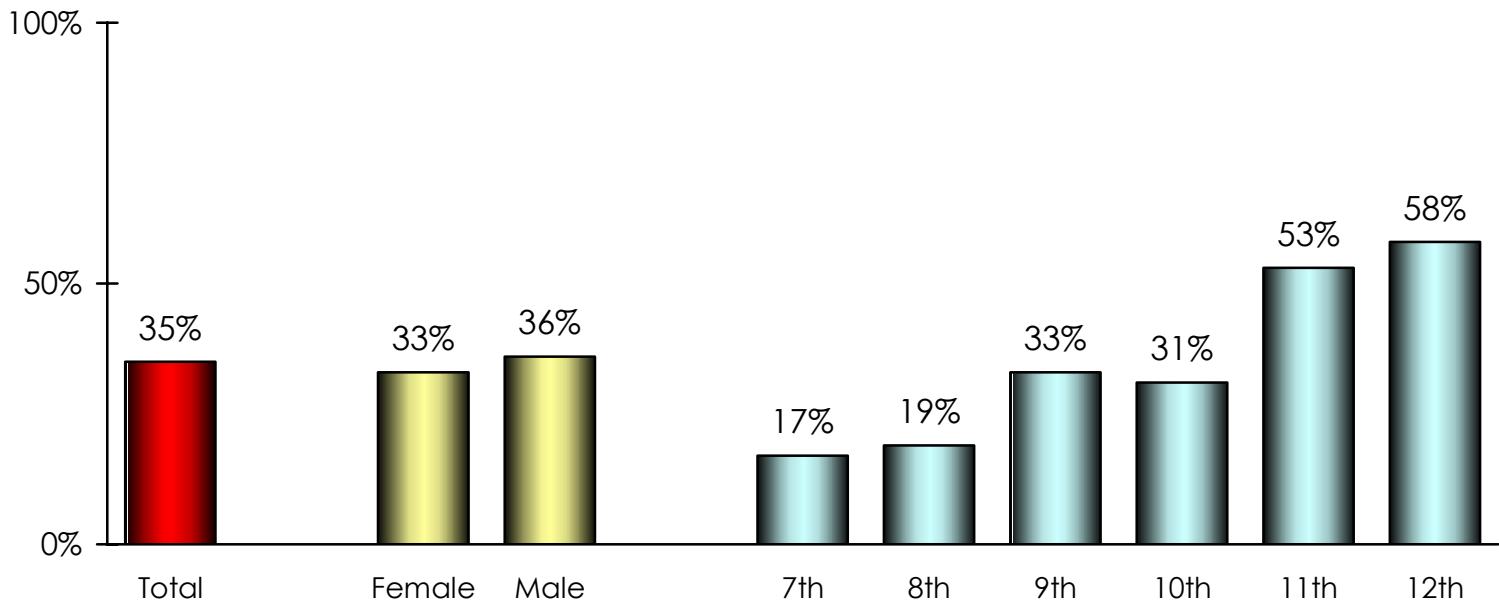


Percentage of students who had their first drink of alcohol other than a few sips before age 13.

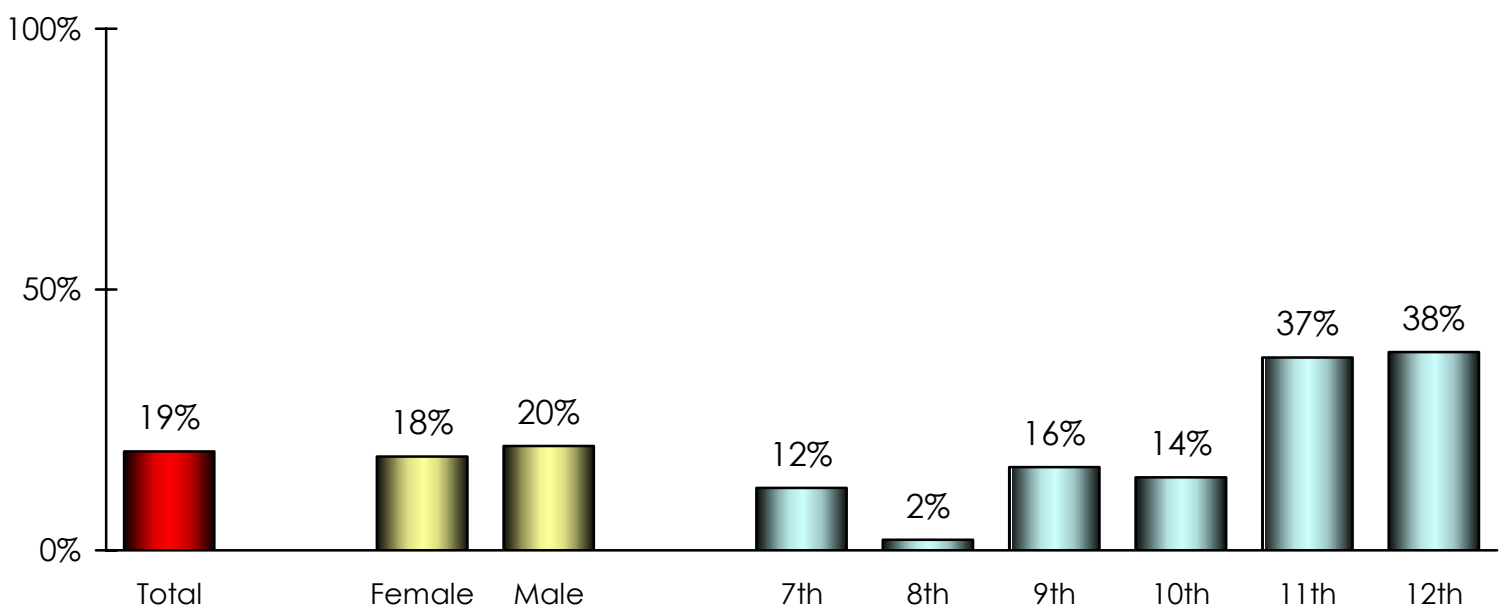


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Percentage of students who had at least one drink of alcohol on one or more of the past 30 days.



Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days.

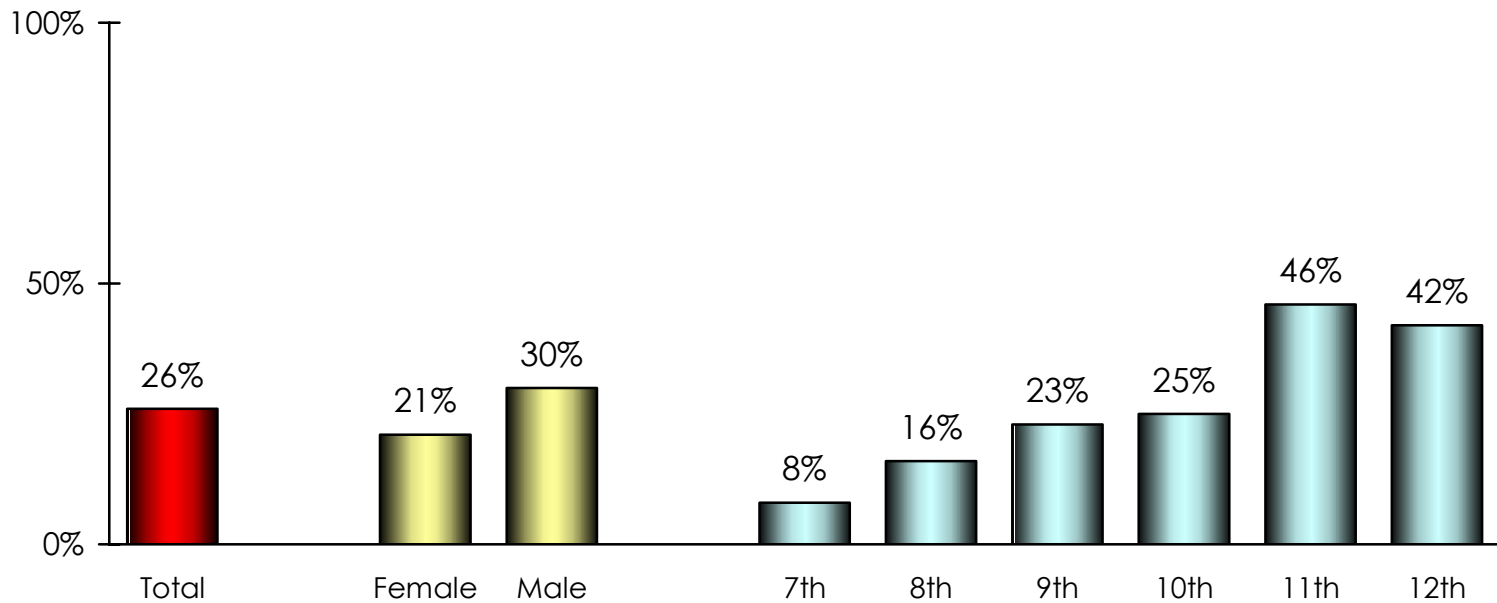


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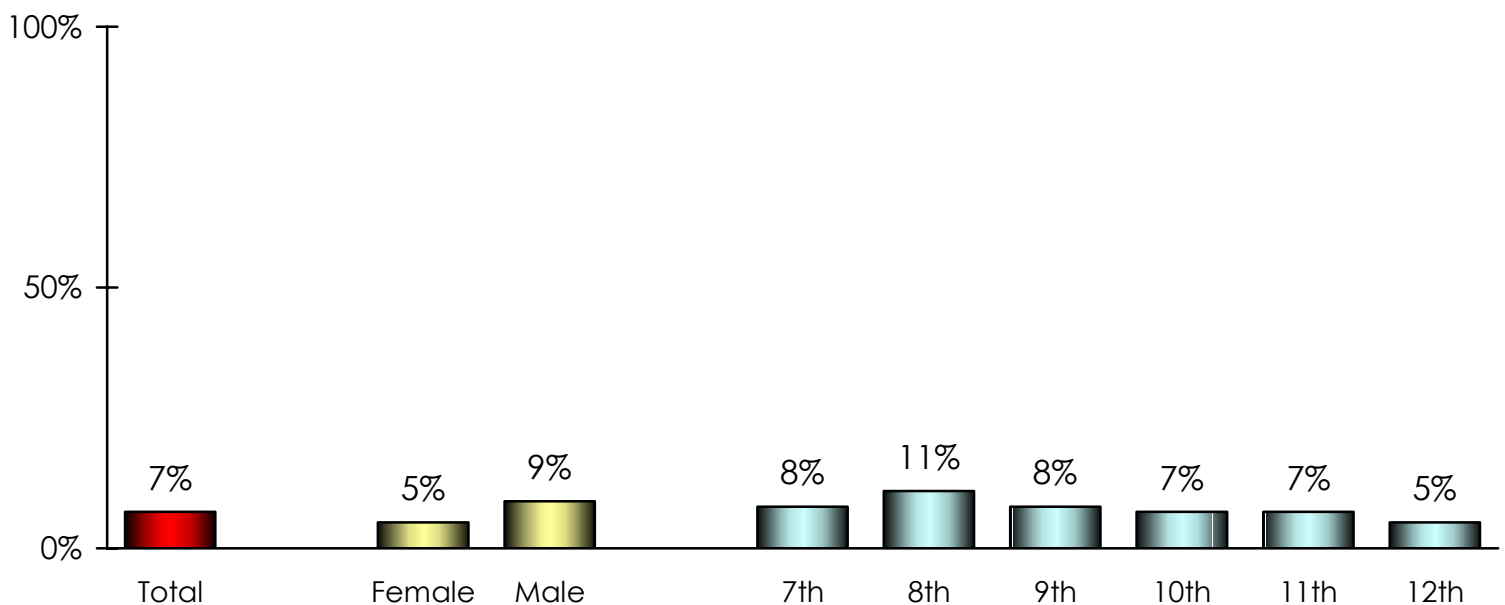
### ■ Drug Use

*These questions measure the frequency of illegal drug use.*

Percentage of students who used marijuana one or more times during their life.

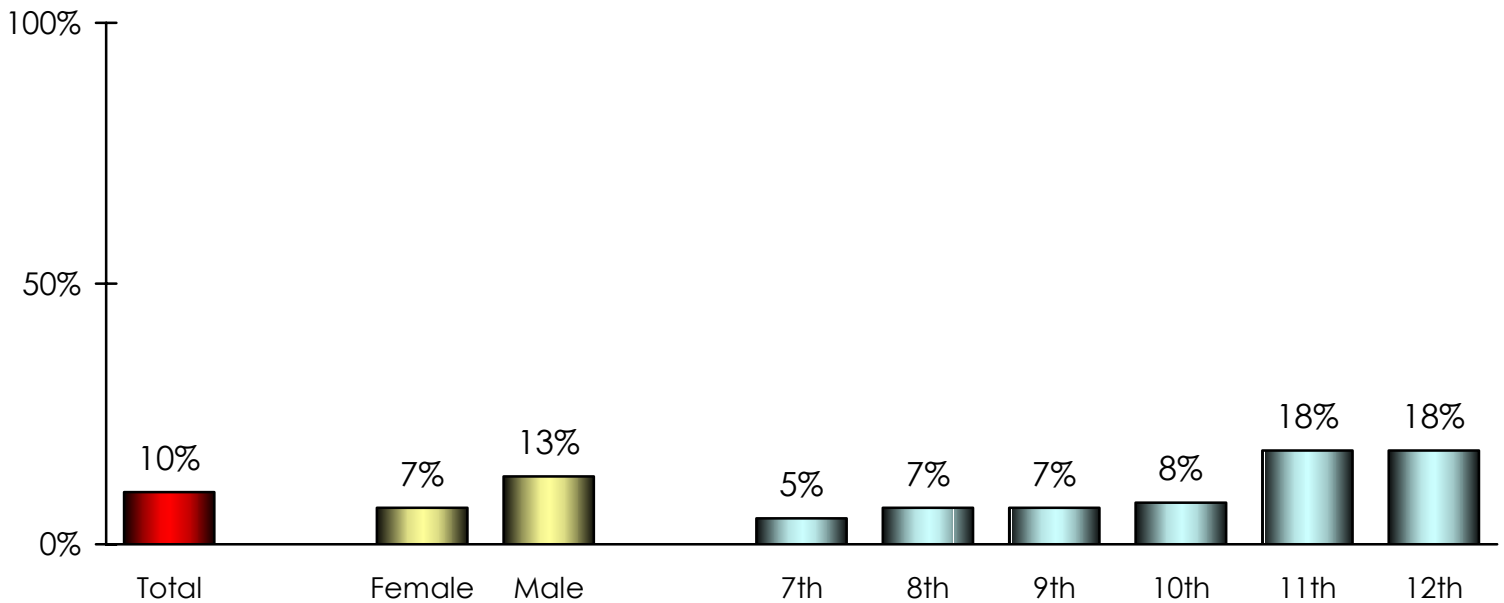


Percentage of students who tried marijuana for the first time before age 13.

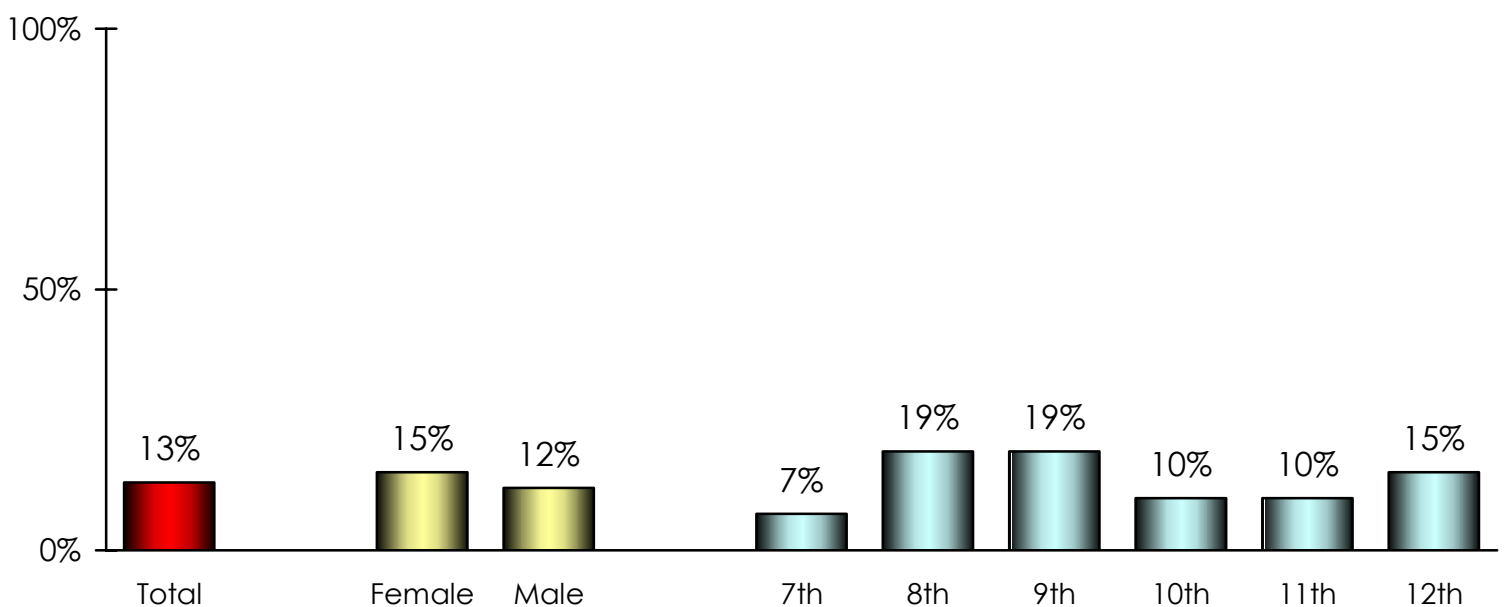


## 2001-2002 Howard County Youth Risk Behavior Survey

Percentage of students who used marijuana one or more times during the past 30 days.

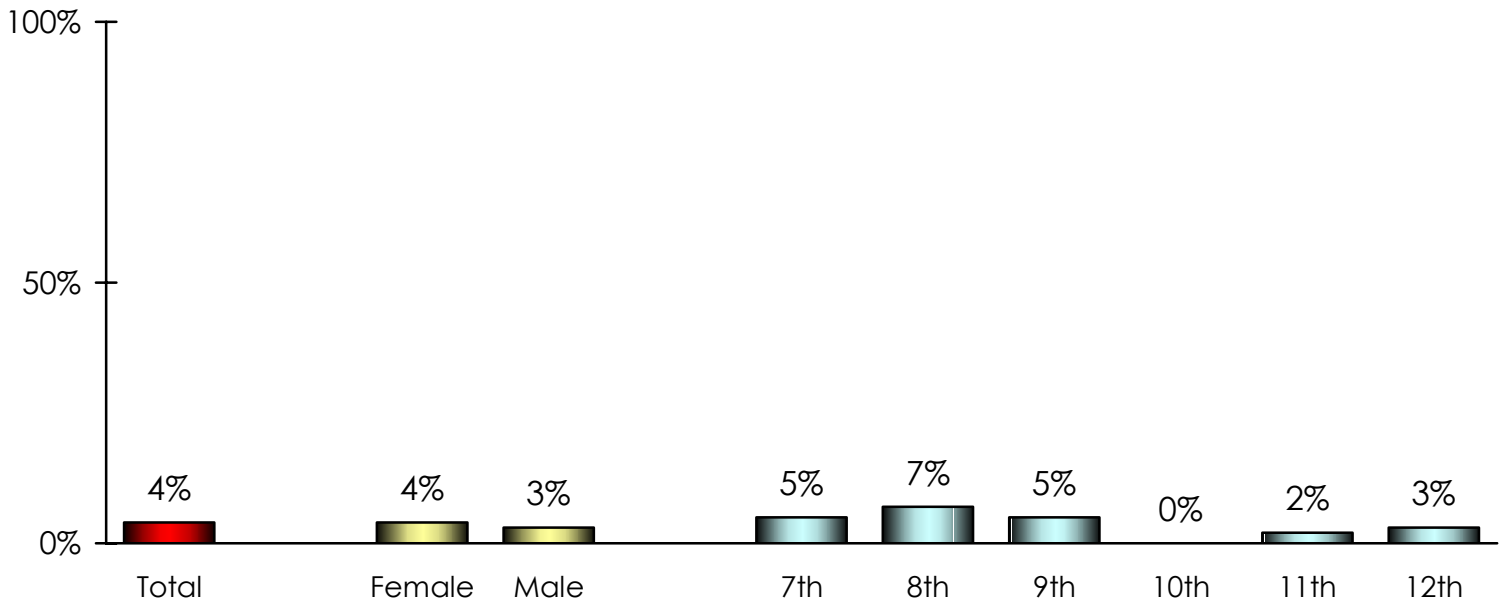


Percentage of students who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during their life.

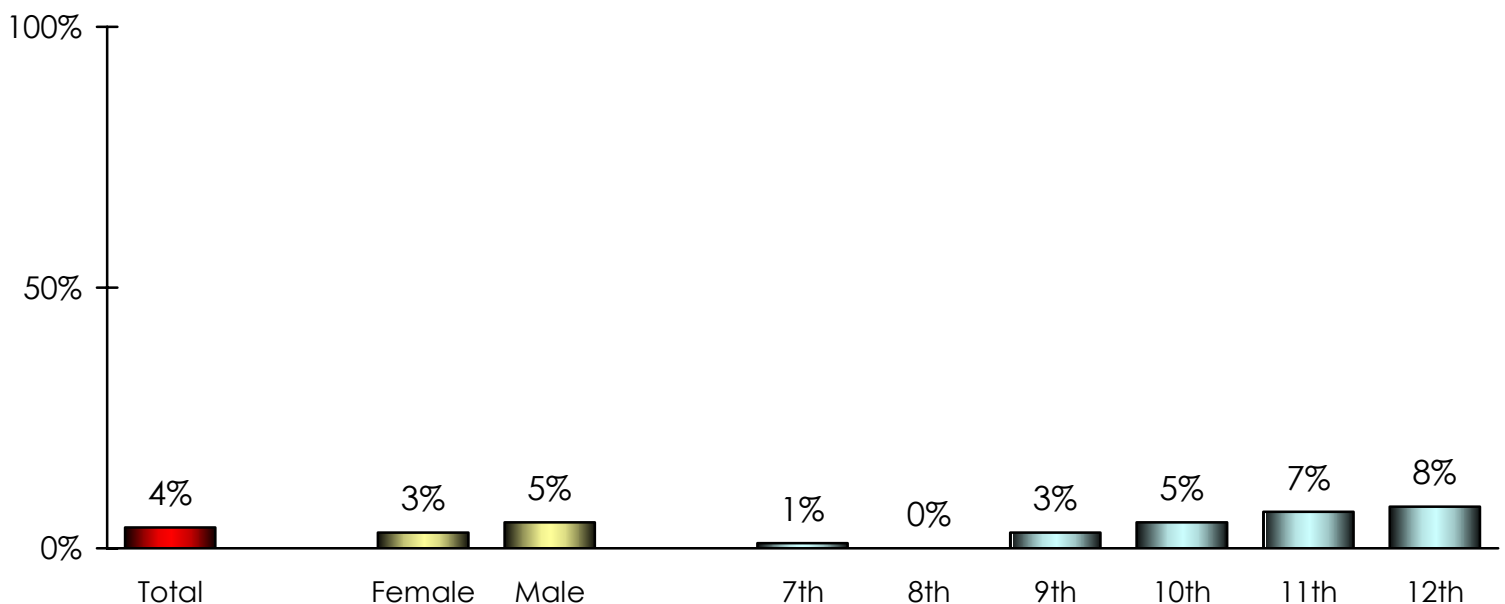


## 2001-2002 Howard County Youth Risk Behavior Survey

Percentage of students who sniffed glue, breathed the contents of aerosol spray cans or inhaled any paints or sprays to get high during the past 30 days.

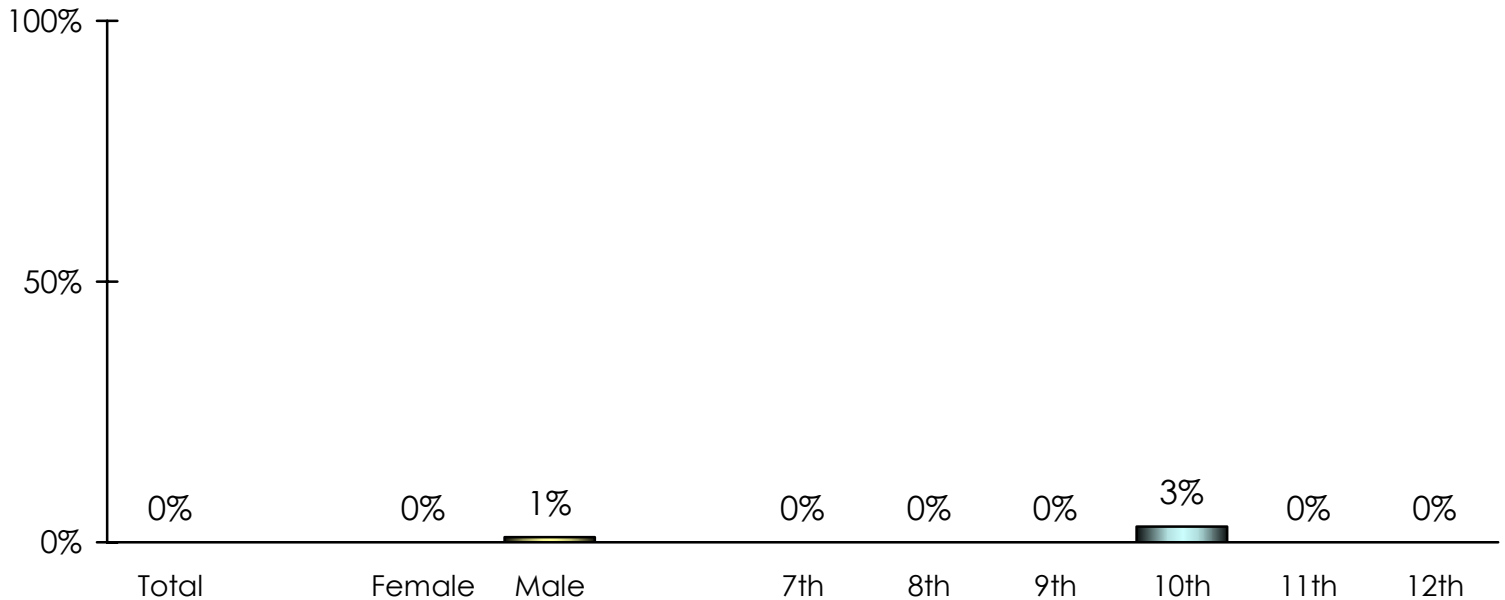


Percentage of students who used methamphetamines one or more times during their life.

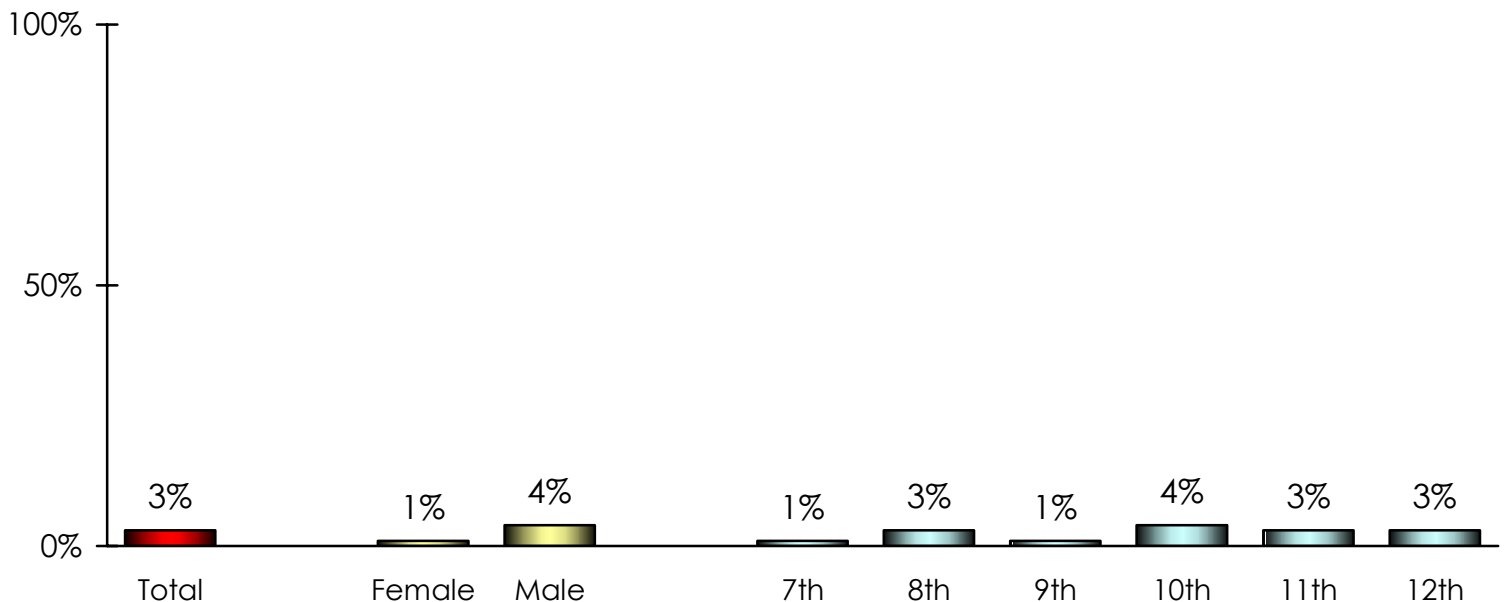


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Percentage of students who used heroin one or more times during their life.



Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life.



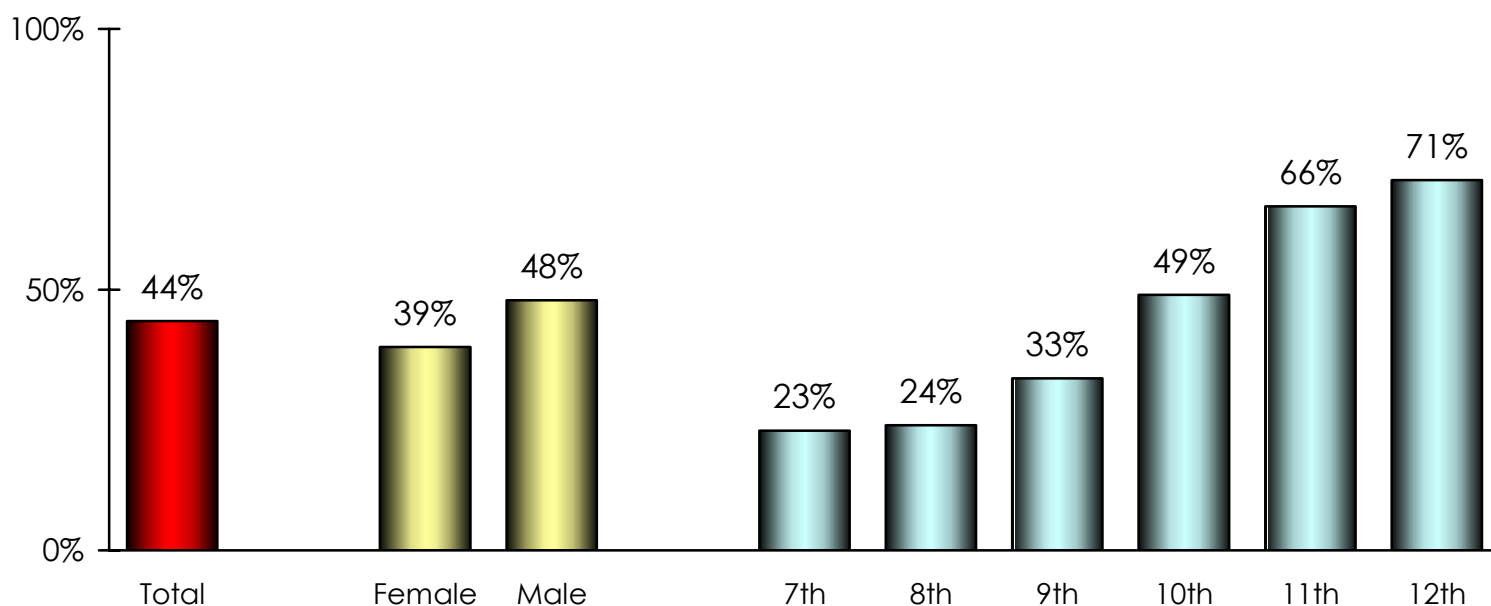


## 2001-2002 Howard County Youth Risk Behavior Survey

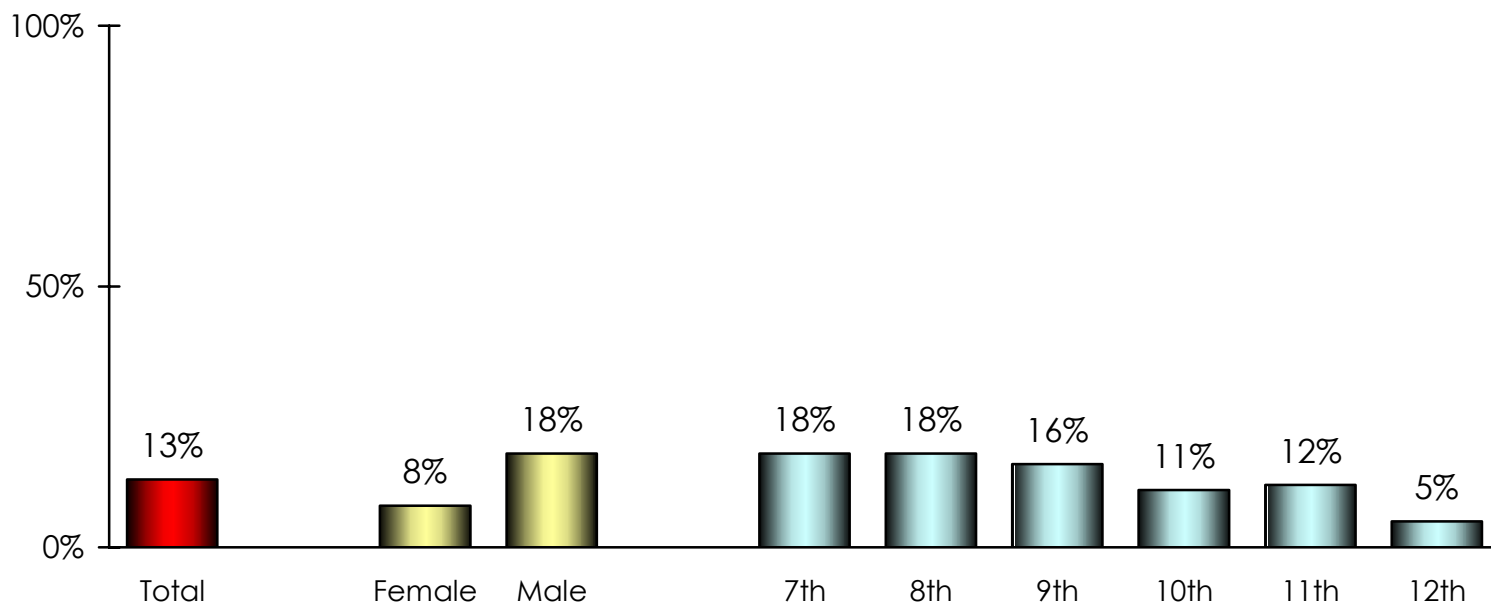
### ■ Sexual Activity

*These questions measure the prevalence of sexual activity, number of sexual partners, age of first intercourse and alcohol and drug use related to sexual activity.*

Percentage of students who have had sexual intercourse.

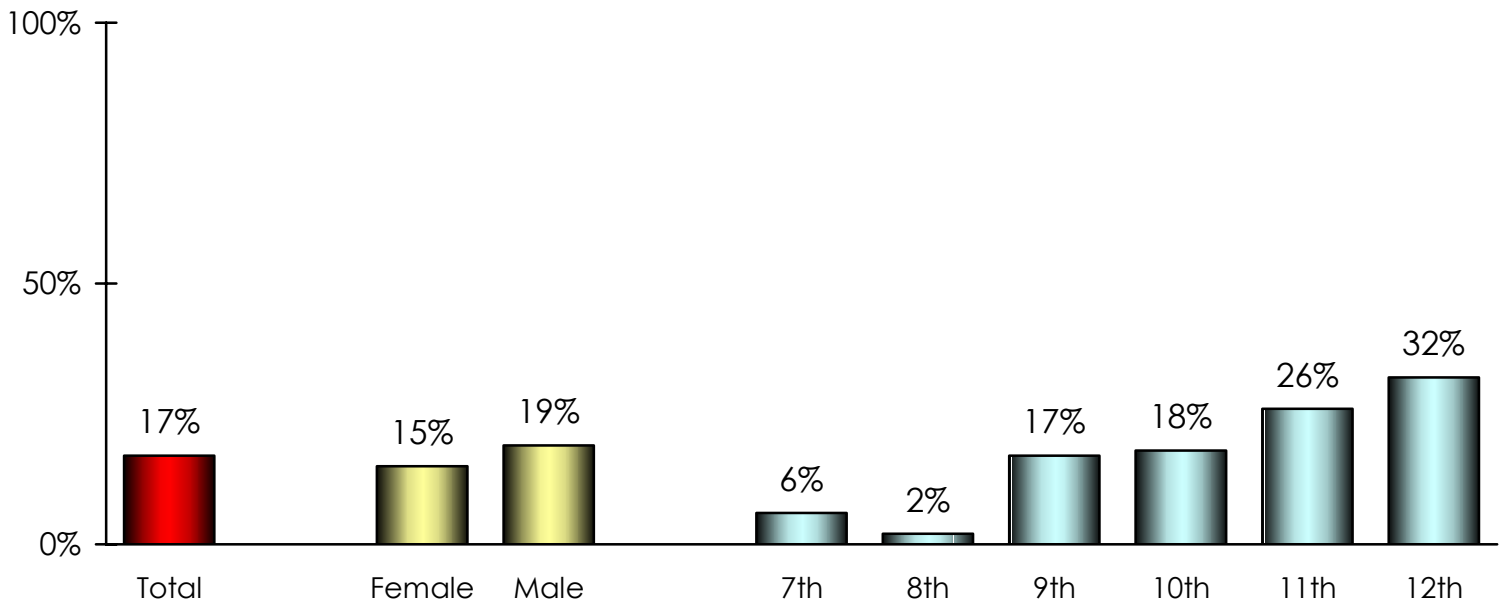


Percentage of students who had sexual intercourse for the first time before age 13.

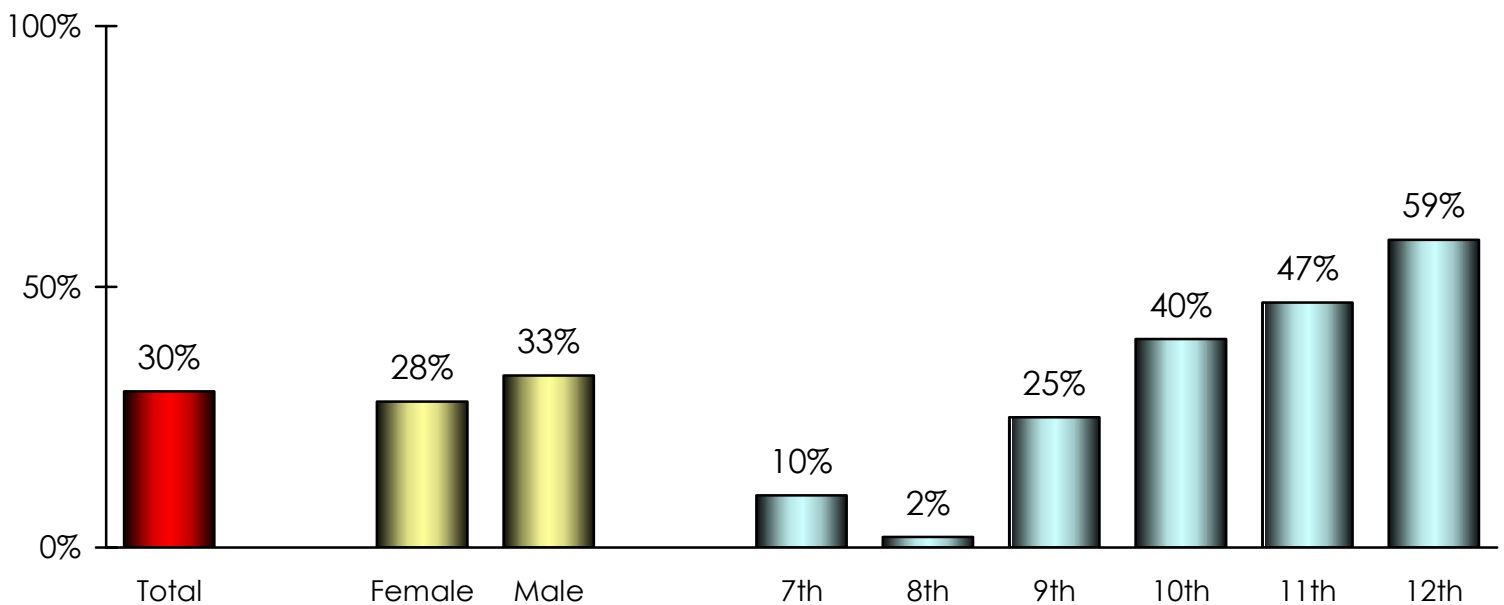


## 2001-2002 Howard County Youth Risk Behavior Survey

Percentage of students who had sexual intercourse with four or more people during their life.

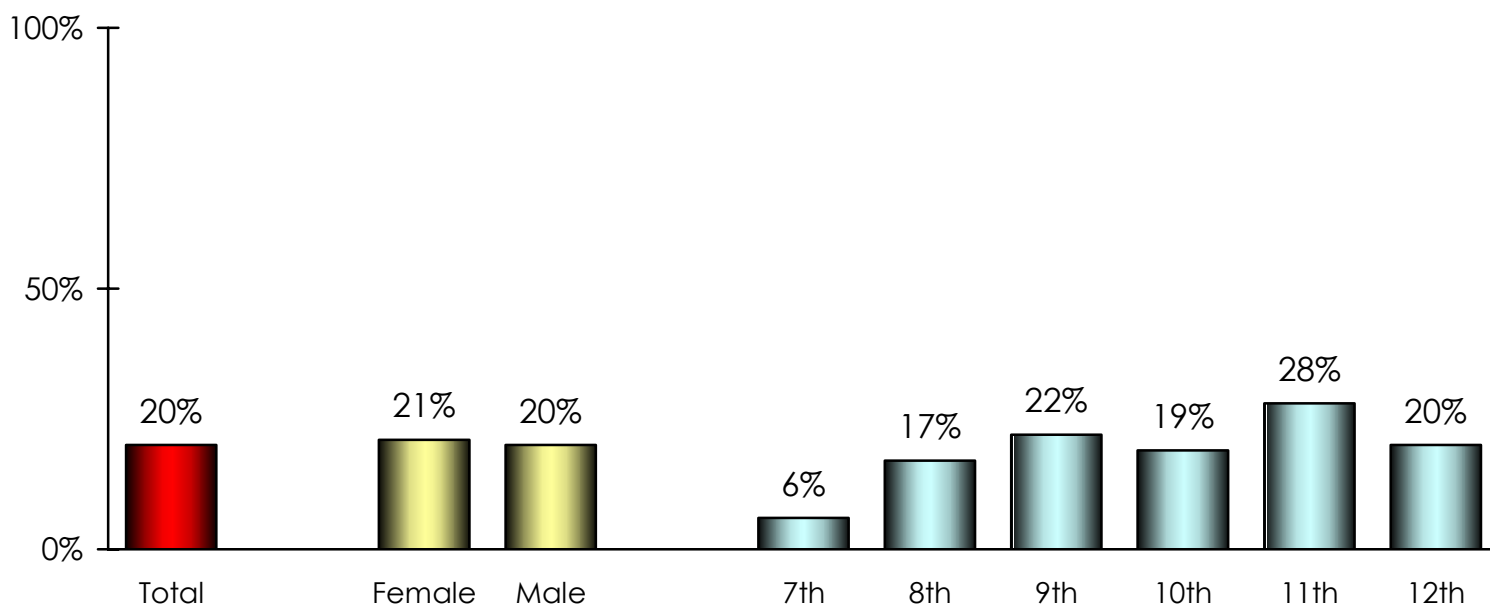


Percentage of students who had sexual intercourse during the past three months.



## 2001-2002 Howard County Youth Risk Behavior Survey

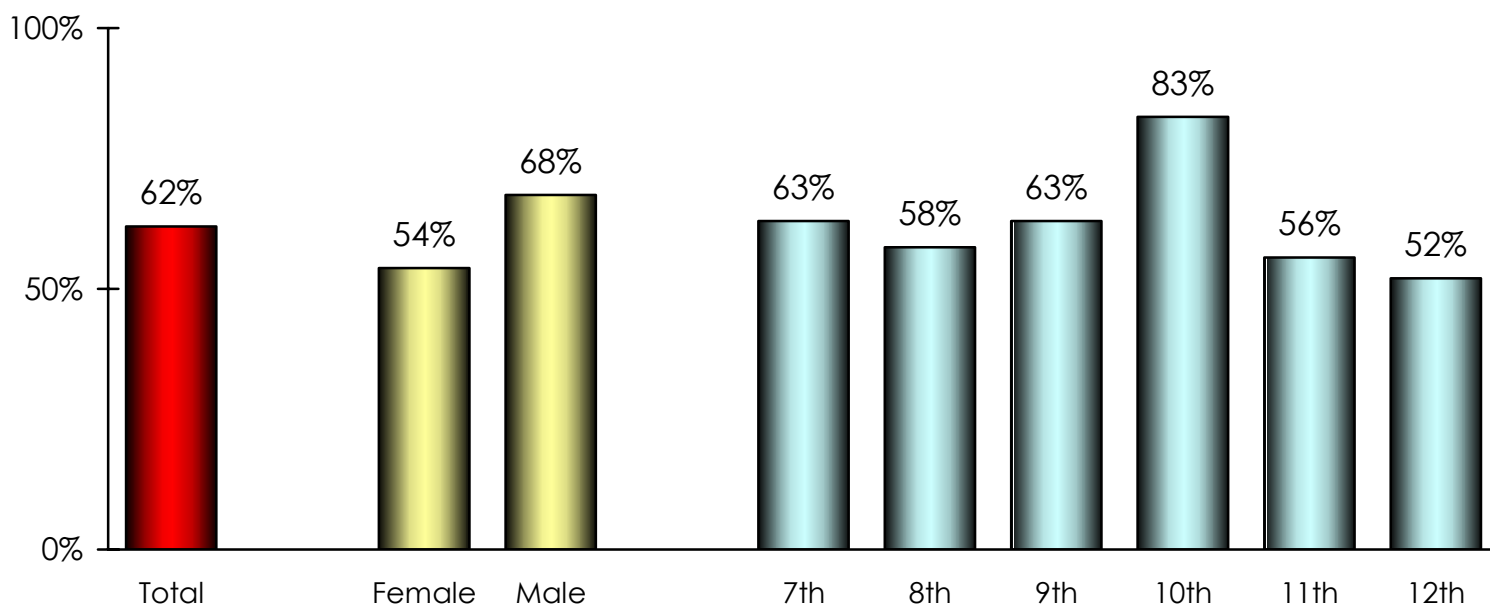
Of those who had sexual intercourse, the percentage who drank alcohol or used drugs before last sexual intercourse.



### ■ Contraception

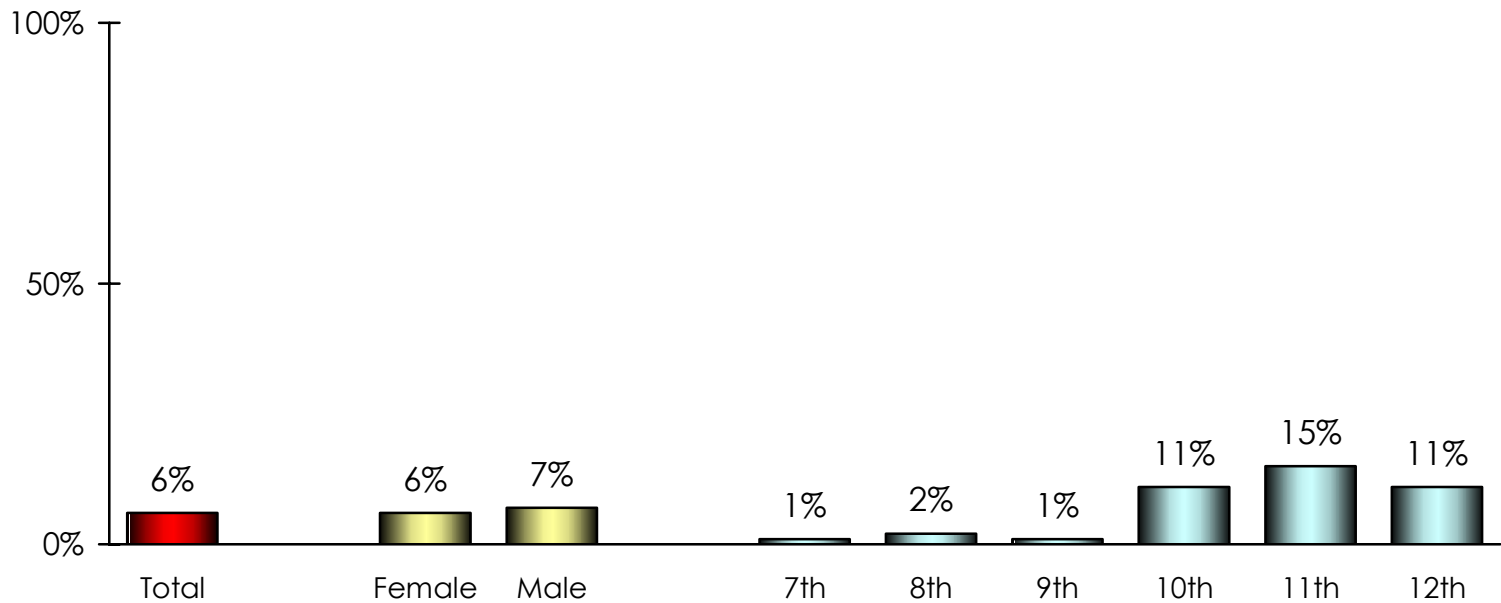
*These questions measure use of contraception and identify whether a student has been pregnant or gotten someone pregnant.*

Of students who had sexual intercourse, the percentage who used a condom during the last sexual intercourse.



## 2001-2002 Howard County Youth Risk Behavior Survey

Percentage of students who had been or gotten someone pregnant one or more times.

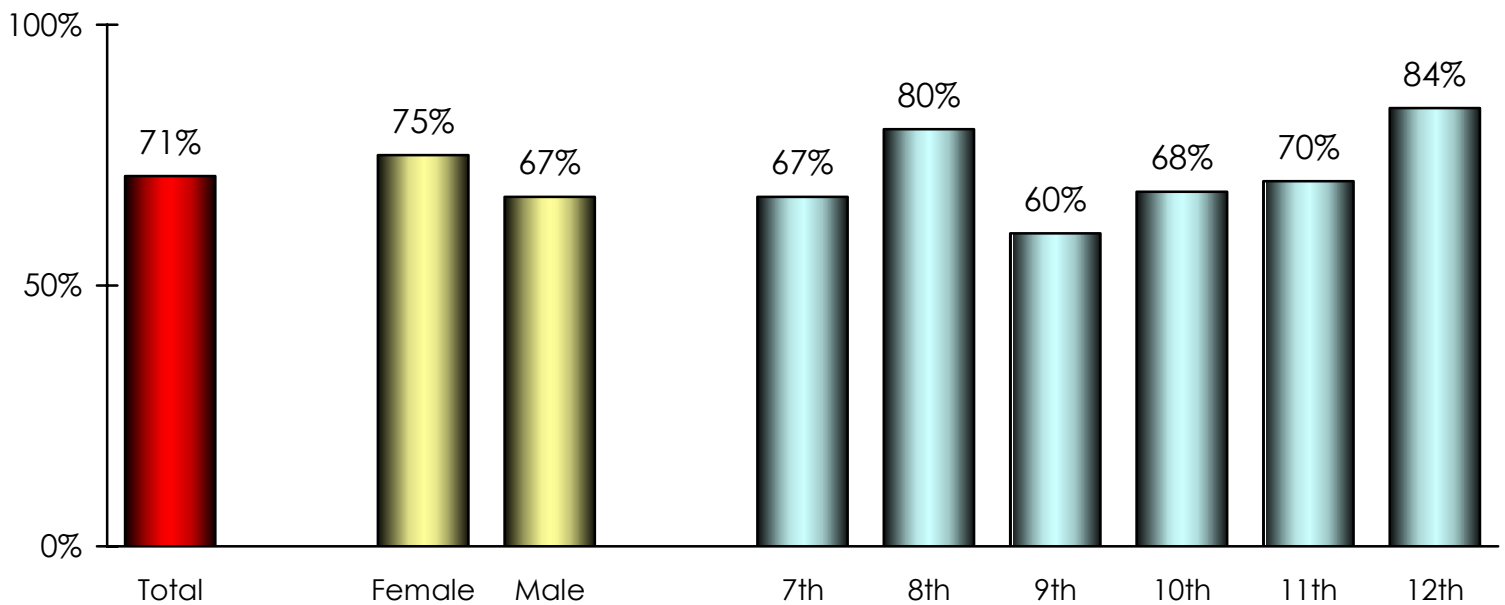


## 2001-2002 Howard County Youth Risk Behavior Survey

### ■ AIDS, HIV, & STDs

*This question measures whether students have received HIV information at school.*

Percentage of students who were ever taught about AIDS or HIV infection in school.

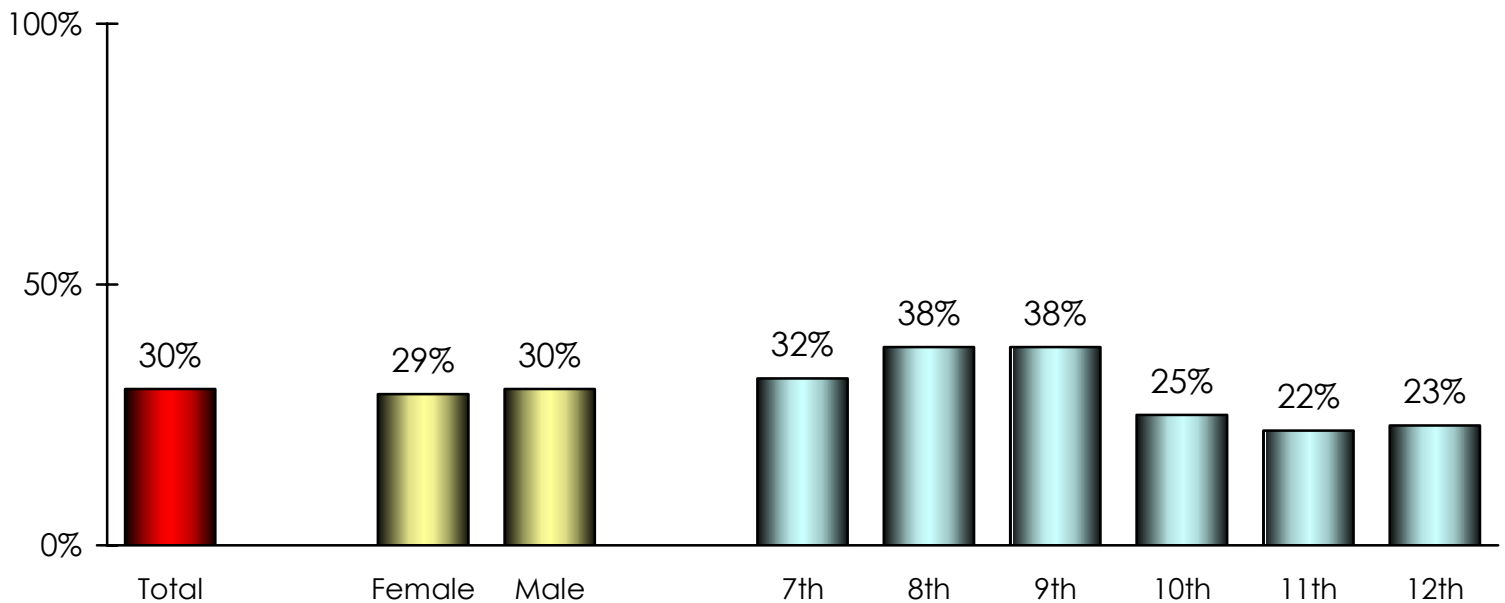


## 2001-2002 Howard County Youth Risk Behavior Survey

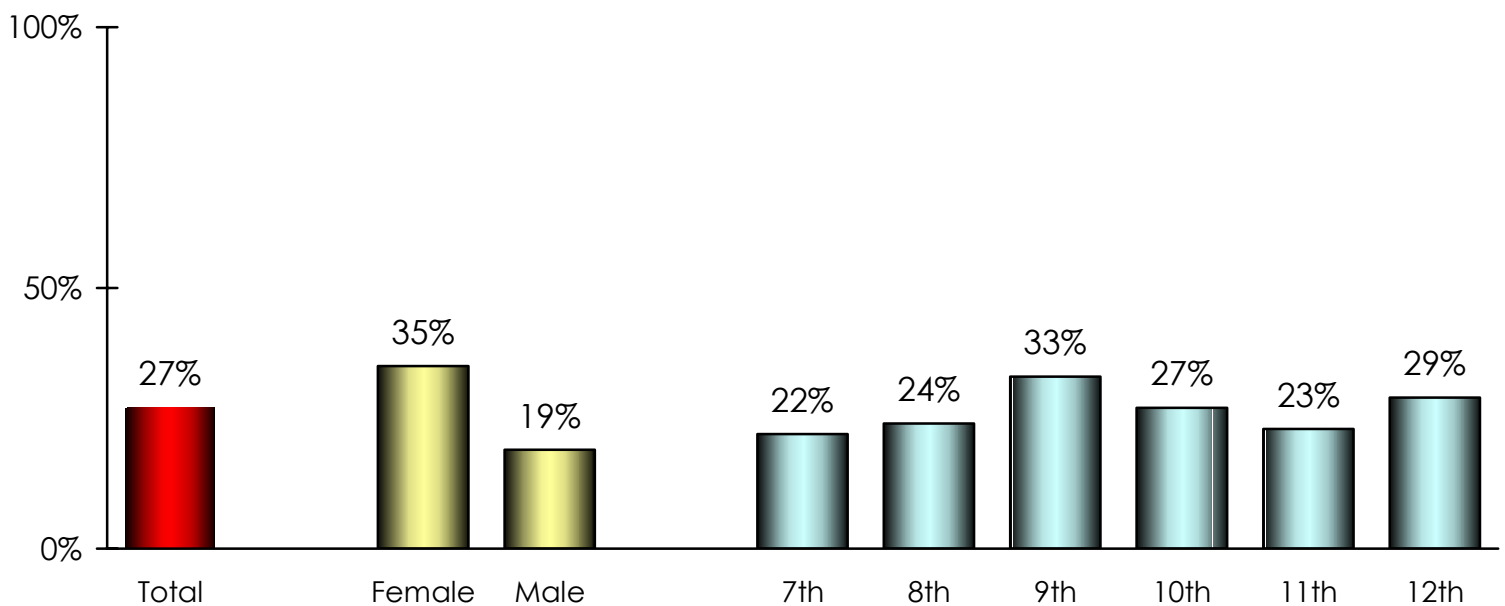
### ■ Obesity

*These questions measure self-perception of and efforts to modify body weight, including behaviors that may lead to eating disorders and other health problems.*

Percentage of students who are overweight, as calculated by Body Mass Index.

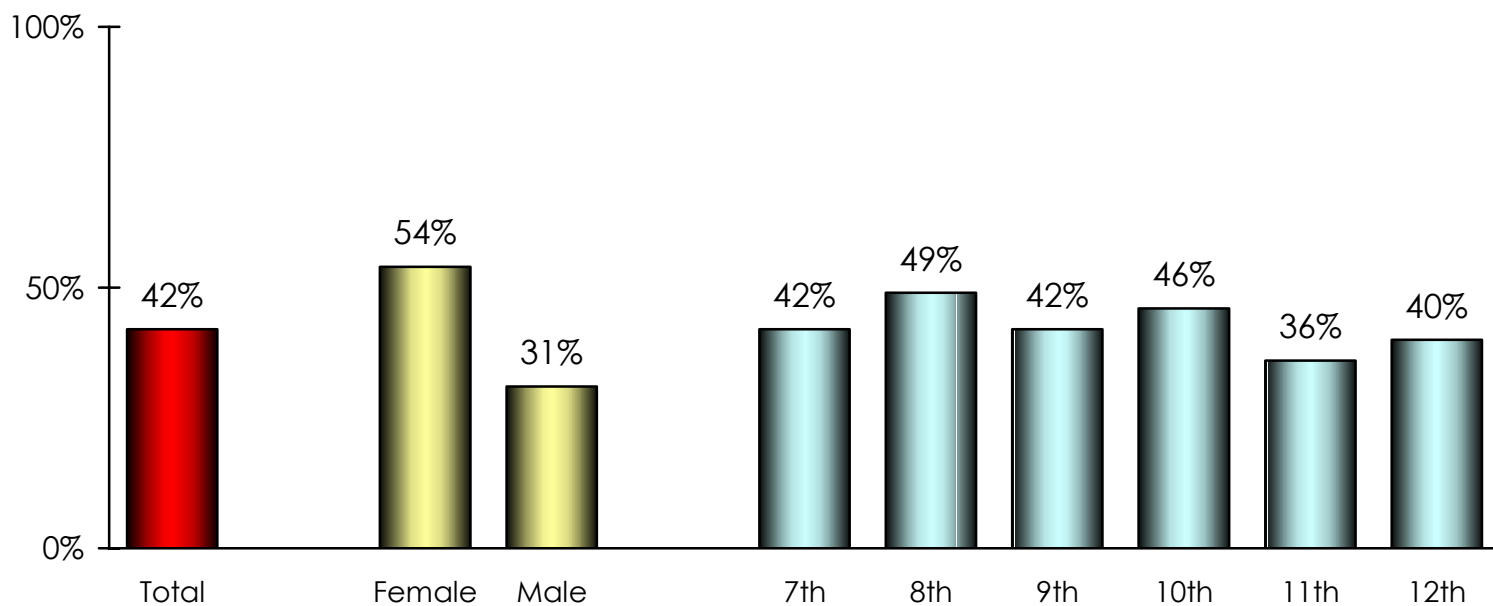


Percentage of students who describe themselves as slightly or very overweight.

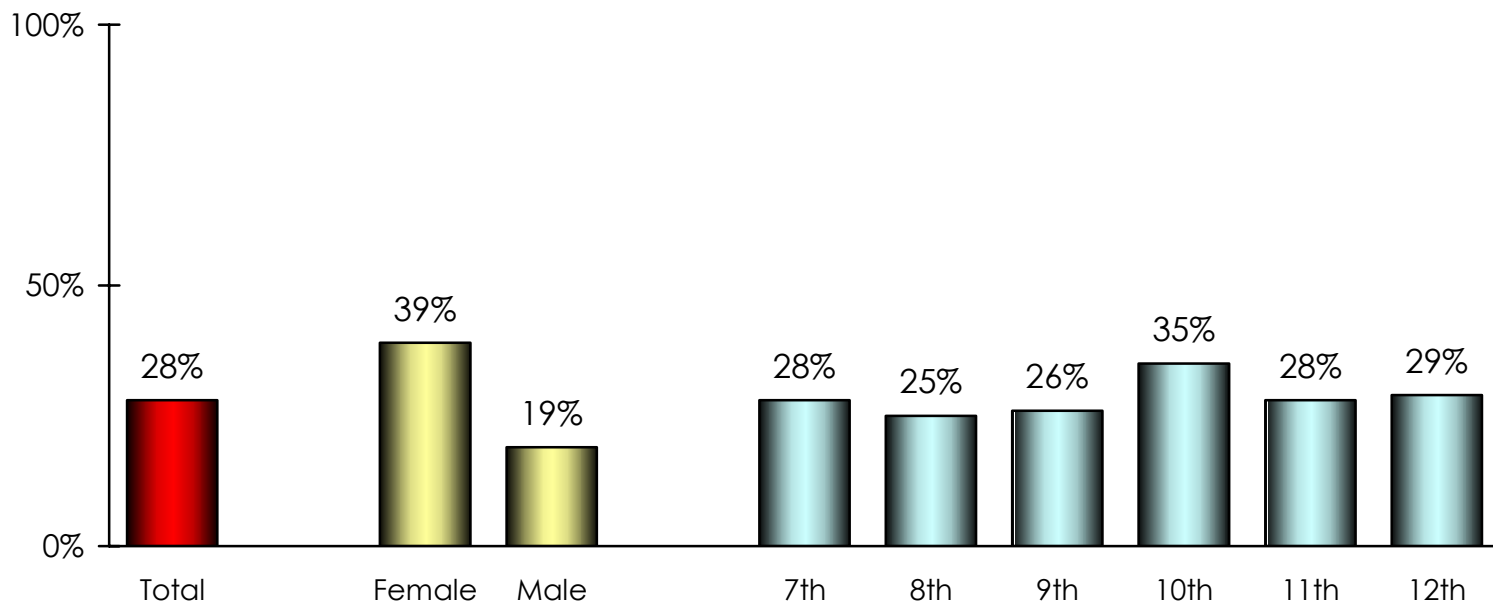


## 2001-2002 Howard County Youth Risk Behavior Survey

Percentage of students who were trying to lose weight.

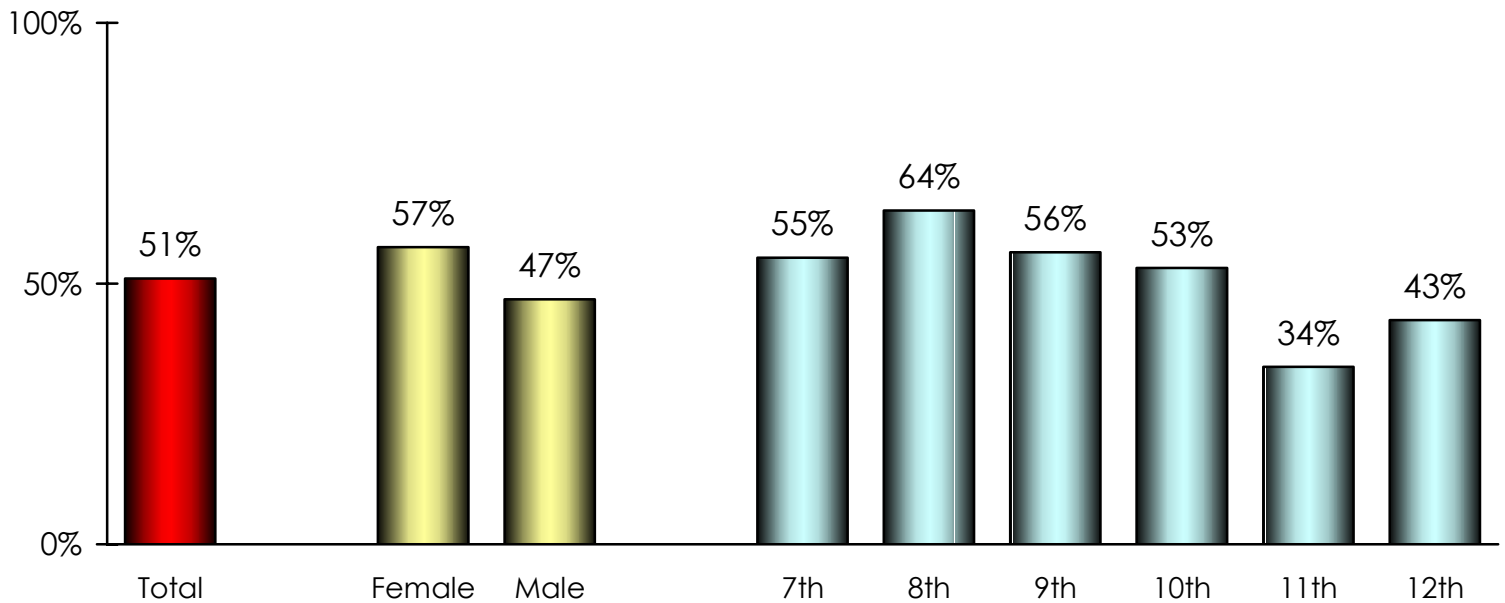


Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days.

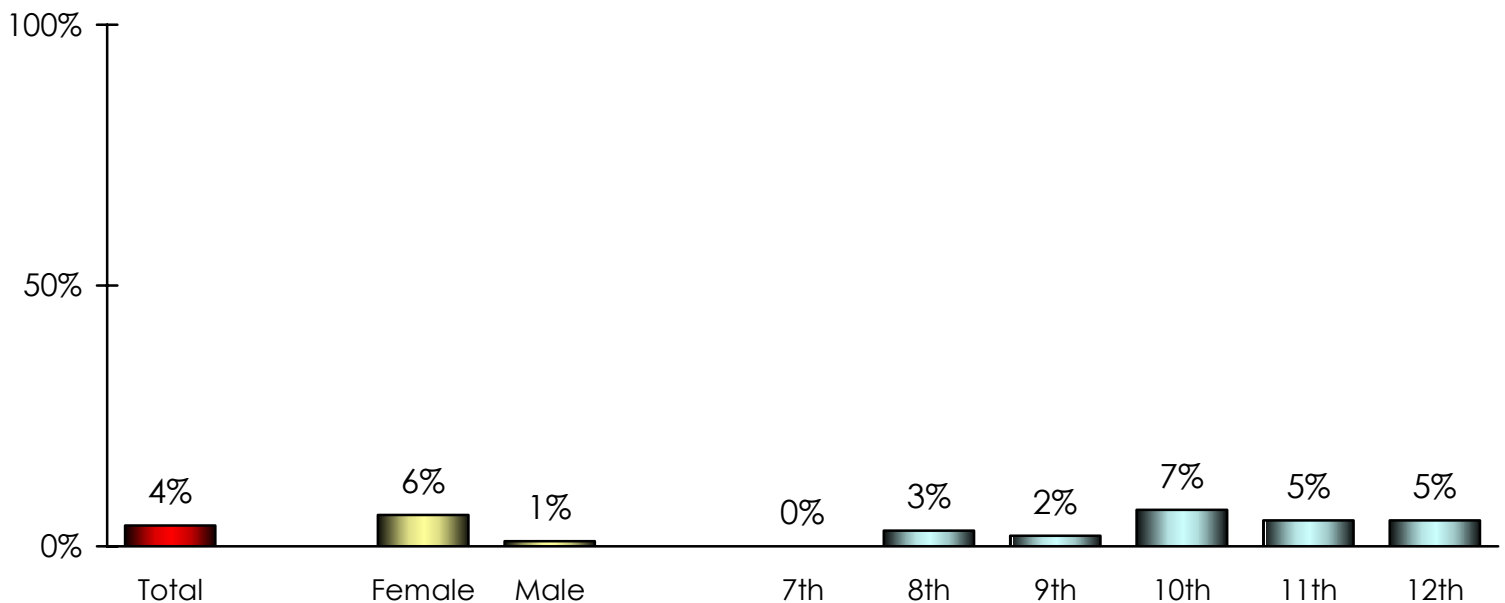


## 2001-2002 Howard County Youth Risk Behavior Survey

Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days.



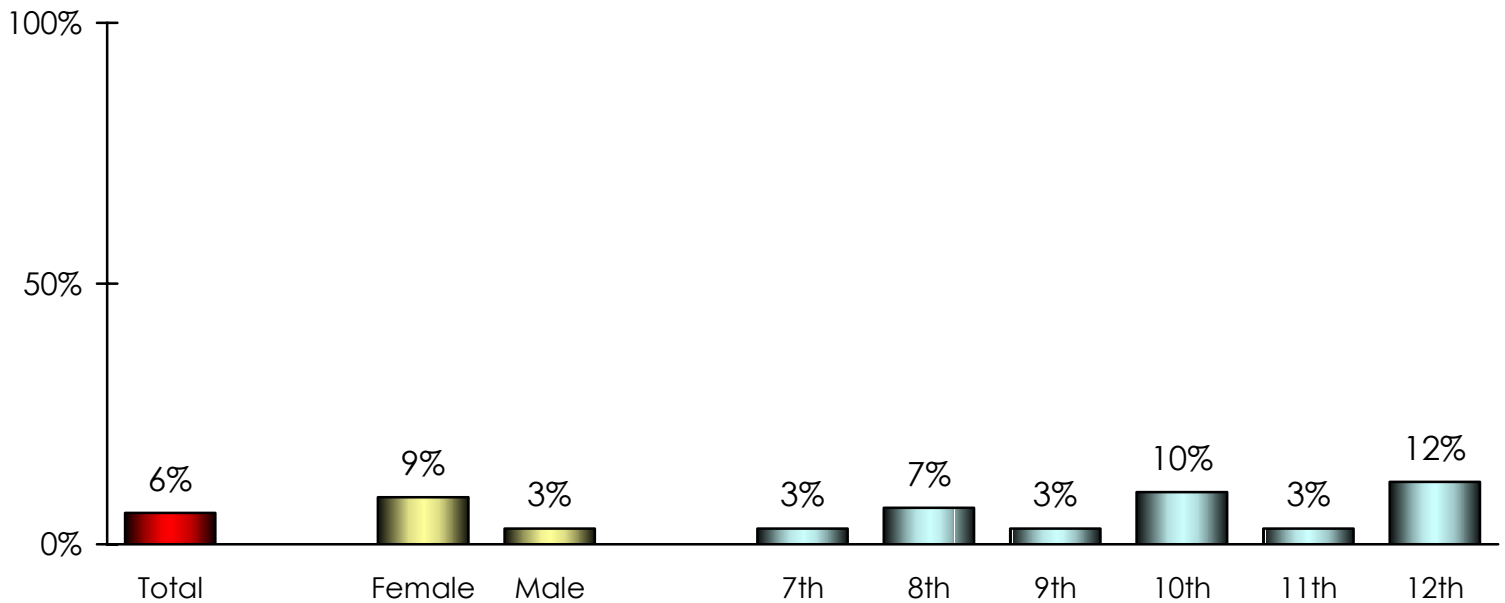
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days.



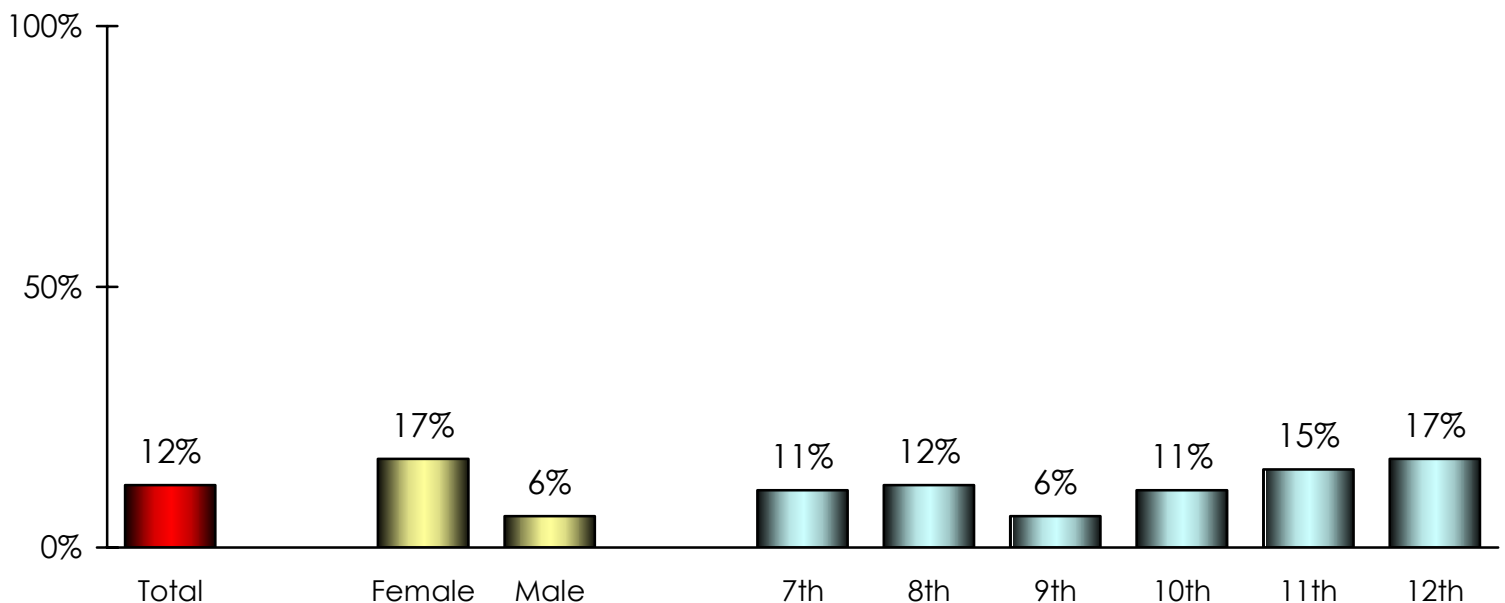


## 2001-2002 Howard County Youth Risk Behavior Survey

Percentage of students who took diet pills to lose weight or to keep from gaining weight during the past 30 days.



Percentage of students who fasted, or went without eating, for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days.

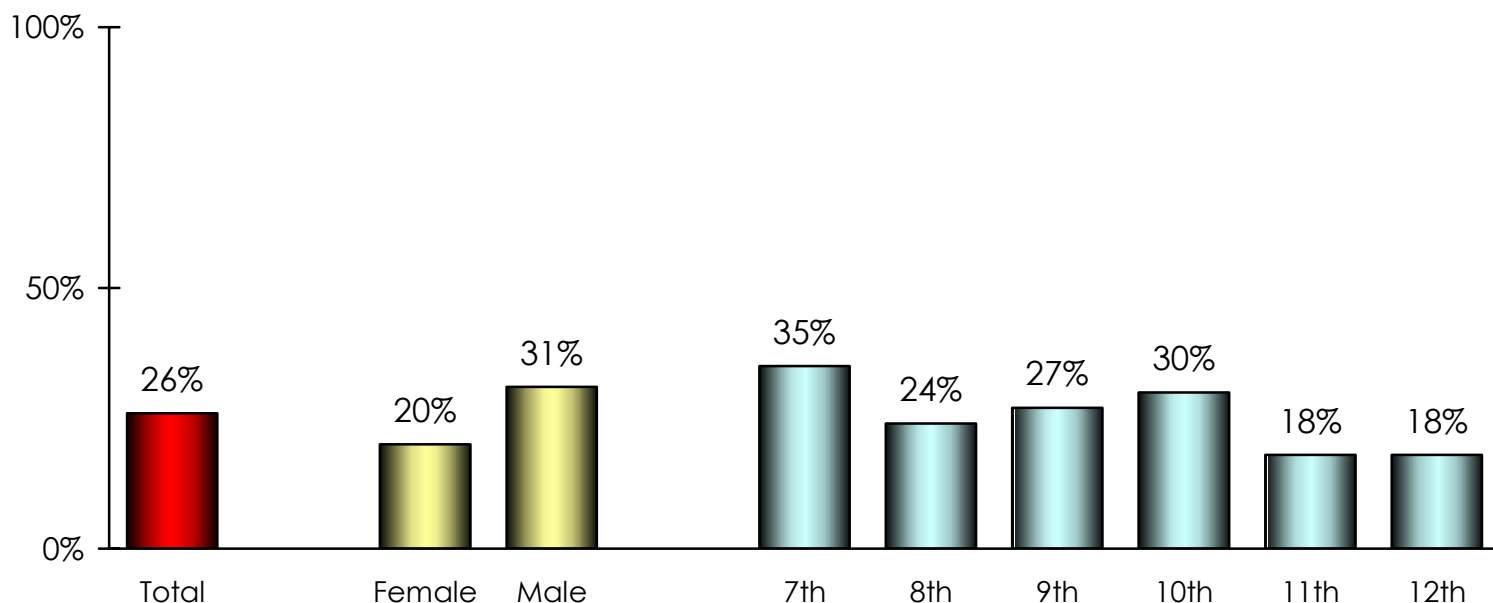


## 2001-2002 Howard County Youth Risk Behavior Survey

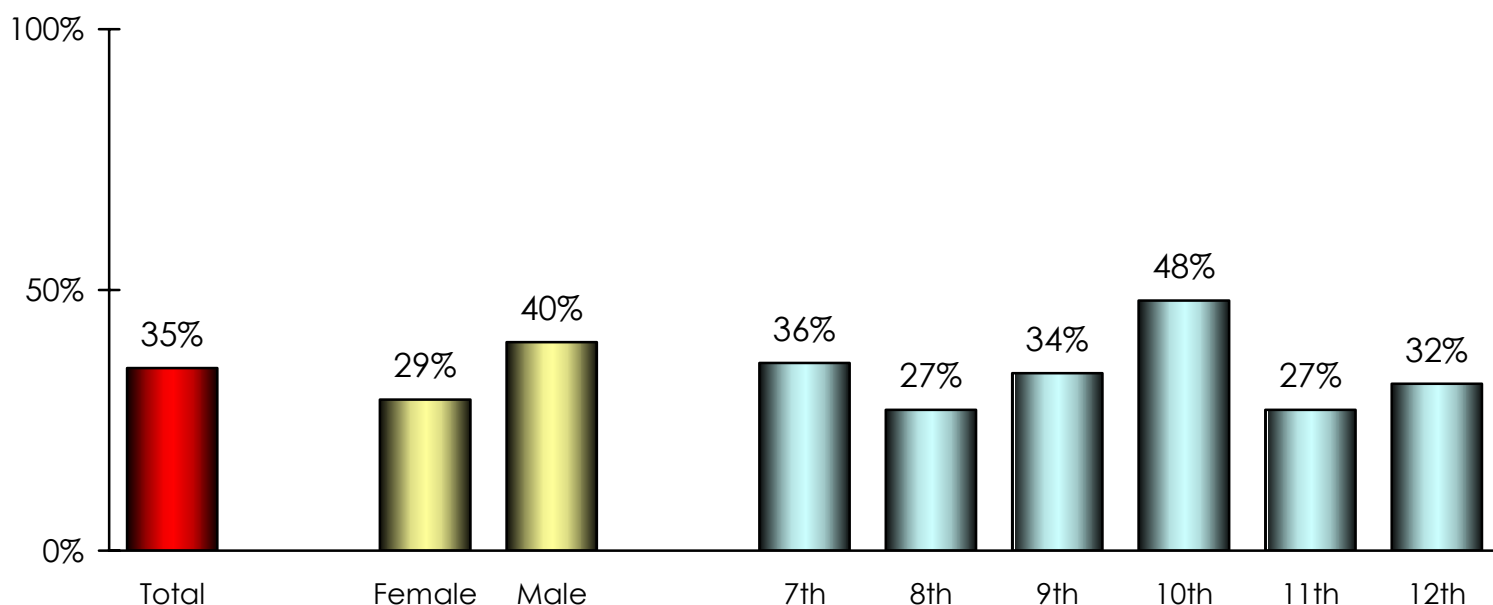
### ■ Nutrition

*These questions measure food choices.*

Percentage of students who ate fruit four or more times during the past 7 days.

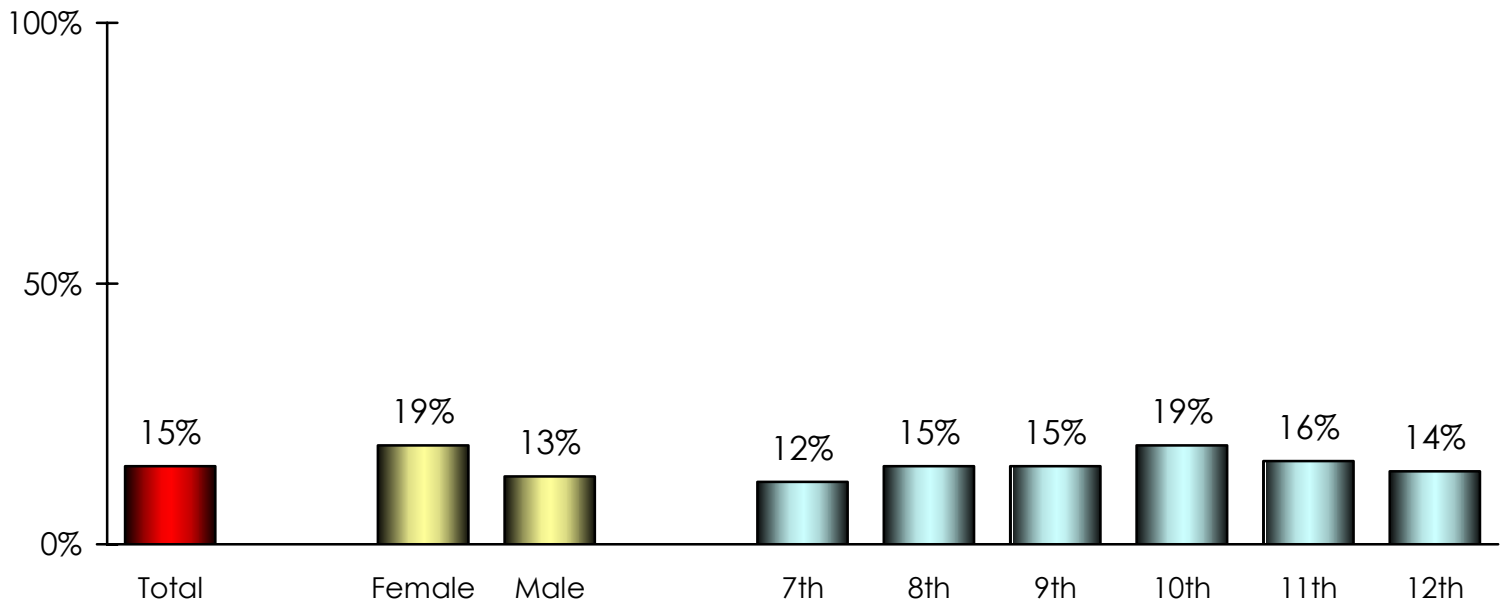


Percentage of students who drank fruit juices four or more times during the past 7 days.

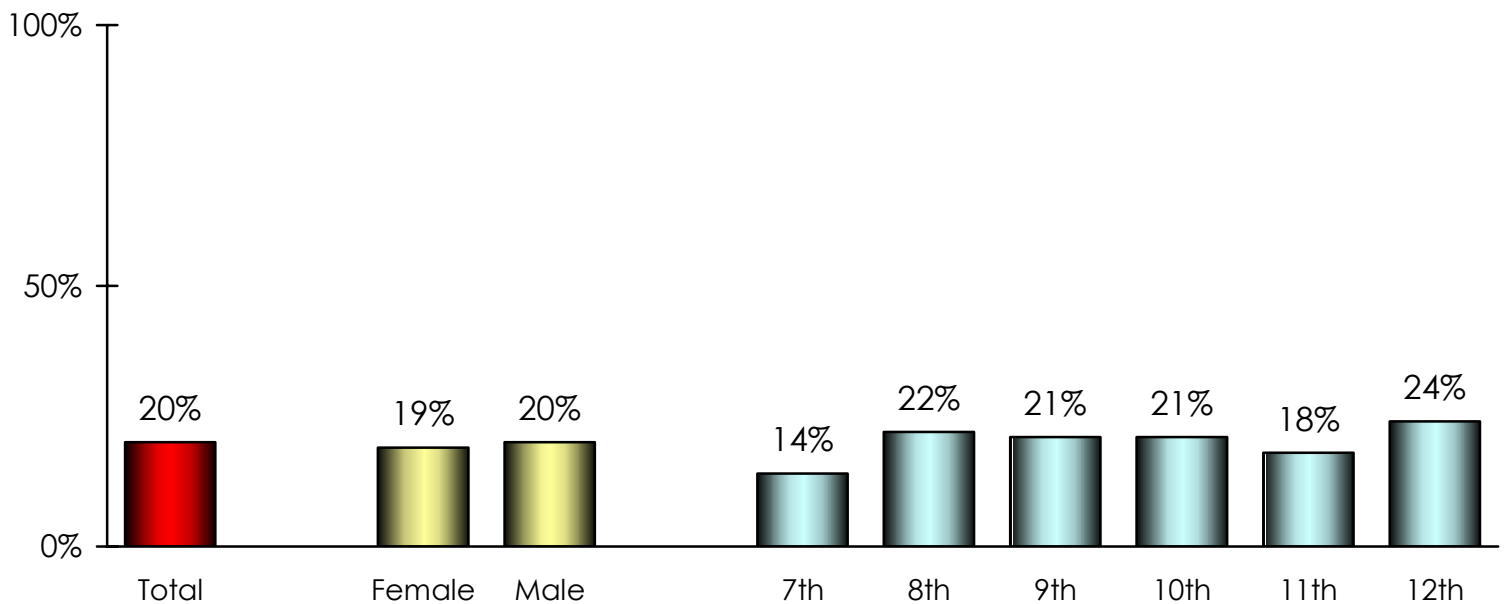


## 2001-2002 Howard County Youth Risk Behavior Survey

Percentage of students who ate green salad four or more times during the past 30 days.

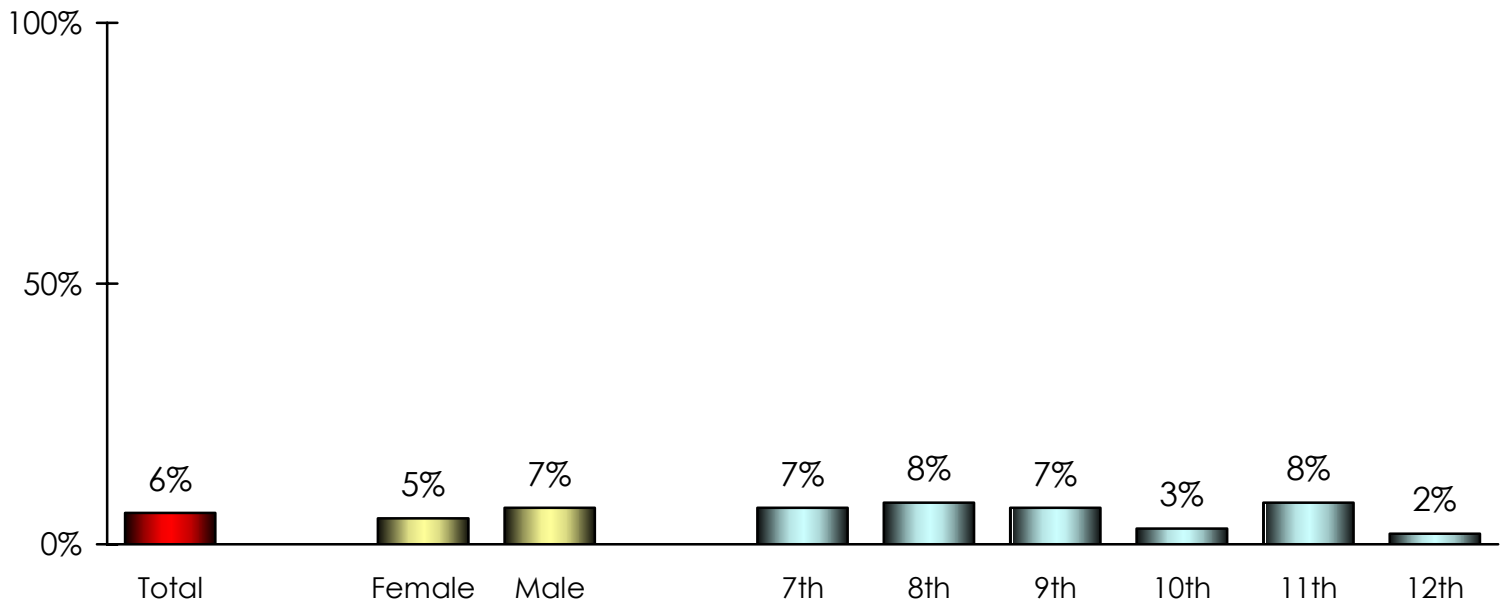


Percentage of students who ate potatoes four or more times during the past 30 days.

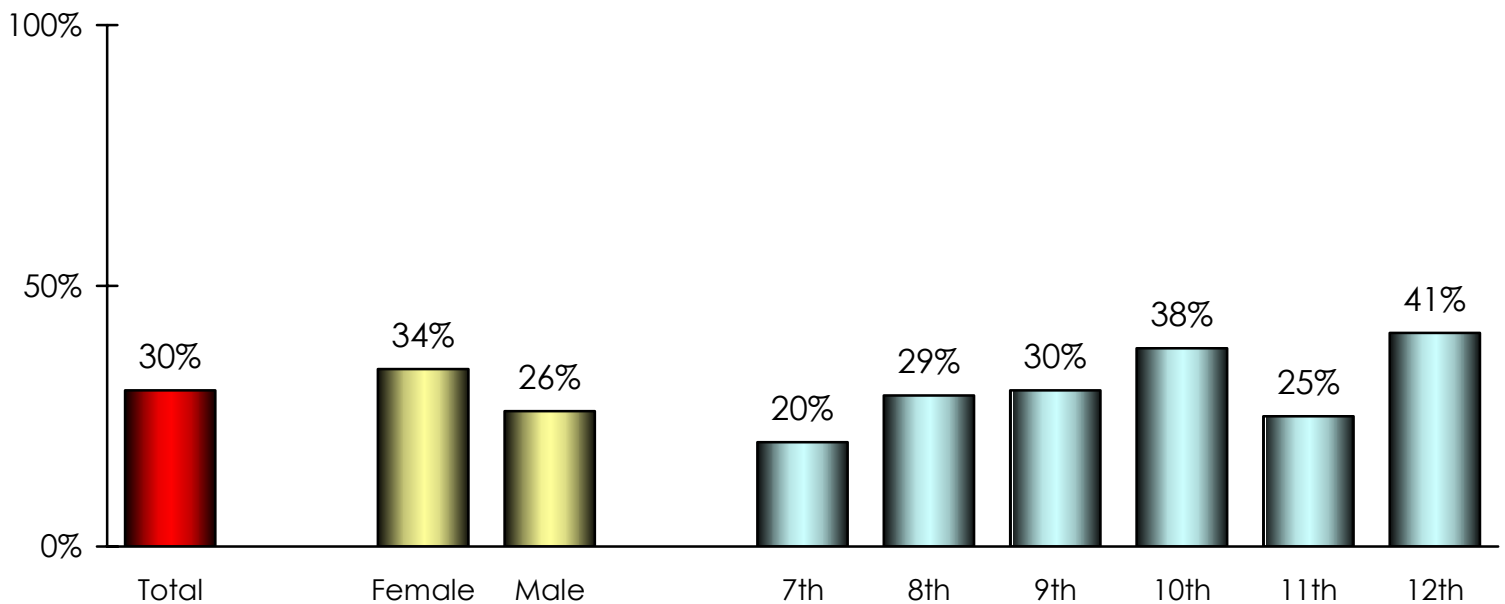


## 2001-2002 Howard County Youth Risk Behavior Survey

Percentage of students who ate carrots four or more times during the past 7 days.

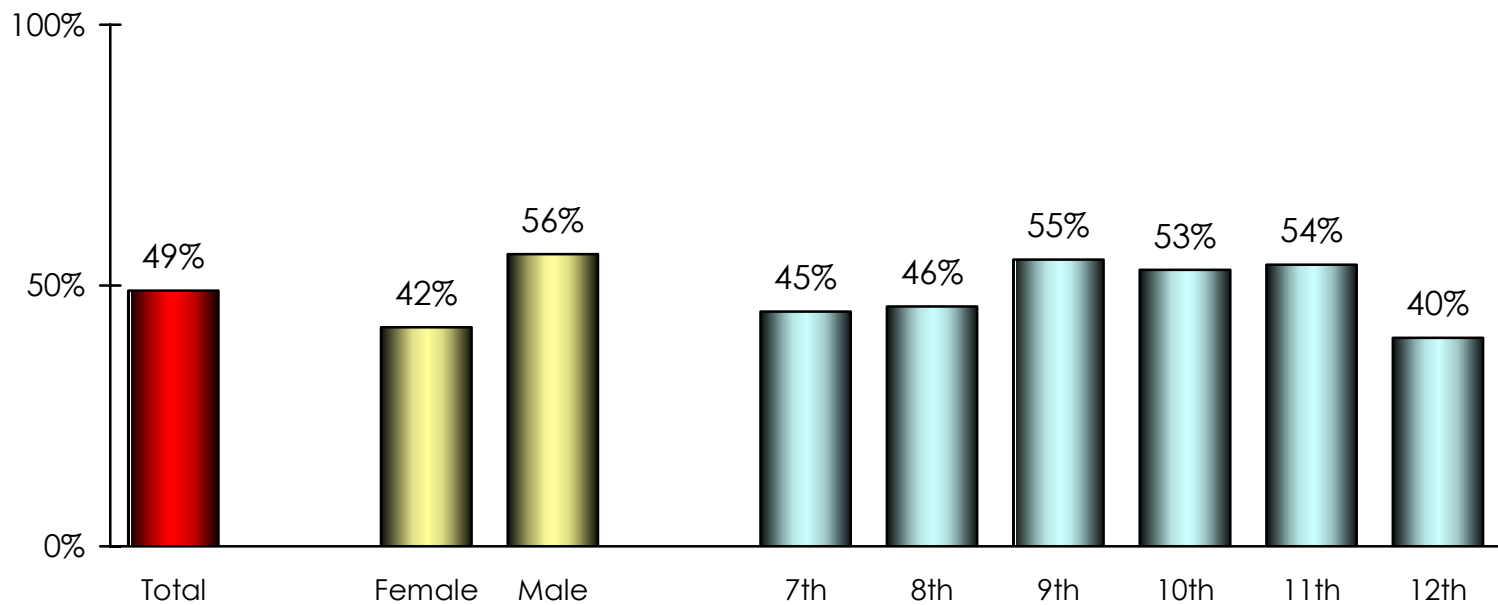


Percentage of students who ate other vegetables four or more times during the past 7 days.



## 2001-2002 Howard County Youth Risk Behavior Survey

Percentage of students who drank milk four or more times during the past 7 days.

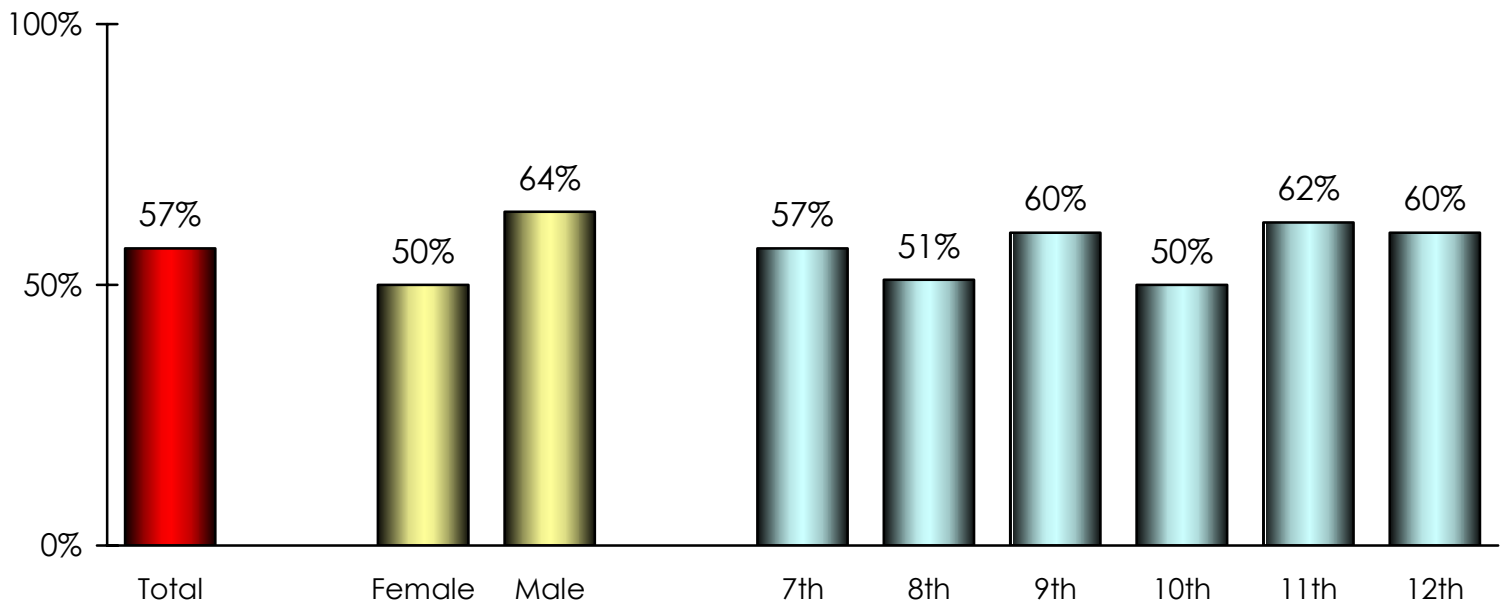


## 2001-2002 Howard County Youth Risk Behavior Survey

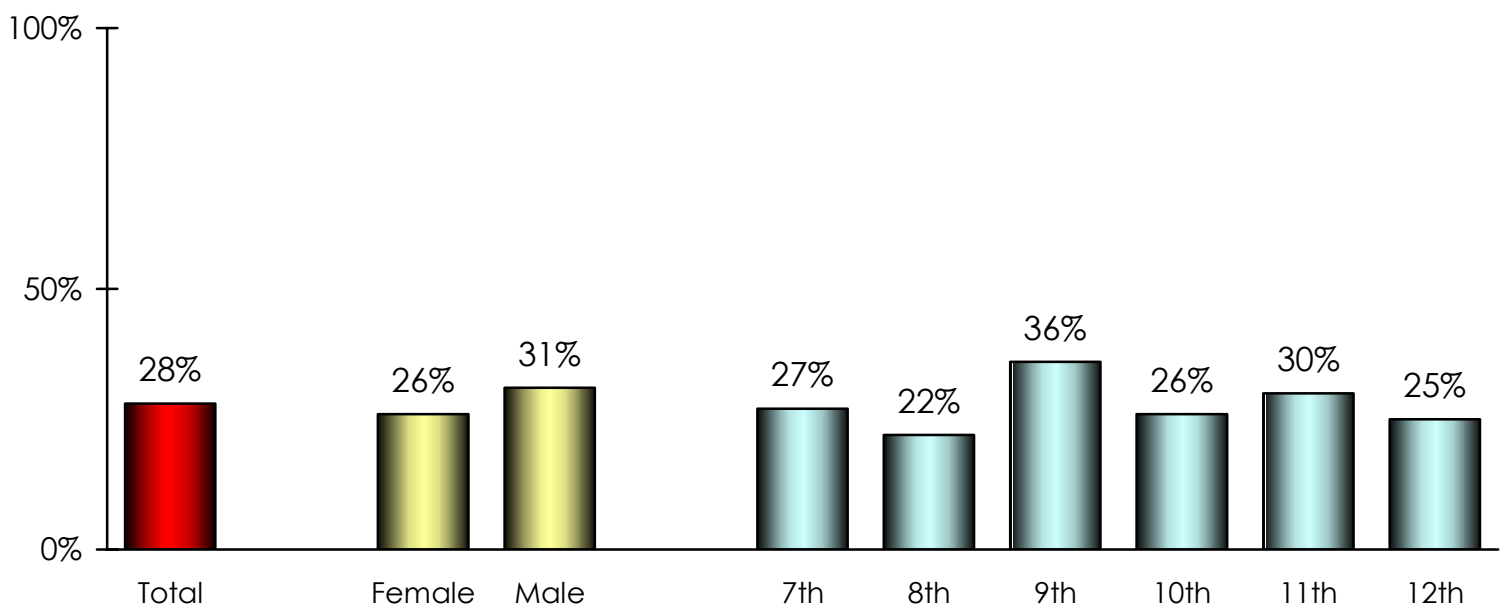
### ■ Physical Activity

*These questions measure students' physical activity, including team sports, physical education class, and sports injuries.*

Percentage of students who participated in a physical activity for at least 30 minutes that made them sweat and breathe hard on 3 or more of the past 7 days.

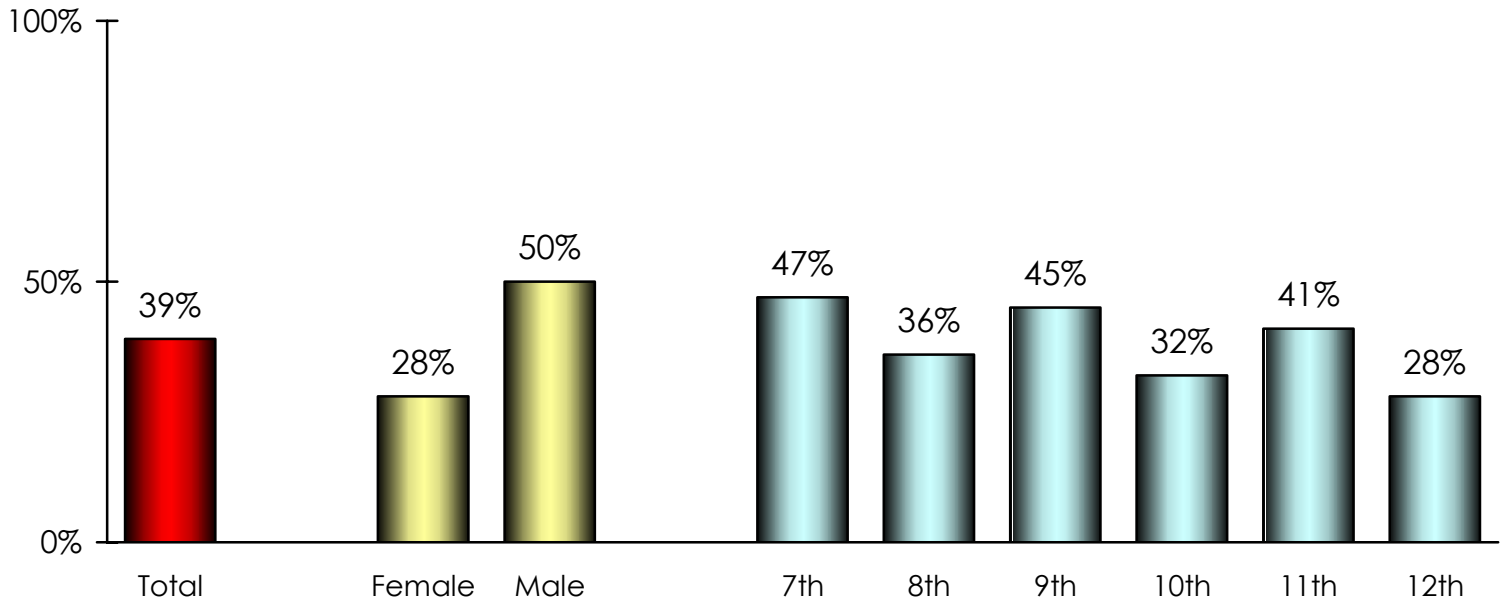


Percentage of students who participated in a physical activity for at least 30 minutes that did not make them sweat or breathe hard 3 or more of the past 7 days.

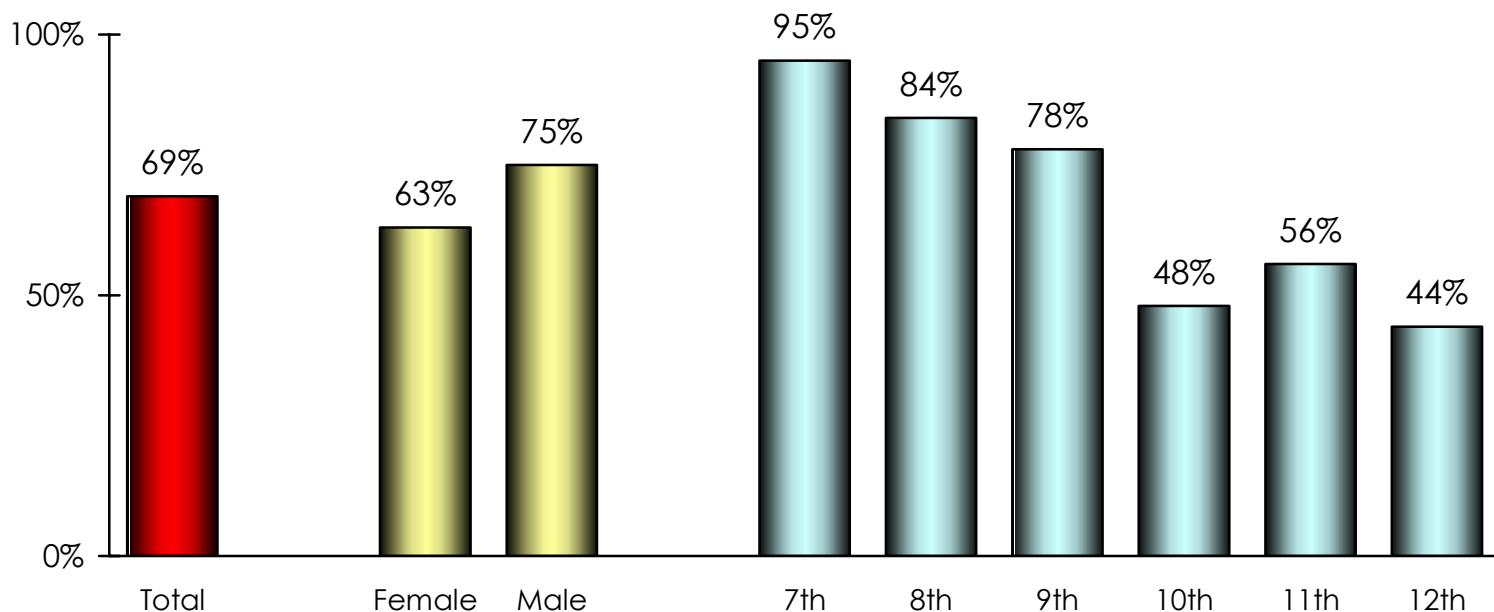


## 2001-2002 Howard County Youth Risk Behavior Survey

Percentage of students who exercised to strengthen or tone their muscles on three or more of the past seven days.

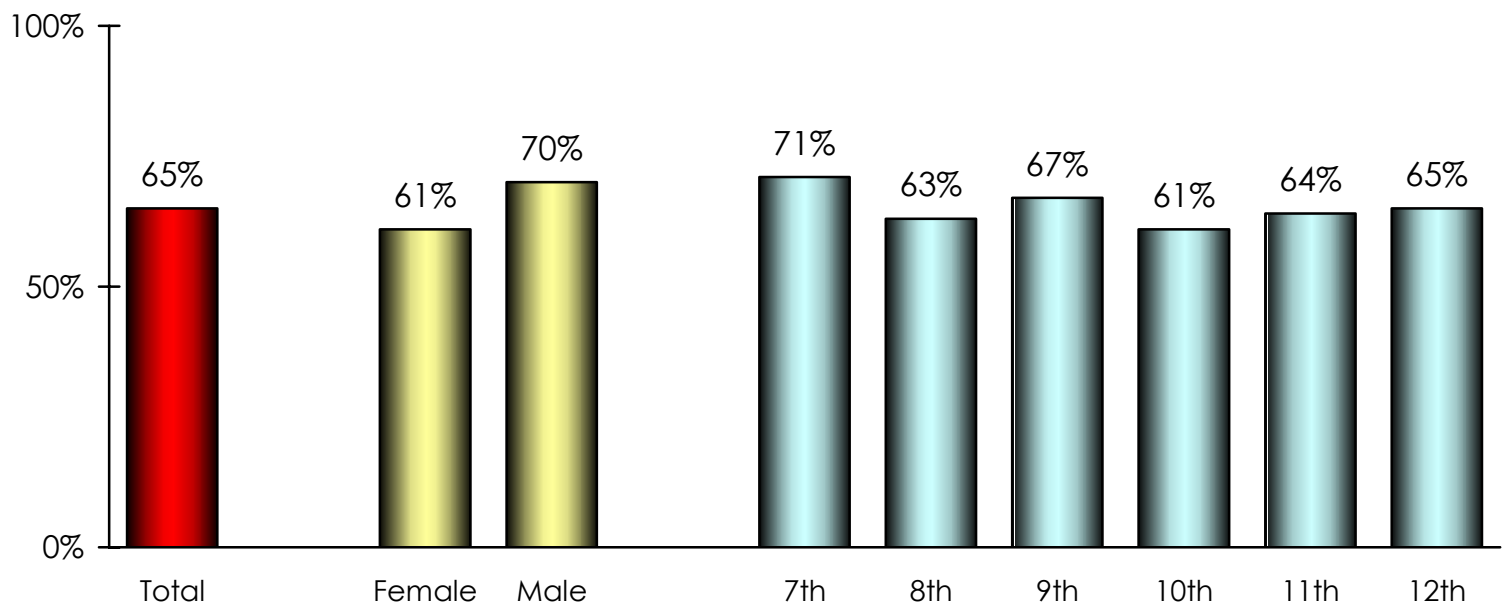


Percentage of students who attended physical education (PE) class one or more days during an average school week.



## 2001-2002 Howard County Youth Risk Behavior Survey

Percentage of students who played on one or more sports teams during the past 12 months.





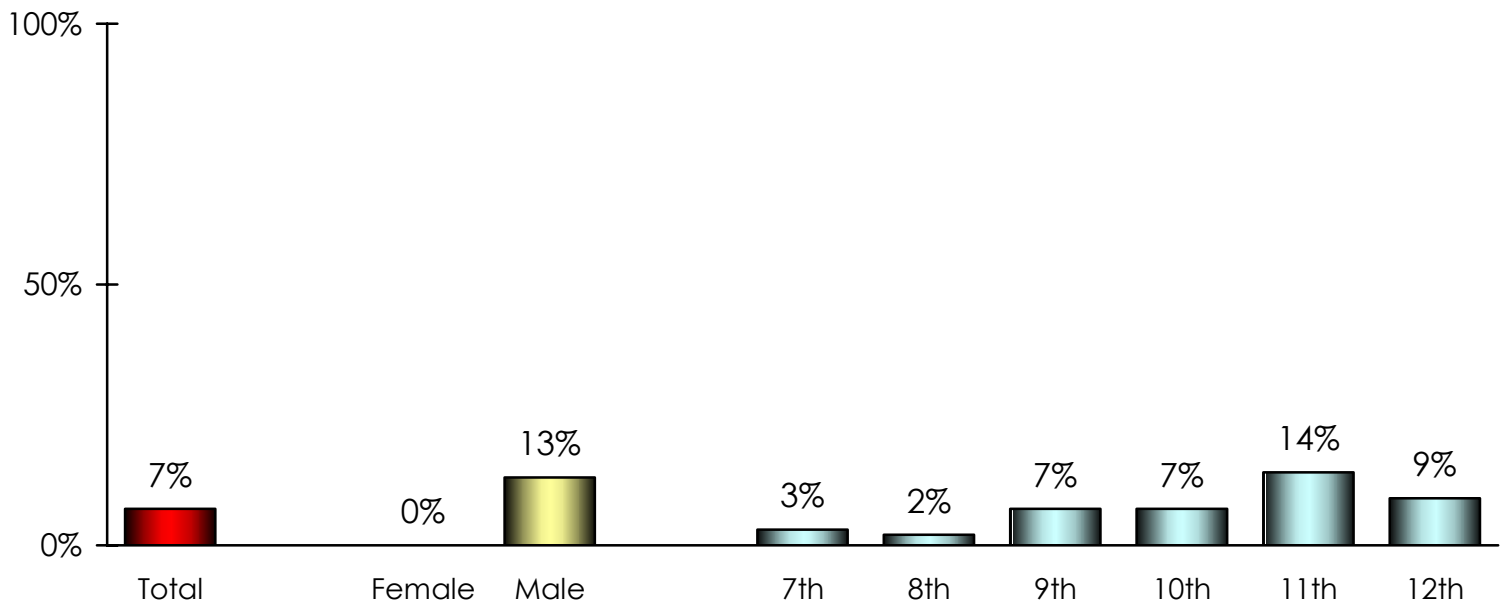
## 2001-2002 Howard County Youth Risk Behavior Survey

### ■ Violence-Related Behaviors at School

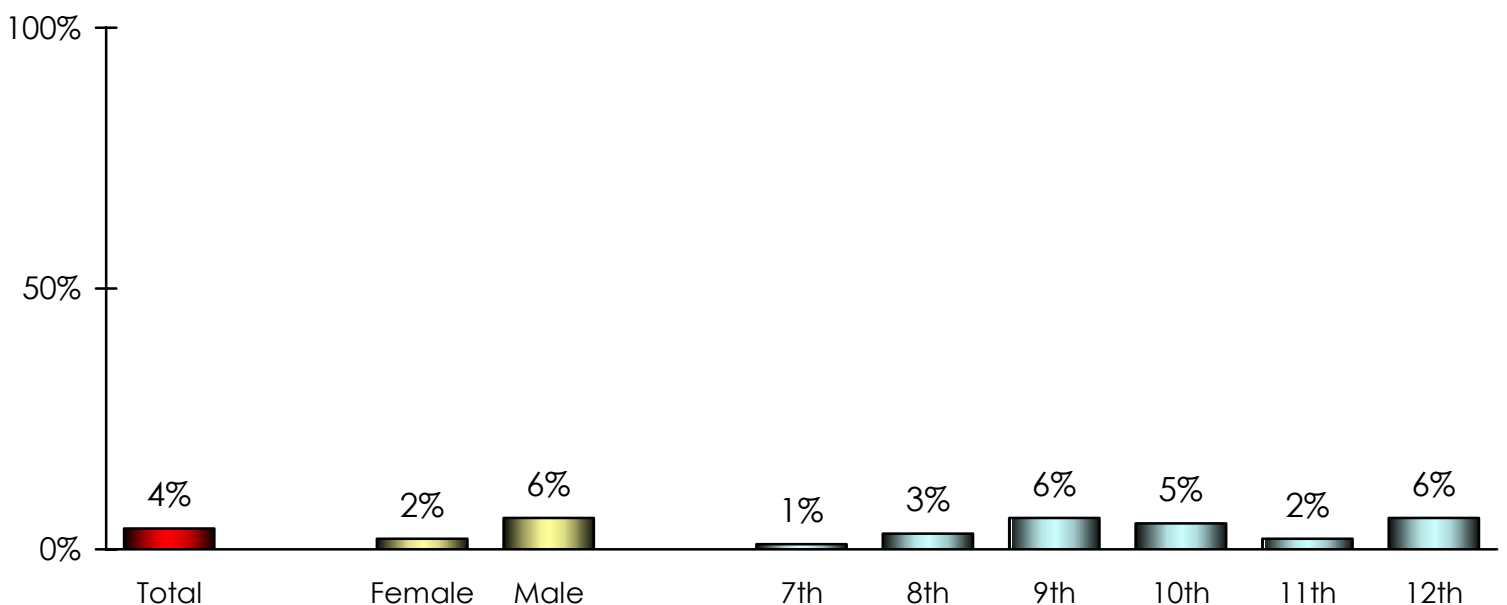
*These questions measure violence related behaviors at school.*

Percentage of students who carried a weapon\* on school property on one or more of the past 30 days.

\*such as a gun, knife, or club.

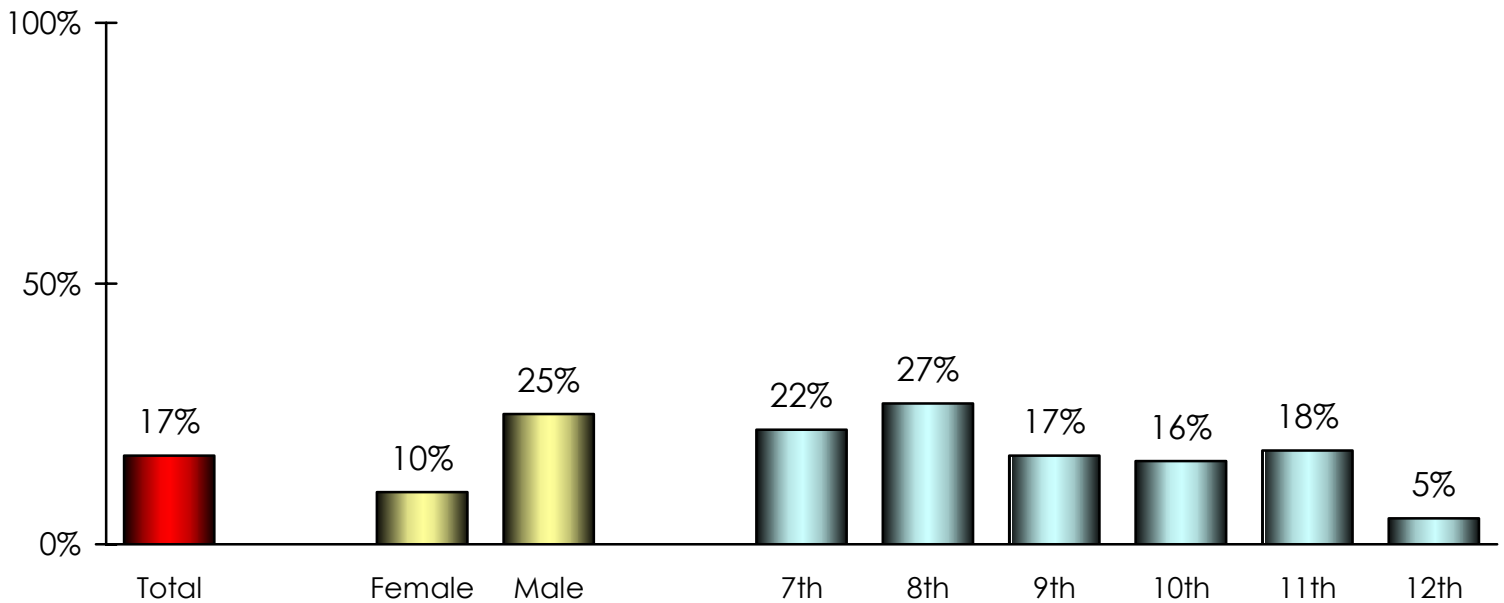


Percentage of students who had been threatened or injured with a weapon on school property one or more times during the past 12 months.



## 2001-2002 Howard County Youth Risk Behavior Survey

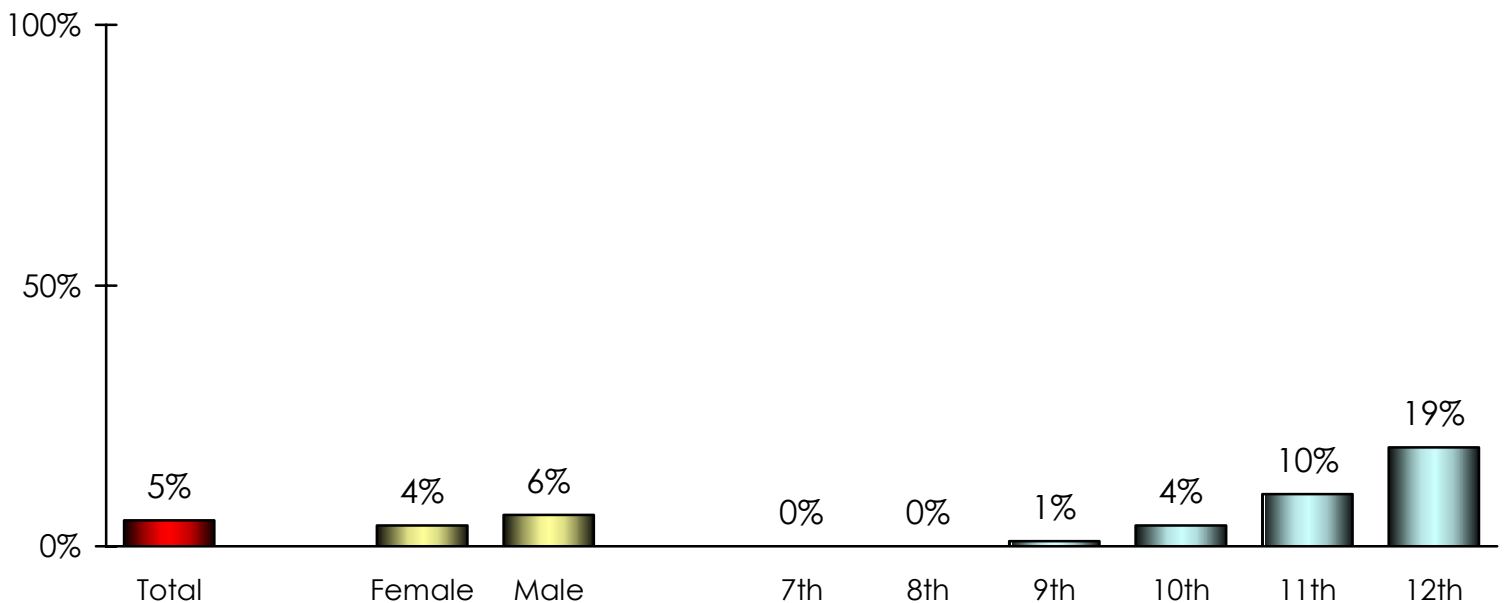
Percentage of students who were in a physical fight on school property one or more times during the past 12 months.



### ■ Tobacco Use at School

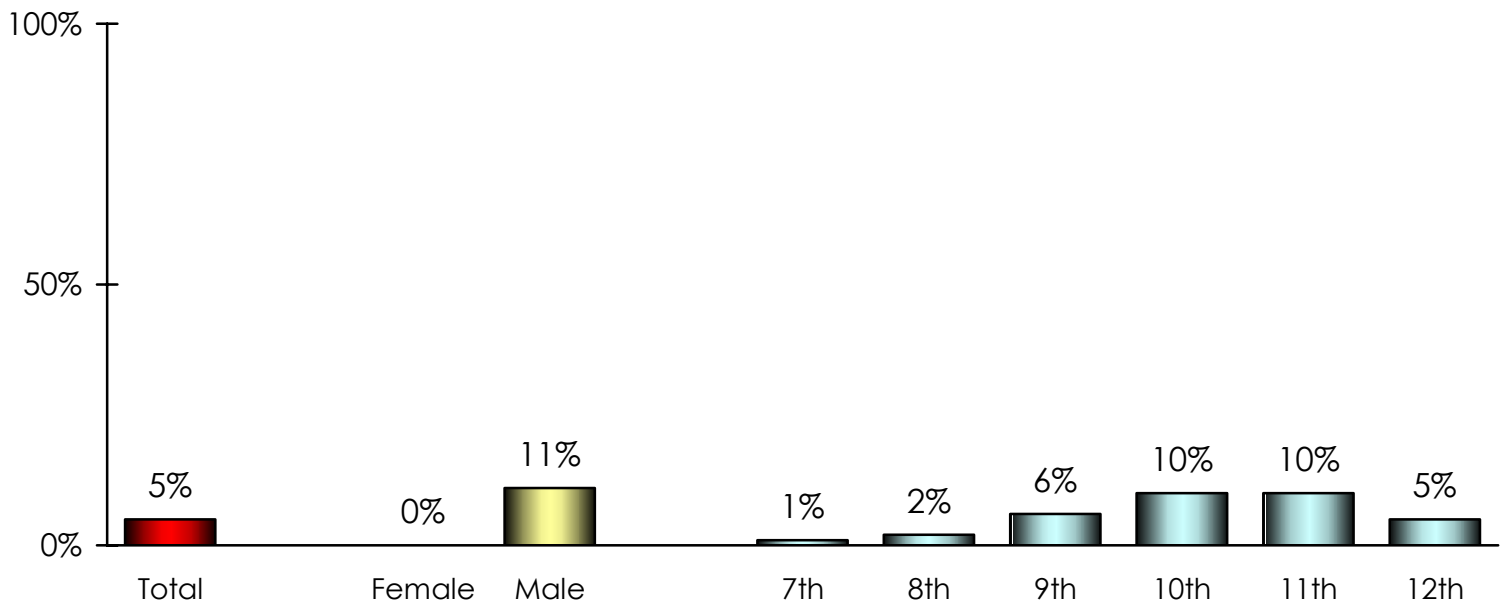
*These questions measure tobacco use on school property.*

Percentage of students who smoked cigarettes on school property on one or more of the past 30 days.



## 2001-2002 Howard County Youth Risk Behavior Survey

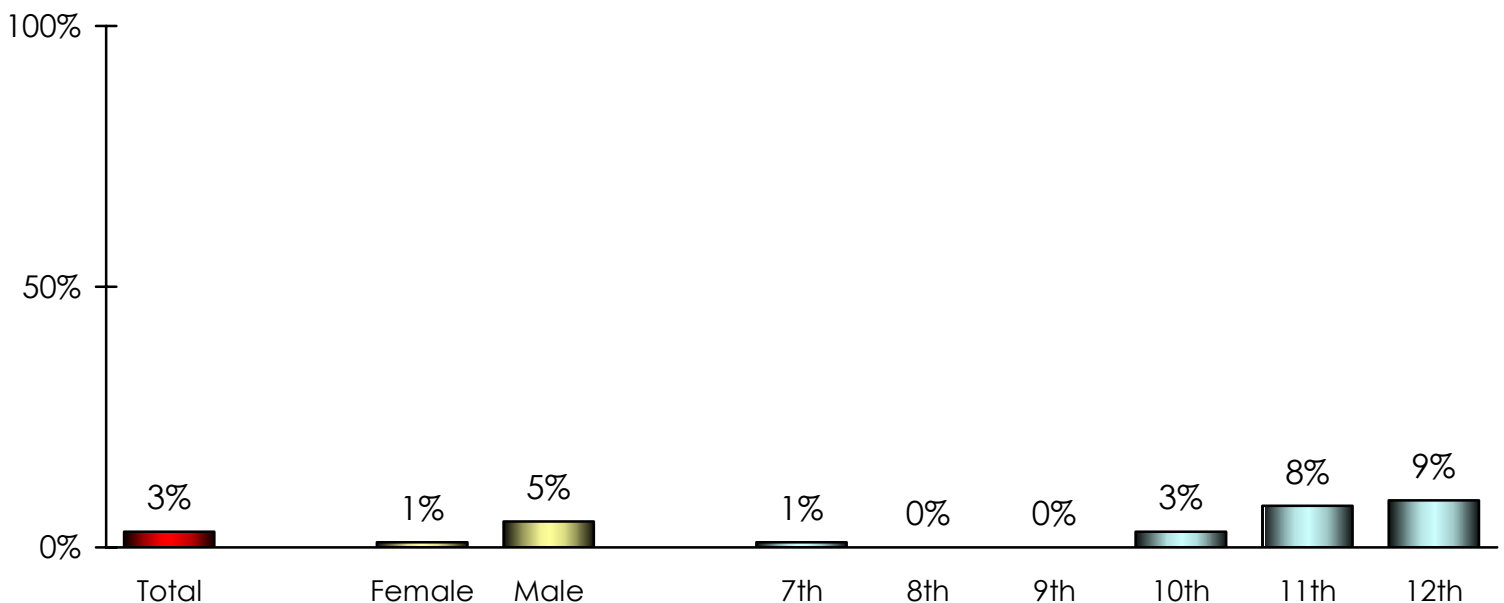
Percentage of students who used chewing tobacco or snuff on school property on one or more of the past 30 days.



### ■ Alcohol Use at School

*This question measures alcohol use on school property.*

Percentage of students who had at least one drink of alcohol on school property on one or more of the past 30 days.

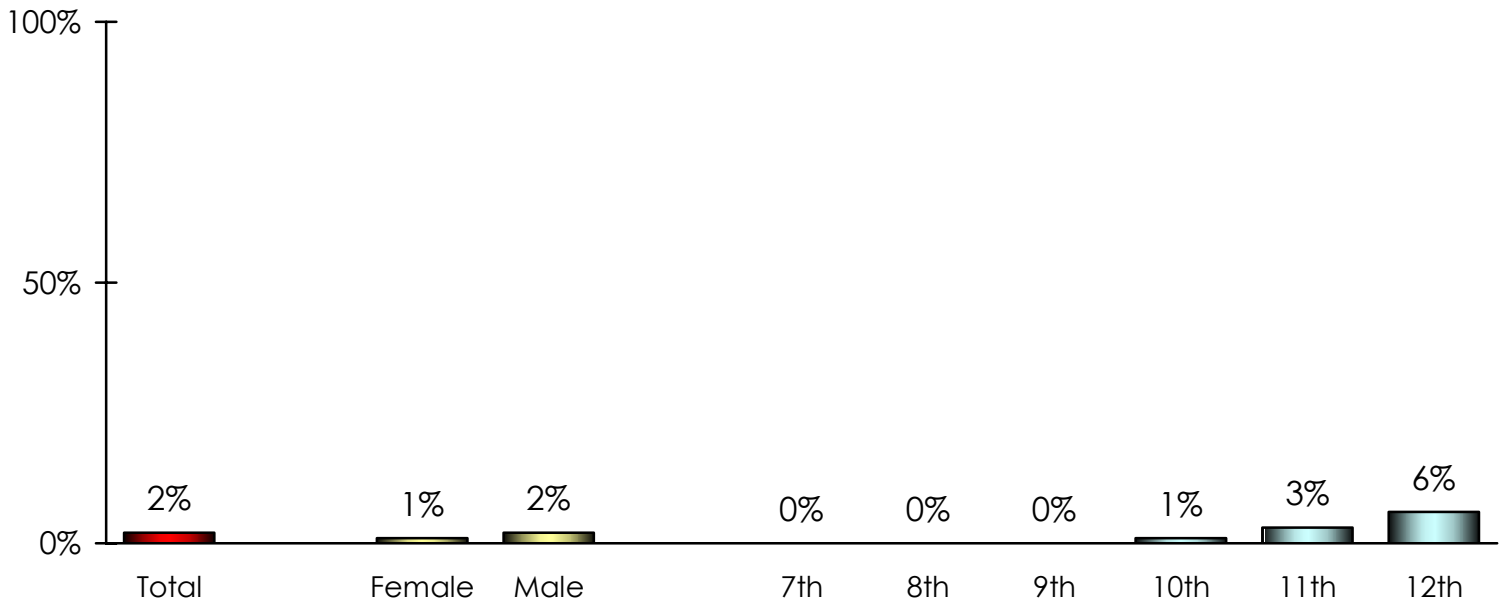


## 2001-2002 Howard County Youth Risk Behavior Survey

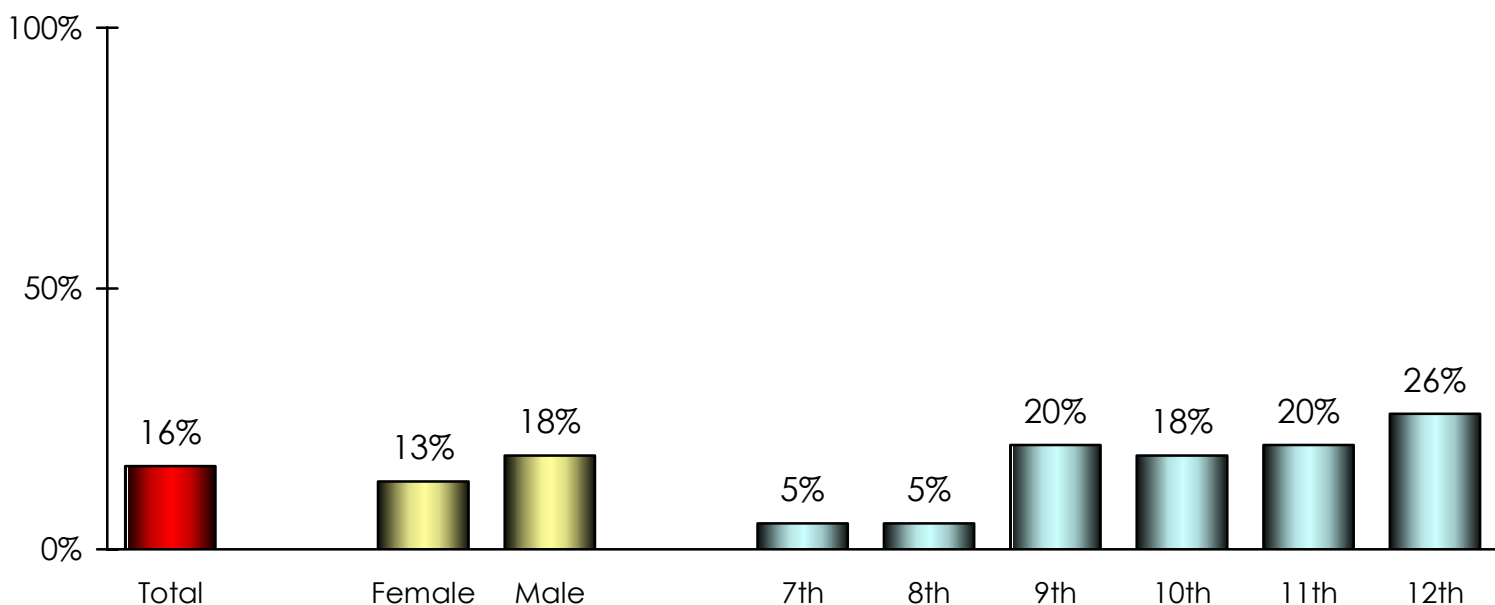
### ■ Drug Use at School

*These questions measure drug use and availability on school property.*

Percentage of students who used marijuana on school property on one or more of the past 30 days.



Percentage of students who had someone offer, sell, or give them an illegal drug on school property during the past 12 months.



# 2001-2002 Howard County Youth Risk Behavior Survey

## Howard County 2001-2002 YRBS RESULTS

### The FREQ Procedure

1. How old are you?		
	Number of Students	Percent of Total
12 OR YOUNGER	43	10.09
13	61	14.32
14	79	18.54
15	79	18.54
16	73	17.14
17	62	14.55
18 OR OLDER	29	6.81

Frequency Missing = 1

2. What is your sex?		
	Number of Students	Percent of Total
FEMALE	207	48.59
MALE	219	51.41

Frequency Missing = 1

## 2001-2002 Howard County Youth Risk Behavior Survey

3. In what grade are you?		
	Number of Students	Percent of Total
7TH	78	18.35
8TH	59	13.88
9TH	89	20.94
10TH	73	17.18
11TH	61	14.35
12TH	65	15.29

Frequency Missing = 2

7. When you rode a motorcycle during the past 12 months, how often did you wear a helmet?		
	Number of Students	Percent of Total
DID NOT RIDE	299	70.02
NEVER WORE	55	12.88
RARELY WORE	8	1.87
SOMETIMES WORE	8	1.87
WORE MOST OF THE TIME	15	3.51
ALWAYS WORE	42	9.84

## 2001-2002 Howard County Youth Risk Behavior Survey

8. When you rode a bicycle during the past 12 months, how often did you wear a helmet?		
	Number of Students	Percent of Total
DID NOT RIDE	171	40.14
NEVER WORE	235	55.16
RARELY WORE	8	1.88
SOMETIMES WORE	4	0.94
WORE MOST OF THE TIME	3	0.70
ALWAYS WORE	5	1.17

Frequency Missing = 1

9. How often do you wear a seat belt when riding in a car driven by someone else?		
	Number of Students	Percent of Total
NEVER	35	8.24
RARELY	71	16.71
SOMETIMES	119	28.00
MOST OF THE TIME	124	29.18
ALWAYS	76	17.88

Frequency Missing = 2

## 2001-2002 Howard County Youth Risk Behavior Survey

10. During the past 30 days,  
how many times did you ride  
in a car or other  
vehicle driven by someone who  
had been drinking alcohol?

	Number of Students	Percent of Total
0 TIMES	295	69.58
1 TIME	37	8.73
2-3 TIMES	43	10.14
4-5 TIMES	14	3.30
6+ TIMES	35	8.25

Frequency Missing = 3

11. During the past 30 days, how  
many times did you drive a car  
or other vehicle  
when you had been drinking alcohol?

	Number of Students	Percent of Total
0 TIMES	374	90.56
1 TIME	19	4.60
2-3 TIMES	11	2.66
4-5 TIMES	4	0.97
6+ TIMES	5	1.21

Frequency Missing = 14



## 2001-2002 Howard County Youth Risk Behavior Survey

12. During the past 30 days,  
on how many days did you carry  
a weapon such  
as a gun, knife, or club?

	Number of Students	Percent of Total
0 TIMES	342	82.41
1 TIME	18	4.34
2-3 TIMES	11	2.65
4-5 TIMES	6	1.45
6+ TIMES	38	9.16

Frequency Missing = 12

13. During the past 30 days,  
on how many days did you carry  
a gun?

	Number of Students	Percent of Total
0 TIMES	404	95.28
1 TIME	2	0.47
2-3 TIMES	8	1.89
4-5 TIMES	2	0.47
6+ TIMES	8	1.89

Frequency Missing = 3

## 2001-2002 Howard County Youth Risk Behavior Survey

14. During the past 30 days,  
on how many days did you carry  
a weapon such  
as a gun, knife, or club on  
school property?

	Number of Students	Percent of Total
0 TIMES	389	93.29
1 TIME	7	1.68
2-3 TIMES	4	0.96
4-5 TIMES	2	0.48
6+ TIMES	15	3.60

Frequency Missing = 10

15. During the past 30 days,  
on how many days did you not  
go to school because  
you felt you would  
be unsafe at school or on your  
way to or from school?

	Number of Students	Percent of Total
0 TIMES	402	95.26
1 TIME	16	3.79
2-3 TIMES	3	0.71
6+ TIMES	1	0.24

Frequency Missing = 5

## 2001-2002 Howard County Youth Risk Behavior Survey

16. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

	Number of Students	Percent of Total
0 TIMES	409	96.01
1 TIME	11	2.58
2-3 TIMES	4	0.94
6-7 TIMES	1	0.23
12+ TIMES	1	0.23

Frequency Missing = 1

## 2001-2002 Howard County Youth Risk Behavior Survey

17. During the past 12 months, how many times were you in a physical fight?		
	Number of Students	Percent of Total
0 TIMES	284	68.60
1 TIME	64	15.46
2-3 TIMES	46	11.11
4-5 TIMES	11	2.66
6-7 TIMES	1	0.24
8-9 TIMES	1	0.24
12+ TIMES	7	1.69

Frequency Missing = 13

18. During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?		
	Number of Students	Percent of Total
0 TIMES	403	97.82
1 TIME	7	1.70
2-3 TIMES	1	0.24
6+ TIMES	1	0.24

Frequency Missing = 15

## 2001-2002 Howard County Youth Risk Behavior Survey

19. During the past 12 months, how many times were you in a physical fight on school property?		
	Number of Students	Percent of Total
0 TIMES	353	82.67
1 TIME	54	12.65
2-3 TIMES	16	3.75
10-11 TIMES	2	0.47
12+ TIMES	2	0.47

20. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?		
	Number of Students	Percent of Total
YES	47	11.08
NO	377	88.92

Frequency Missing = 3

## 2001-2002 Howard County Youth Risk Behavior Survey

21. Have you ever been forced to have sexual intercourse when you did not want to?

	Number of Students	Percent of Total
YES	33	7.76
NO	392	92.24

Frequency Missing = 2

22. During the past 12 months, did you ever feel sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

	Number of Students	Percent of Total
YES	102	23.94
NO	324	76.06

Frequency Missing = 1

23. During the past 12 months, did you ever seriously consider attempting suicide?

	Number of Students	Percent of Total
YES	40	9.98
NO	361	90.02

Frequency Missing = 26

## 2001-2002 Howard County Youth Risk Behavior Survey

24. During the past 12 months, did you make a plan about how you would attempt suicide?

	Number of Students	Percent of Total
YES	30	7.09
NO	393	92.91

Frequency Missing = 4

25. During the past 12 months, how many times did you actually attempt suicide?

	Number of Students	Percent of Total
0 TIMES	338	96.85
1 TIME	7	2.01
2-3 TIMES	2	0.57
6+ TIMES	2	0.57

Frequency Missing = 78

## 2001-2002 Howard County Youth Risk Behavior Survey

26. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

	Number of Students	Percent of Total
N/A	338	95.75
YES	3	0.85
NO	12	3.40

Frequency Missing = 74

27. Have you ever tried cigarette smoking, even one or two puffs?

	Number of Students	Percent of Total
YES	283	68.86
NO	128	31.14

Frequency Missing = 16



## 2001-2002 Howard County Youth Risk Behavior Survey

28. How old were you when you smoked a whole cigarette for the first time?		
	Number of Students	Percent of Total
NEVER TRIED	201	49.02
8 OR YOUNGER	25	6.10
AGE 9-10	38	9.27
AGE 11-12	66	16.10
AGE 13-14	51	12.44
AGE 15-16	22	5.37
17 OR OLDER	7	1.71

Frequency Missing = 17

29. During the past 30 days, on how many days did you smoke cigarettes?		
	Number of Students	Percent of Total
0 DAYS	308	77.00
1-2 DAYS	22	5.50
3-5 DAYS	17	4.25
6-9 DAYS	5	1.25
10-19 DAYS	4	1.00
20-29 DAYS	12	3.00
ALL 30 DAYS	32	8.00

Frequency Missing = 27

## 2001-2002 Howard County Youth Risk Behavior Survey

30. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?		
	Number of Students	Percent of Total
NONE IPM	307	76.94
LT 1 PER DAY	23	5.76
1/DAY	18	4.51
2-5/DAY	19	4.76
6-10/DAY	13	3.26
11-20/DAY	15	3.76
21+ /DAY	4	1.00

Frequency Missing = 28

31. During the past 30 days, how did you usually get your own cigarettes?		
	Number of Students	Percent of Total
NONE IPM	309	77.44
STORE BOUGHT	26	6.52
SOMEONE ELSE BOUGHT	18	4.51
BORROWED THEM	29	7.27
PERSON 18 OR OLDER GAVE THEM	6	1.50
TOOK FROM A STORE OR FAMILY MEMBER	2	0.50
SOME OTHER WAY	9	2.26

Frequency Missing = 28

## 2001-2002 Howard County Youth Risk Behavior Survey

32. When you bought cigarettes in a store during the past 30 days, were you ever asked to show proof of age?

	Number of Students	Percent of Total
N/A	365	86.90
YES	28	6.67
NO	27	6.43

Frequency Missing = 7

33. During the past 30 days, on how many days did you smoke cigarettes on school property?

	Number of Students	Percent of Total
0 DAYS	392	94.69
1-2 DAYS	10	2.42
3-5 DAYS	2	0.48
6-9 DAYS	2	0.48
10-19 DAYS	5	1.21
20-29 DAYS	3	0.72

Frequency Missing = 13

## 2001-2002 Howard County Youth Risk Behavior Survey

34. Have you ever smoked cigarettes regularly, that is, at least one cigarette every day for 30 days?

	Number of Students	Percent of Total
YES	65	15.51
NO	354	84.49

Frequency Missing = 8

35. Have you ever tried to quit smoking cigarettes?

	Number of Students	Percent of Total
N/A	293	69.93
YES	77	18.38
NO	49	11.69

Frequency Missing = 8

## 2001-2002 Howard County Youth Risk Behavior Survey

36. During the past 30 days, on how many days did you use chewing tobacco or snuff, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?

	Number of Students	Percent of Total
0 DAYS	371	87.91
1-2 DAYS	20	4.74
3-5 DAYS	14	3.32
6-9 DAYS	3	0.71
10-19 DAYS	1	0.24
20-29 DAYS	1	0.24
ALL 30 DAYS	12	2.84

Frequency Missing = 5

37. During the past 30 days, on how many days did you use chewing tobacco or snuff on school property?

	Number of Students	Percent of Total
0 DAYS	401	94.58
1-2 DAYS	7	1.65
3-5 DAYS	6	1.42
6-9 DAYS	2	0.47
10-19 DAYS	1	0.24
20-29 DAYS	1	0.24
ALL 30 DAYS	6	1.42

Frequency Missing = 3

## 2001-2002 Howard County Youth Risk Behavior Survey

38. During the past 30 days, on how many days did you smoke cigars, cigarillos, or little cigars?		
	Number of Students	Percent of Total
0 DAYS	362	85.18
1-2 DAYS	29	6.82
3-5 DAYS	10	2.35
6-9 DAYS	13	3.06
10-19 DAYS	6	1.41
20-29 DAYS	4	0.94
ALL 30 DAYS	1	0.24

Frequency Missing = 2

39. During your life, on how many days have you had at least one drink of alcohol?		
	Number of Students	Percent of Total
0 DAYS	118	32.33
1-2 DAYS	57	15.62
3-9 DAYS	60	16.44
10-19 DAYS	37	10.14
20-39 DAYS	36	9.86
40-99 DAYS	21	5.75
100+ DAYS	36	9.86

Frequency Missing = 62

## 2001-2002 Howard County Youth Risk Behavior Survey

40. How old were you when you had your first drink of alcohol other than a few sips?		
	Number of Students	Percent of Total
NEVER TRIED	115	31.34
8 OR YOUNGER	49	13.35
AGE 9-10	29	7.90
AGE 11-12	62	16.89
AGE 13-14	64	17.44
AGE 15-16	42	11.44
17 OR OLDER	6	1.63

Frequency Missing = 60

41. During the past 30 days, on how many days did you have at least one drink of alcohol?		
	Number of Students	Percent of Total
0 DAYS	264	65.35
1-2 DAYS	72	17.82
3-5 DAYS	32	7.92
6-9 DAYS	18	4.46
10-19 DAYS	14	3.47
20-29 DAYS	4	0.99

Frequency Missing = 23

## 2001-2002 Howard County Youth Risk Behavior Survey

42. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

	Number of Students	Percent of Total
0 DAYS	339	80.91
1 DAY	31	7.40
2 DAYS	17	4.06
3-5 DAYS	17	4.06
6-9 DAYS	11	2.63
10-19 DAYS	3	0.72
20+ DAYS	1	0.24

Frequency Missing = 8

43. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?

	Number of Students	Percent of Total
0 DAYS	411	96.71
1-2 DAYS	14	3.29

Frequency Missing = 2



## 2001-2002 Howard County Youth Risk Behavior Survey

44. During your life, how many times have you used marijuana?		
	Number of Students	Percent of Total
0 TIMES	311	74.22
1-2 TIMES	35	8.35
3-9 TIMES	18	4.30
10-19 TIMES	15	3.58
20-39 TIMES	8	1.91
40-99 TIMES	6	1.43
100+ TIMES	26	6.21

Frequency Missing = 8

45. How old were you when you tried marijuana for the first time?		
	Number of Students	Percent of Total
NEVER TRIED	311	73.87
8 OR YOUNGER	7	1.66
AGE 9-10	3	0.71
AGE 11-12	21	4.99
AGE 13-14	42	9.98
AGE 15-16	34	8.08
17 OR OLDER	3	0.71

Frequency Missing = 6

## 2001-2002 Howard County Youth Risk Behavior Survey

46. During the past 30 days, how many times did you use marijuana?		
	Number of Students	Percent of Total
0 TIMES	377	89.98
1-2 TIMES	13	3.10
3-9 TIMES	7	1.67
10-19 TIMES	10	2.39
20-39 TIMES	2	0.48
40+ TIMES	10	2.39

Frequency Missing = 8

47. During the past 30 days, how many times did you use marijuana on school property?		
	Number of Students	Percent of Total
0 TIMES	415	98.34
1-2 TIMES	5	1.18
3-9 TIMES	1	0.24
10-19 TIMES	1	0.24

Frequency Missing = 5

## 2001-2002 Howard County Youth Risk Behavior Survey

48. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

	Number of Students	Percent of Total
0 TIMES	403	95.95
1-2 TIMES	8	1.90
3-9 TIMES	3	0.71
10-19 TIMES	3	0.71
20-39 TIMES	2	0.48
40+ TIMES	1	0.24

Frequency Missing = 7

49. During the past 39 days, how many times did you use any form of cocaine, including powder, crack, or freebase?

	Number of Students	Percent of Total
0 TIMES	414	97.64
1-2 TIMES	6	1.42
3-9 TIMES	3	0.71
10-19 TIMES	1	0.24

Frequency Missing = 3

## 2001-2002 Howard County Youth Risk Behavior Survey

50. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	Number of Students	Percent of Total
0 TIMES	367	86.76
1-2 TIMES	31	7.33
3-9 TIMES	11	2.60
10-19 TIMES	5	1.18
20-39 TIMES	5	1.18
40+ TIMES	4	0.95

Frequency Missing = 4

51. During the past 30 days, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	Number of Students	Percent of Total
0 TIMES	406	96.44
1-2 TIMES	8	1.90
3-9 TIMES	4	0.95
10-19 TIMES	3	0.71

Frequency Missing = 6

## 2001-2002 Howard County Youth Risk Behavior Survey

52. During your life, how many times have you used heroin (also called smack, junk or china white)?

	Number of Students	Percent of Total
0 TIMES	423	99.53
1-2 TIMES	2	0.47

Frequency Missing = 2

53. During your life, how many times have you used methamphetamines (also called speed, crystal, crank or ice)?

	Number of Students	Percent of Total
0 TIMES	408	96.00
1-2 TIMES	6	1.41
3-9 TIMES	5	1.18
10-19 TIMES	2	0.47
20-39 TIMES	3	0.71
40+ TIMES	1	0.24

Frequency Missing = 2

## 2001-2002 Howard County Youth Risk Behavior Survey

54. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?		
	Number of Students	Percent of Total
0 TIMES	414	97.41
1-2 TIMES	7	1.65
3-9 TIMES	2	0.47
10-19 TIMES	2	0.47

Frequency Missing = 2

55. During your life, how many times have you used a needle to inject any illegal drug into your body?		
	Number of Students	Percent of Total
0 TIMES	424	100.00

Frequency Missing = 3

## 2001-2002 Howard County Youth Risk Behavior Survey

56. During the past 12 months, has anyone offered, sold or given you an illegal drug on school property?		
	Number of Students	Percent of Total
YES	67	15.76
NO	358	84.24

Frequency Missing = 2

57. Have you ever had sexual intercourse?		
	Number of Students	Percent of Total
YES	171	43.62
NO	221	56.38

Frequency Missing = 35

## 2001-2002 Howard County Youth Risk Behavior Survey

58. How old were you when you had sexual intercourse for the first time?		
	Number of Students	Percent of Total
NEVER	221	56.23
AGE 11 OR YOUNGER	26	6.62
AGE 12	26	6.62
AGE 13	28	7.12
AGE 14	39	9.92
AGE 15	29	7.38
AGE 16	16	4.07
AGE 17+	8	2.04

Frequency Missing = 34

59. During your life, with how many people have you had sexual intercourse?		
	Number of Students	Percent of Total
NONE	221	56.81
1 PERSON	52	13.37
2 PEOPLE	25	6.43
3 PEOPLE	25	6.43
4 PEOPLE	10	2.57
5 PEOPLE	6	1.54
6 OR MORE PEOPLE	50	12.85

Frequency Missing = 38



## 2001-2002 Howard County Youth Risk Behavior Survey

60. During the past 3 months, with how many people did you have sexual intercourse?		
	Number of Students	Percent of Total
NONE AT ALL	221	56.38
NONE IN PAST 3 MONTHS	52	13.27
1 PERSON	70	17.86
2 PEOPLE	21	5.36
3 PEOPLE	9	2.30
4 PEOPLE	7	1.79
5 PEOPLE	3	0.77
6 OR MORE PEOPLE	9	2.30

Frequency Missing = 35

61. Did you drink alcohol or use drugs before you had sexual intercourse the last time?		
	Number of Students	Percent of Total
N/A	221	56.38
YES	35	8.93
NO	136	34.69

Frequency Missing = 35

## 2001-2002 Howard County Youth Risk Behavior Survey

62. The last time you had sexual intercourse, did you or your partner use condom?		
	Number of Students	Percent of Total
N/A	221	56.81
YES	104	26.74
NO	64	16.45

Frequency Missing = 38

63. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?		
	Number of Students	Percent of Total
NEVER HAD SEX	221	57.25
NO BIRTH CONTROL USED	29	7.51
BIRTH CONTROL PILLS	21	5.44
CONDOMS	83	21.50
DEPO-PROVERA	6	1.55
WITHDRAWAL	21	5.44
OTHER	3	0.78
NOT SURE	2	0.52

Frequency Missing = 41

## 2001-2002 Howard County Youth Risk Behavior Survey

64. How many times have you been pregnant or gotten someone pregnant?		
	Number of Students	Percent of Total
0 TIMES	391	93.54
1 TIME	17	4.07
2+ TIMES	2	0.48
NOT SURE	8	1.91

Frequency Missing = 9

65. How do you describe your weight?		
	Number of Students	Percent of Total
VERY UNDERWEIGHT	19	4.49
SLIGHTLY UNDERWEIGHT	52	12.29
ABOUT THE RIGHT WEIGHT	239	56.50
SLIGHTLY OVERWEIGHT	96	22.70
VERY OVERWEIGHT	17	4.02

Frequency Missing = 4

## 2001-2002 Howard County Youth Risk Behavior Survey

66. Which of the following are you trying to do about your weight?		
	Number of Students	Percent of Total
LOSE WEIGHT	178	42.28
GAIN WEIGHT	78	18.53
STAY THE SAME WEIGHT	82	19.48
NOT TRYING TO DO ANYTHING	83	19.71

Frequency Missing = 6

67. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	216	51.43
NO	204	48.57

Frequency Missing = 7

68. During the past 30 days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	120	28.44
NO	302	71.56

## 2001-2002 Howard County Youth Risk Behavior Survey

Frequency Missing = 5

69. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	49	11.61
NO	373	88.39

Frequency Missing = 5

70. During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight?		
	Number of Students	Percent of Total
YES	26	6.15
NO	397	93.85

Frequency Missing = 4

## 2001-2002 Howard County Youth Risk Behavior Survey

71. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

	Number of Students	Percent of Total
YES	16	3.81
NO	404	96.19

Frequency Missing = 7

72. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice?

	Number of Students	Percent of Total
NONE	140	33.33
1-3 TIMES	135	32.14
4-6 TIMES	75	17.86
ONCE PER DAY	30	7.14
TWICE PER DAY	11	2.62
3 TIMES PER DAY	15	3.57
4+ TIMES PER DAY	14	3.33

Frequency Missing = 7

## 2001-2002 Howard County Youth Risk Behavior Survey

73. During the past 7 days, how many times did you eat fruit?		
	Number of Students	Percent of Total
NONE	116	27.42
1-3 TIMES	197	46.57
4-6 TIMES	58	13.71
ONCE PER DAY	22	5.20
TWICE PER DAY	16	3.78
3 TIMES PER DAY	8	1.89
4+ TIMES PER DAY	6	1.42

Frequency Missing = 4

74. During the past 7 days, how many times did you eat green salad?		
	Number of Students	Percent of Total
NONE	199	47.38
1-3 TIMES	156	37.14
4-6 TIMES	42	10.00
ONCE PER DAY	16	3.81
TWICE PER DAY	3	0.71
3 TIMES PER DAY	2	0.48
4+ TIMES PER DAY	2	0.48

Frequency Missing = 7

## 2001-2002 Howard County Youth Risk Behavior Survey

75. During the past 7 days, how many times did you eat potatoes?		
	Number of Students	Percent of Total
NONE	125	30.19
1-3 TIMES	207	50.00
4-6 TIMES	51	12.32
ONCE PER DAY	23	5.56
TWICE PER DAY	3	0.72
3 TIMES PER DAY	2	0.48
4+ TIMES PER DAY	3	0.72

Frequency Missing = 13

76. During the past 7 days, how many times did you eat carrots?		
	Number of Students	Percent of Total
NONE	288	68.41
1-3 TIMES	109	25.89
4-6 TIMES	15	3.56
ONCE PER DAY	6	1.43
TWICE PER DAY	1	0.24
4+ TIMES PER DAY	2	0.48

Frequency Missing = 6



## 2001-2002 Howard County Youth Risk Behavior Survey

77. During the past 7 days, how many times did you eat other vegetables?		
	Number of Students	Percent of Total
NONE	112	26.79
1-3 TIMES	180	43.06
4-6 TIMES	78	18.66
ONCE PER DAY	26	6.22
TWICE PER DAY	15	3.59
3 TIMES PER DAY	2	0.48
4+ TIMES PER DAY	5	1.20

Frequency Missing = 9

78. During the past 7 days, how many glasses of milk did you drink?		
	Number of Students	Percent of Total
NONE	98	23.22
1-3 TIMES	117	27.73
4-6 TIMES	64	15.17
ONCE PER DAY	44	10.43
TWICE PER DAY	49	11.61
3 TIMES PER DAY	22	5.21
4+ TIMES PER DAY	28	6.64

Frequency Missing = 5

## 2001-2002 Howard County Youth Risk Behavior Survey

79. On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities?

	Number of Students	Percent of Total
0 DAYS	95	22.57
1 DAY	49	11.64
2 DAYS	37	8.79
3 DAYS	40	9.50
4 DAYS	19	4.51
5 DAYS	76	18.05
6 DAYS	29	6.89
7 DAYS	76	18.05

Frequency Missing = 6

## 2001-2002 Howard County Youth Risk Behavior Survey

80. On how many of the past 7 days did you participate in physical activity for at least 30 minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower/mopping floors?

	Number of Students	Percent of Total
0 DAYS	178	42.38
1 DAY	78	18.57
2 DAYS	45	10.71
3 DAYS	36	8.57
4 DAYS	15	3.57
5 DAYS	25	5.95
6 DAYS	4	0.95
7 DAYS	39	9.29

Frequency Missing = 7

## 2001-2002 Howard County Youth Risk Behavior Survey

81. On how many of the past 7 days did you do exercise to strengthen or tone your muscles, such as push-ups, sit-ups, or weight lifting?		
	Number of Students	Percent of Total
0 DAYS	141	33.89
1 DAY	52	12.50
2 DAYS	62	14.90
3 DAYS	36	8.65
4 DAYS	29	6.97
5 DAYS	31	7.45
6 DAYS	7	1.68
7 DAYS	58	13.94

Frequency Missing = 11

## 2001-2002 Howard County Youth Risk Behavior Survey

82. On an average school day, how many hours do you watch TV?		
	Number of Students	Percent of Total
NO TV	36	8.59
LT ONE HOUR	46	10.98
1 HOUR	59	14.08
2 HOURS	81	19.33
3 HOURS	76	18.14
4 HOURS	46	10.98
5+ HOURS	75	17.90

Frequency Missing = 8

83. In an average week when you are in school, on how many days do you go to physical education classes?		
	Number of Students	Percent of Total
0 DAYS	123	31.46
1 DAY	11	2.81
2 DAYS	4	1.02
3 DAYS	6	1.53
4 DAYS	3	0.77
5 DAYS	244	62.40

Frequency Missing = 36

## 2001-2002 Howard County Youth Risk Behavior Survey

84. In an average week when you are in school, on how many minutes do you spend actually exercising or playing sports?

	Number of Students	Percent of Total
NO PE CLASS	124	32.04
LT 10 MINUTES	35	9.04
10-20 MINUTES	18	4.65
21-30 MINUTES	16	4.13
31-40 MINUTES	20	5.17
41-50 MINUTES	38	9.82
51-60 MINUTES	46	11.89
OVER 60 MINUTES	90	23.26

Frequency Missing = 40

85. During the past 12 months, on how many sports teams did you play?

	Number of Students	Percent of Total
0 TEAMS	145	34.77
1 TEAM	119	28.54
2 TEAMS	75	17.99
3+ TEAMS	78	18.71

Frequency Missing = 10

## 2001-2002 Howard County Youth Risk Behavior Survey

86. During the past 12 months, how would you describe your grades in school?		
	Number of Students	Percent of Total
MOSTLY A's	167	40.24
MOSTLY B's	148	35.66
MOSTLY C's	58	13.98
MOSTLY D's	10	2.41
MOSTLY F's	3	0.72
NOT SURE	29	6.99

Frequency Missing = 12

87. Have you ever been taught about AIDS or HIV infection in school?		
	Number of Students	Percent of Total
YES	292	70.70
NO	75	18.16
NOT SURE	46	11.14

Frequency Missing = 14

### Internet Resources for Educators, Parents, and Teens

For more information about the Youth Risk Behavior Survey (YRBS) and the risk behaviors it covers, please see the following Internet resources.

#### *The Youth Risk Behavior Study*

*This page is the United States Centers for Disease Control and Prevention's (CDC's) overview of the methods, results, and uses of YRBS data.*

<http://www.cdc.gov/nccdphp/dash/yrbs/ov.htm>

#### *Violence*

**These sites include information about warning signs and prevention of violence among adolescents.**

The American Psychological Association's site about youth violence warning signs, and information about how to get help for violent youth.

<http://helping.apa.org/warningsigns/index.html>

This information about understanding violent behavior among youth is provided by the American Academy of Adolescent and Child Psychiatry.

<http://www.aacap.org/publications/factsfam/behavior.htm>

#### *Tobacco , Alcohol, and Other Drug Use*

**These pages provide information about tobacco, alcohol, and other drug use prevention, and treatment for youth and their families.**

The Campaign for Tobacco-Free Kids is the country's largest non-government initiative ever launched to protect children from tobacco addiction and exposure to second-hand smoke.

<http://www.tobaccofreekids.org>

Arkansans for Drug Free Youth is an organization dedicated to educating and motivating Arkansas youth, families, and communities in the development of healthy, drug free youth.

<http://www.adfy.com>

PREVline (Prevention Online) offers hundreds of files about alcohol, tobacco, and other drugs from the National Clearinghouse for Alcohol and Drug Information.

<http://www.health.org>



## 2001-2002 Howard County Youth Risk Behavior Survey

### *Teen Pregnancy and Sexual Behavior*

**These sites provide information about teen sexuality, pregnancy, and STD's.**

The Alan Guttmacher Institute provides reliable, balanced, nonpartisan information on sexual activity, contraception, abortion, and childbearing.

<http://www.agi-usa.org/home.html>

The mission of the National Campaign to Prevent Teen Pregnancy is to prevent teen pregnancy by supporting values and stimulating actions that are consistent with a pregnancy-free adolescence. Their site contains tips for teens, parents, and faith communities on ways they can help prevent teen pregnancy and the spread of sexually transmitted diseases.

<http://www.teenpregnancy.org/>

### *Nutrition and Physical Activity*

**The following sites are dedicated to providing information about healthy eating and exercise.**

The American Dietetic Association promotes optimal nutrition and well being for all people.

<http://www.eatright.org>

The American Council on Exercise (ACE) is committed to promoting active, healthy lifestyles and their positive effects on the mind, body and spirit.

<http://www.acefitness.org/>

### *Mental Health Issues*

**These sites provide information regarding mental health issues including depression, suicide, mental illnesses, and how to get help.**

The National Mental Health Association is dedicated to promoting mental health, preventing mental disorders and achieving victory over mental illnesses through advocacy, education, research and service.

<http://www.nmha.org>

## 2001-2002 Howard County Youth Risk Behavior Survey

### *Parenting Teens*

**These links connect to sites for parents of teenagers. Issues covered include tips for communicating with teens, health, education, substance abuse, eating disorders, and other topics of interest to parents of teenagers.**

From About.com, a site with original articles about parenting and links to other sites of interest to parents of teens.

<http://parentingteens.about.com/home/parenting/parentingteens/>

From Parent's Soup, a site with articles and information from educators, experts, and parents.

<http://www.parentsoup.com/community/teens.html>

### *Links for Teens*

**The following sites are designed for teenagers with content by teens covering a variety of topics including health and education, creative expression, and practical advice.**

About.com's site for teenagers, including message boards and creative writing from real teens.

<http://teenexchange.about.com/kidsteens/ktteens/teenexchange/>

Teen Voice is a youth magazine covering issues facing teenage girls and young women today including topics such as health, education, substance abuse, and body image.

<http://www.teenvoices.com>

### *Miscellaneous*

The Annie E. Casey Foundation is a private charitable organization dedicated to helping build better futures for disadvantaged children in the U.S.

<http://www.aecf.org>

The U.S. Department of Health & Human Services

<http://www.dhhs.gov>